



2 day open program **Leadership and Personal Development with the Enneagram II.**

Lead Yourself®

**Shine
Leadership®**

Lead Yourself: leave behind your blocks and limitations that keep you from releasing your potential.

Why choose this program?

Did you like Leadership and Personal Development with the Enneagram I. and do you want to go into more depth with your acquired knowledge?

- Do you want to become more deeply aware and recognize your natural personality talents and learn to use them in a more mature way in your everyday life?
- Do you think that there are situations in which you don't act appropriately enough with regard to the situation and the people around you?
- Do you still think that there are certain "types" of people that you don't get along with?
- Do you need concrete tips on how to "train" your natural strengths and leave behind immature and limiting habits?
- Do you want to make a significant change and unleash your natural potential??
- If you answered yes in one of those questions above, then this unique program is for you!

The average manager knows more about the technologies he uses than about people. The key to success, however, are people. Dive deeper into your personality character and personality characters of people around you, so that when you meet your mature self, your life becomes a beautiful "play" that motivates and inspires both you and others.

Who is it for?

For participants of the Leadership and Personal Development with the Enneagram I. program or the long-term program Emotional Leadership. It is based on the requirements and needs of those participants. For those who are interested in their growth, want to learn about themselves and people around them, and improve their relationships. This intensive experience-training program is intended for managers, project managers, team leaders and other professionals. It is suitable for all those who want to develop their leadership potential and potential of others.

Topics

- **Deep insight into nine personality characters** in yourself, your family, your team
- Intensive experience of **introducing the main characters and their path of development**
- Understanding the **loss** of the typical **natural qualities of personality characters**
- **Defense reactions of characters in action:**
 - The biggest difficulties I am causing myself
 - The biggest difficulties I cause others
 - Loosening defense mechanisms for developing potential
- **Energy manifestation for individual characters through instinctive sub-characters –** behavioral differences
 - Understanding the greatest sensitivity
 - Finding a path of harmony and mature fulfillment of needs
- **Accepting differences and mutual support for cooperation**
- **Key points for a development turning point and setting up specific actions to support personal development**

Methods and techniques

Interactive presentation, group interactions, emotional and stressful "innocent" games, personal testimonies and experience sharing, individual and teamwork, self-reflection.

Shine Leadership s.r.o.

Office and Training Centre Hradčanská: Milady Horákové 116/109 B, 160 00 Praha 6
Main Office: Suchbátka 1273/3, 165 00 Praha

ShineLeadership.cz



Emanuel Byrtus
lecturer

For dates, prices, registration,
organizational information and terms
and condition go to:
ShineLeadership.cz

Location
Training Centre Hradčanská
Milady Horákové 116/109B
160 00 Praha 6

Contact person
Mgr. Šárka Pojerová
Managing Director
sarka.pojerova@ShineLeadership.cz
+ 420 603 711 594

QR code – a fast way to reach us

1. Turn on your camera app and aim it at the QR code.
If a link to our website appears, click on it and it will
take you straight to us.

2. If you own an older smartphone, just download one
of the many available free apps for reading/ scanning
QR codes, and use it.

