



2 day open program
Emotions and Projects OR
Excellent Teamwork II.

Lead Yourself.

**Shine
Leadership.**

The real success in a team is only achieved by understanding the emotional behavior of people.



Emanuel Byrtus
lecturer

Why choose this program?

- If you liked the program Emotions and Projects I. and you want to increase you emotional social competencies.
- If you still encounter limitations in working with emotions and other people's thinking as a source of energy and creativity.
- If you need to create a team that cooperates and supports each other.

Who is it for?

- All managers, project managers and team leaders who want their team members to fully adopt the practical application of personal responsibility – for their work, projects, tasks and also their own emotional behavior.
- All those who are interested in the latest knowledge of emotional – social competences, including practical exercises of negative and positive feedback techniques.
- Recommended for all levels of IPMA® certification and re-certification.

Topics

- Deepening and practical training
- The principles of self-leadership, leadership in change management
- Understanding the mechanics of emotions and their effects on performance
- The principle of defense and growth and its influence on change and application for motivation and improving the quality of communication
- Working with creative thinking
- Personal responsibility, personal influence – clarifying boundaries
- Positive and negative feedback to support collaboration and development

Methods and techniques

Interactive presentation, interaction within a group, emotional and stressful games, personal presentation, teamwork and solutions, self-reflection.

For dates, prices, registration, organizational information and terms and condition go to:
ShineLeadership.cz

Location
Training Centre Hradčanská
Milady Horákové 116/109B
160 00 Praha 6

Contact Person
Mgr. Šárka Pojerová
Managing Director
sarka.pojerova@ShineLeadership.cz
+ 420 603 711 594



QR code – a fast way to reach us

1. Turn on your camera app and aim it at the QR code. If a link to our website appears, click on it and it will take you straight to us.

2. If you own an older smartphone, just download one of the many available free apps for reading/ scanning QR codes, and use it.



Shine Leadership s.r.o.

Office and Training Centre Hradčanská: Milady Horákové 116/109 B, 160 00 Praha 6
Main Office: Suchbálská 1273/3, 165 00 Praha

ShineLeadership.cz