



2 day open program **Emotional Leadership: Restart not only for managers**

Lead Yourself.

**Shine
Leadership.**

Start your path of understanding how to better lead yourself and others: Lead Yourself.



Emanuel Byrtus
lecturer

For dates, prices, registration,
organizational information and terms
and condition go to:
ShineLeadership.cz

Location
Training Centre Hradčanská
Milady Horákové 116/109B
160 00 Praha 6

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Why choose this program?

Emotional Leadership is a holistic approach to leadership development that uses natural evolutionary principles and patterns of neurobiology and natural human creative abilities. "The real potential is within people; do you know how to work with it!?"

"Our experience shows that an average manager knows a lot more about his smartphone than about a human being. However, we may all agree that the most important and most expensive "tools" of a manager are their people. It is one of the greatest managerial skills to be able to "use this tool well" for the benefit of all involved. That is why we offer you a deep and practical understanding of the mechanisms of inner motivation and working with emotions – to free up the energy and potential of people for creative cooperation and mutual support. "

Who is it for?

This training program is for all those who are looking for a way how to harness their potential and the potential of others. It is especially for those who want to become conscious leaders of their abilities and help develop abilities of people around them. It is for leaders, managers, and all those who are willing to dedicate time and attention to self-development. A completely unique and new approach to personal development. Only for those who are willing to look at themselves truthfully and with completely "new eyes".

Topics

- How to create a learning environment?
- How to effectively lead yourself and others?
- What offers emotional-social intelligence?
- Change your beliefs and acquire better behavioral skills!
- Conscious attention and how to use the energy of emotions?
- How to use emotional energy?
- How to manage internal demotivation and increase performance and improve relationships?
- Acquire a tool called empathy – How to release defense responses and work efficiently with conflict of needs and negative feedback?
- How to fulfill your needs, increase personal influence and confidence in a mature way?
- Applying gained knowledge in practice, setting up a development plan.

Methods and techniques

Interactive presentation, guided dialogue – sharing of personality traits, feedback, a coaching approach, personal work on an improvement plan, experience sharing and corrections.



QR code – a fast way to reach us

1. Turn on your camera app and aim it at the QR code. If a link to our website appears, click on it and it will take you straight to us.

2. If you own an older smartphone, just download one of the many available free apps for reading/ scanning QR codes, and use it.



Shine Leadership s.r.o.

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