

1 day custom program **Managerial Personality Typology (GPOP)**

Lead Yourself

**Shine
Leadership**

Find out your personality type – and what it implies for your everyday life and work.



Marie Dočkalová
lecturer

More information at
ShineLeadership.cz

Contact person
Mgr. Šárka Pojerová
Managing Director
sarka.pojerova@ShineLeadership.cz
+ 420 603 711 594

Why choose this program?

- Completing this seminar will help participants understand themselves, their abilities, preferences, and understanding their weaknesses in order to make full use of their potential and better understand other people.
- The GPOP (Golden Profiler of Personality) personality typology, used in this program, is a questionnaire used for understanding one's personality in the context of the Jungian typology and the MBTI personality typology.
- It is an established and well-proven methodology. It helps to understand the differences between people that come from their inborn preferences. This method is clear and easy to use in everyday life.
- It does not say what is good and what is bad, it only helps to understand why we behave in one way or another. This unique seminar combines active training methods with an individual analysis of the GPOP feedback, which participants get to take home.

Topics

- Recognize your own potential, understand the structure of your own personality, encourage self-motivation.
- Recognize our differences, better understand both ourselves and others.
- Find out your personality type (combination of theory, questionnaire, estimation for yourself and others, model situations, feedback) and what it implies for your everyday work.
- Applying knowledge to teamwork and your own practice.

Methods and techniques

- Model situations
- Group work
- Group sharing techniques and reflection
- Lecture
- Coaching approach during a questionnaire