



1 day open program
Change Management
and its Secrets:
Changes come from the Inside Out

Lead Yourself

Shine
Leadership

Are we more affected by the techniques and tools of the modern days, or by millions of years old subliminal instincts?



Marian Jelínek
lecturer

Why choose this program?

- We explain hidden forces that hamper us from change.
- We „unfasten“ our inner restraints – and thus create a healthy attitude towards changes.
- You will learn to use your reason and emotions to motivate and implement changes.
- We will demonstrate you how important it is to take responsibility for implementing changes.
- You will get inspirational tips and examples of how to implement changes more effectively.

Who is it for?

- All managers, leaders, team leaders and all those who want to achieve a more effective approach to making changes (both for themselves and their team members).
- And all those who are interested in the latest knowledge of emotional-social competencies – including a practical workshop on personal change.

Topics

Morning workshop: lead by Marian Jelínek

I. Archetypal human desire for change: the principles of evolution

- Organisms that did not adapt to change became extinct
- What happens to managers who do not adapt to change?
- Getting out of the comfort zone versus raising “euro brats”

II. One’s inner settings: a necessary condition for change

- Self-talk – self-coaching
- Behavior versus character
- Talent versus one’s attitude towards activity

III. Evolutionary and entropic mindset: how do successful people think?

- “What if the others are better?” One’s attitude towards competition
- Respecting versus accepting
- Being „pregnant“ with an idea as the basic driving engine

Afternoon training workshop: lead by Emanuel Byrtus

- Mistakes, issues, deficiencies and crises – life calling for change and growth
- „Why?“ Find and name the key need and reason for change
- The desired result – a concrete idea
- Advantages and benefits – rationality, money and emotional connections
- Consequences if we stay in our current position
- Threats in implementing changes: disproportionate
- Long-term benefits versus short-term profit



Emanuel Byrtus
lecturer

For dates, prices, registration, organizational information and terms and condition go to:
ShineLeadership.cz

Location

Shine Group Training Centre Prague,
Vítězné nám. 2, Praha – Dejvice

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