



1 day open program
Authentic Speech and Rhetoric
as Personal Charisma II

Lead Yourself

**Shine
Leadership**

“People will sooner or later forget what we said, but they will never forget how we made them feel.”



Robert Sättler
lecturer

For dates, prices, registration,
organizational information and terms
and condition go to:
ShineLeadership.cz

Location
Shine Group Training Centre Prague,
Vítězné nám. 2, Praha – Dejvice

Contact Person
Mgr. Šárka Pojerová
Managing Director
sarka.pojerova@ShineLeadership.cz
+ 420 603 711 594

Why choose this program

- Stability of speech and confidence in communication and presentation
- Incorporating spontaneity
- Bodywork relaxation – gesticulation, mimics
- Consistency of verbal and nonverbal expression
- Enhancement of active vocabulary and fluency of spoken speech
- Supporting authenticity and personal charisma
- Awareness of our own natural authority and its effects on others

Who is it for?

This intensive program is intended for those who completed the program Authentic Speech and Rhetoric as Personal Charisma I.

Topics

- Breathing as a carrier of verbal and nonverbal communication
- Self-awareness, Self-expression, Self-fulfillment
- Active vocabulary and fluency of spoken speech
- Colorful and rich rhetoric
- Engaging and spontaneous presentation
- Emotions in the voice, emotions in the body
- Subliminal communication, personal strength a natural effect on others
- Authenticity, spontaneity and charisma
- Natural authority

Methods and techniques

Breathing and voice exercises, experiential exercises, theatrical etudes, role playing and feedback, work with texts, group exercises, work with emotions and their expression, interactive analysis of verbal and nonverbal communication, questions regarding one's awareness of communication barriers, internal attitudes and potential, motivational exercises to strengthen authenticity, spontaneity, discussion and individual consultations.