



MENU International FORUM CHANGE

International Forum Menu for Change 2018:

LET'S REGENERATE THE EARTH

with HEADS, HEARTS and HANDS

Eco - schools gathering on 26 - 28 January 2018 in Prague, Czech Republic

Venue : Impact Hub Praha, Drtinova 557/10, Praha 5.

Programme



This event is financed by the European Union. The contents of this program are the sole responsibility of Glopolis and can in no way be taken to reflect the views of the European Union.

Day 1, Friday 26th January
Let's regenerate the earth

8:30 - 9:00: Arrivals and registration

9:00 - 9:20: Welcome and openings by Tereza Čajková and Michaela Čermaková (Glopolis)

9:20 - 9:40: Food and sustainability: what we eat and how we grow food is crucial to humanity's future. Presentation by Aurèle Destrée (Glopolis)

9:40 - 10:30: How can we feed the world sustainably? Panel discussion with Uma Khumairoh (Wageningen University and Research), Anne Marie Mayer (nutrition consultant), John Gauci (MOAM) and Aurèle Destrée (Glopolis)

10:30 - 11:00: Coffee break

11:00 - 12:30: Parallel sessions (1h30)

Blue room	Yellow room (upstairs)	Main hall	Orange room
Organic farming: key principles, benefits and challenges with John Gauci	GMOs to fight hunger and malnutrition: needed or not? The case of golden rice in Indonesia with Uma Khumairoh	Historical changes in the nutritional value of foods: what is happening to our food? With Anne Marie Mayer	Responsible cooking: put on your apron and come make seasonal salad with Bara Kebová, Glopolis

12:30 - 13:45: Lunch time

13:45 - 14:30: How can we become responsible food consumer? Panel discussion with Dana Kapitulčinová (Charles University), Gisela Mir - Viader (Phoenicurus), Jan Ciupa, (ARPOK) and Tereza Čajková (Glopolis)

14:30: Parallel sessions

	Orange room	Main hall	Yellow room (upstairs)	Blue room
14:30 - 16:00	System change with Aurèle Destrée and Tereza Čajková, Glopolis (1h30)	Learn how to save seeds with Gisela Mir Viader, Phoenicurus (1h30)	Chocolate journey with Jan Ciupa, ARPOK (1h45)	Philosophy for children: how to bring big questions into the classroom with Olga Daskin (1h45)
16:00 - 16:15	Coffee break			
16:15 - 16:30	Coffee break			
16:30 - 17:45	Palm oil: what is the problem and what can we do? with Kateřina Holubová. Coalition against palm oil (1h15)	Permaculture approach to nutrition: examples from the South with Anne Marie Mayer and Uma Khumairoh	Fair trade: story of banana with Barbora Trojak (1h15)	Starting an organic food garden at school with John Gauci, MOAM (1h15)

17:45 - 18:30: Dinner

19:30: Prague Old Town walking tour (optional)

Meeting point: Arbesovo náměstí at 19:30 (finishes at 21:00, followed by a get together in a pub) - all participants need to bring their own tram ticket

Day 2, Saturday 27th January
Education with Heads, Hearts and Hands
We Eat Responsibly at Schools

8:30 - 9:00: Arrivals

9:00 - 10:00: What is education through “heads, hearts and hands”? How can we be actors of change? Interactive plenary session

10:00 - 11:00: What happened in the eco - schools of Malta, Slovakia, Bulgaria, Czechia? Presentation of highlights by teachers and students.

11:00: 11:30: Coffee break

11:30 - 12:30: Parallel sessions

Conference room	Blue room	Yellow room (upstairs)	Main hall	Orange room
Malta: how food relates to SDGs. food waste and local chocolate alternative	Slovakia: Obsolete varieties are in! (biodiversity)	Bulgaria: Switch on the FOODMETER (palm oil, RFC)	Czechia: Best of Czech (food waste, agrobiodiversity , and seasonal food)	Responsible cooking: put on your apron and come make seasonal salad with us! Glopolis

12:30 - 14:00: Lunch

14:00 - 15h00: What happened in the eco - schools of Latvia, Romania, Slovenia and Croatia? Presentation of highlights by teachers and students.

15:16h00: Parallel sessions

Conference room	Blue room	Yellow room	Main hall	Orange room
Croatia: Be Creative for Responsible Eating (invent games on RFC)	Romania: 7 Steps to a Responsible Society (best of Romania)	Latvia: The story of oranges: performance and learning activity (Organic, Fair Trade, Knowing My Farmer)	Bulgaria: Food choices: floor game and digital games for RFC	S - LOVE - enia: making children aware for the FUTURE (school drink, food waste, garden healthy snack)

16h00 - 16h30: Coffee break

16h30 - 17h30: Evaluative session.

19:30: Dinner and celebration (bring your dance shoes!)



Day 3: Sunday 28th January
2018 and beyond

9:00 - 9:45: Looking at the future: how would we like our world to look like? Reflections

9:45 - 10h45: Parallel sessions

Conference room	Blue room	Yellow room (upstairs)	Main hall	Orange room
Food and food packaging waste: what are you ready to change? Marek Havrda and Tereza Dohnalová, MiWa, Filip Vrlik, Glopolis	Composting: starting a wormery with Soňa Valčíková, Kokoza	Starting a seed bank with Klara Hrdá Seminkovna	Sugar: sweet or sour reality? with Maria Lidón Martrat, VSF	Responsible cooking: put on your apron and come make seasonal salad with Bara Kebová, Glopolis

10h45 - 11h15: Coffee break

11:15 - 12:15: Eating responsibly: what is our next bold step? Evaluation of the forum.

12:15 - 12:45: Closings of the forum

13:00: Lunch

15:00: Prague Castle walking tour (optional)

Meeting point: Arbesovo náměstí at 15:00 (finishes at 17:00) - all participants need to bring their own tram ticket