Clinic Mini Basket 21.10.2023 Bienne

Fanny Spengler National Instructor









Who Am I?

- Bachelor of Management of Sport
- JS 2+
- National Mini Basketball Instructor
- Technical director of Swiss
 Basketball Mini camp
- FIBA European Mini Basketball
 Coaching Course

BUT ...





l'am just teacher like you!



Schedule

9h30 - 10h00

Mini basketball philosophy

10h00 - 10h45

Controle of body and movement

10h45 - 11h00

Break

11h00 - 12h00

anticipation and choice





What is Mini basketball?

What is the function?

What and how should we teach it?

Why do we teach it?

Which horizon do we give to our children?





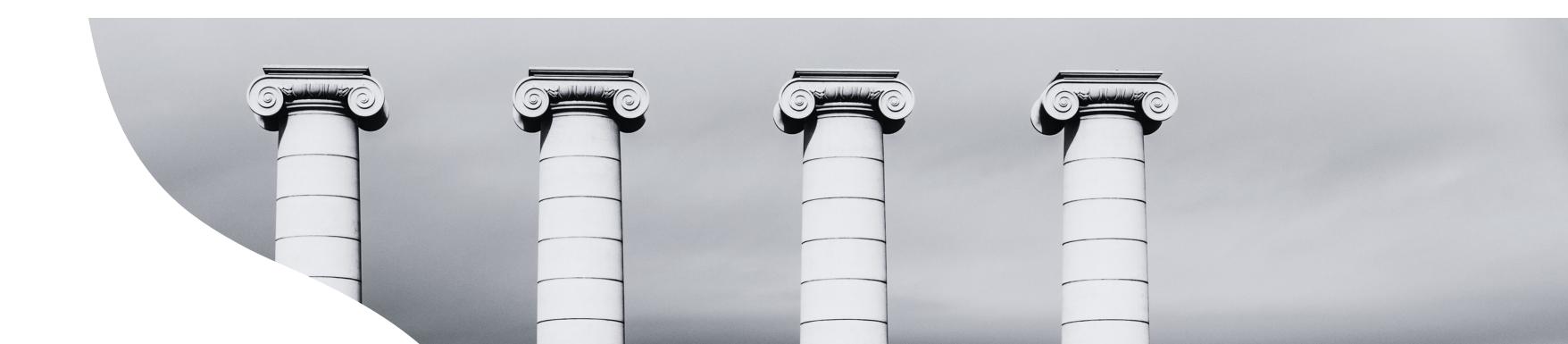


She has a dream... I need to respect this dream





4 pillars of success



1

Children at the centre







What we do for their future?







Give them rights values









We help children to discover basketball

Dribble

Shoot

Pass

Diffense

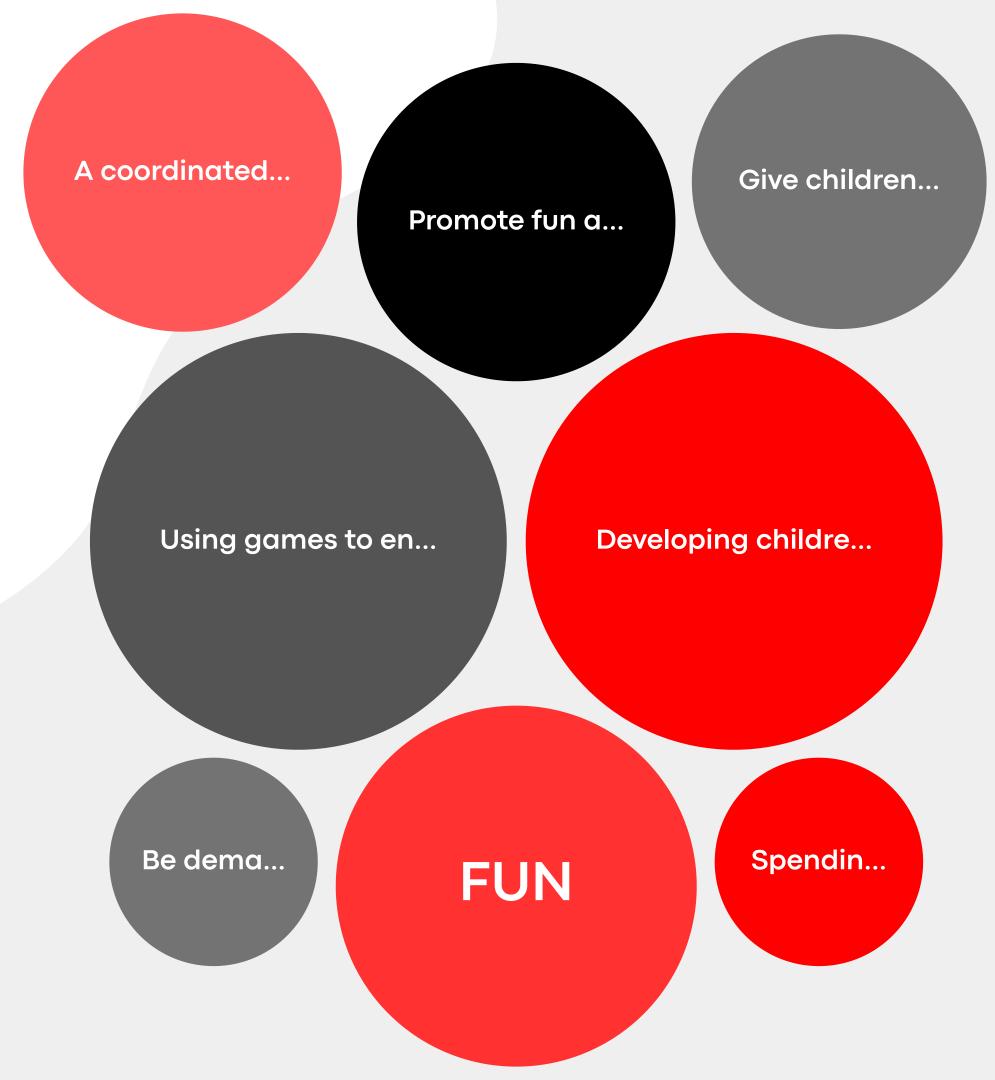




Coordination



how to put it into practice?









success wheel





Didactic progression



situation adapted to the participant





intermediate
situation
personalization
for every player







