BRISK

Brunch

(9 am to 2 pm)

Feels Like Breakfast

The Mighty English Breakfast — 16

A twist on the classic English breakfast featuring your choice of 2 eggs, plantain slices, grilled tomato, baked beans, beef or chicken sausage, grilled mushroom, and 2 slices of brioche bread

Smokey Eggs Benedict with Salmon — 18

Features toasted English muffins, 2 poached eggs, smoked salmon, mixed greens, caramelized onion, guacamole, and hollandaise sauce

Brisket Egg Benedict with BBQ beef NEW — 14.5

A twist on the beloved Benedict featuring toasted English muffin, topped with your choice of 2 eggs, mixed greens, succulent BBQ shredded beef brisket and a drizzle of creamy hollandaise sauce

Prawn Eggs Benedict — 15.5

2 toasted English muffins topped with 2 poached eggs, crispy breaded prawns, cream cheese, mixed greens, caramelized onion, and hollandaise sauce

Sunny Sourdough — 12

The distinct flavor of sourdough bread mixes perfectly with the savory hint of caramelized onions, guacamole, sundried tomato, sweet pomegranate, roasted almonds, and your choice of 2 eggs

Oreo French Toast — 11

A fluffy and moist brioche bun, topped with all the sweetness of molten white chocolate and crushed Oreo cookies

Nutella Indulgence French Toast — 11

A fluffy and moist brioche bun, topped with caramelized banana, creamy Nutella, and grated almonds

Fruity Yogurt Granola Crunch — 10

A fulfilling and colorful dish of Greek yogurt topped with honey, dried mango, fresh apple and blueberry, our very own granola mix, and shredded coconut

Pancakes

Wholesome Pancake with Crispy Chicken — 12.5

Cream cheese pancakes topped with plantain, crispy chicken, with a side of maple syrup

Strawberry Americana — 9

Fluffy cream cheese pancakes, layered with sweet strawberry jam

Blueberry Americana — 10

Fluffy cream cheese pancakes, stuffed with fresh blueberries and topped with butter

Good Old-Fashioned Pancakes — 9

Steamy pancakes topped with butter and served with maple syrup

Note: Chilli Nuts Vegetarian

Prices include all VAT and charges

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Healthy Haven NEW

Fitfam Performance 14

Calories 799 **Fat** 27g **Carbs** 85g **Proteins** 54g

A delicious and healthy blend of oats, almond milk, whey protein powder, fresh banana fruit, honey, peanut butter, low calorie cereal, and fresh strawberry fruit. Perfect for a pre-workout boost or a post-workout recovery meal

Smoked Salmon Cheese Toast 13

Calories 557 **Fat** 54g **Carbs** 53g **Proteins** 39g

A mouth-watering combination of whole wheat brown sliced bread, smoked salmon, cream cheese, avocado, capers, and thin cucumber slices. Comes with a side salad to complete the meal

Turkey Ham Trifecta 14

Calories 673 **Fat** 36g **Carbs** 58g **Proteins** 42g

A delicious and satisfying sandwich made with whole wheat brown sliced bread, turkey ham deli slices, mozzarella, tomatoes, pickles, iceberg lettuce, and low calorie honey mustard dressing. Perfect for a quick and healthy lunch

Grilled Roman Chicken 13

Calories 734 **Fat** 40g **Carbs** 54g **Proteins** 50g

A hearty and healthy sandwich made with whole wheat brown sliced bread, grilled chicken, grated parmesan, pickles, iceberg lettuce, and low calorie caesar dressing. Comes with a side salad to complete the meal

Primal Protein 6

Calories 137 **Fat** 3g **Carbs** 9g **Proteins** 22g

A spartan style protein shake made from whey protein and banana fruit. A delicious and healthy way to start your day or as a post-workout recovery meal

Primal Protein Plus 7.5

Calories 409 **Fat** 17g **Carbs** 33g **Proteins** 31g

A protein shake made from whey protein, banana, peanut butter, honey, and vanilla almond milk.
A perfect way to fuel your body after a workout or as a meal replacement

Fruit Salad Symphony 3

Calories 59 **Fat** 0g **Carbs** 15g **Proteins** 1g

A colorful and refreshing mix of fresh seasional fruits. A perfect way to start your day or as a healthy snack

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Bread & Beyond NEW

Turkey Ham Tango 13

A deli classic sandwich made with turkey ham deli slices, pickles, iceberg lettuce, tomatoes, mozzarella and honey mustard dressing. Served with crispy chips

Chicken Twist 11

A hearty focaccia sandwich made with chicken breast, tomatoes, pickles, turkey ham deli, mozzarella, sunny side egg, and mustard mayo dressing. Served with crispy chips

Shrimp Supreme 16

A seafood lover's sandwich made with grilled shrimps, iceberg lettuce, pickles, crab sticks, and tartar dressing. Served with crispy chips

The Luxemburger 16

a.k.a The Brisk Burger — A juicy beef patty topped with fresh iceberg lettuce, ripe tomatoes, cheddar cheese and onion and drizzled with thousand island dressing. Served with crispy fries and coleslaw

Nutty Pesto Chicken 15

An earthy, nutty sandwich made with grilled chicken, turkey ham deli slices, tomatoes, iceberg lettuce, pickles, mozzarella, and pesto mayo dressing. Served with crispy chips

Brunch Add-ons

Avocado Slices	3.5	**Sautéed Vegetables**	5
Beef Bacon Crisps	3.5	**Smoked Salmon**	7.5
Beef Sausage (2 Pcs)	5	**Turkey Ham**	3
Chicken Sausage (2 Pcs)	4	**Pancake (2 Pcs) with syrup**	3.5
Eggs — 2 pcs as you desire	2.5		

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A La Carte

(Starts at 12pm)

Starters

Brioche Chicken Sliders — 14
Three mini burgers of juicy chicken breast, cheddar cheese, lettuce, and thousand island sauce. Served with fries

Calamari Ringlets — 13
Golden crispy calamari served with tartar sauce

Prawn Soft Shell Taco — 15
Soft shell tacos filled with succulent prawns, guacamole, and pico de gallo

Barbecue Beef Tacos NEW — 13
Soft shell beef tacos filled with our signature beef mix, BBQ sauce, bell peppers, tomatoes, mozzarella, and cheddar

Tempura Prawns — 16
Golden crispy prawns served with our chili mayo dip

Sausage Skillet — 12
Beef sausages sautéed in red tomato, onion, and bell pepper sauce. Served with Irish potato cubes

Veggie Quesadilla — 9.5
Soft tortilla wraps filled with flavorful mixed grilled vegetables and cheese. Served with guacamole and pico de gallo side dips

Hummus Dip and Nachos — 9.5
Creamy smooth hummus dip served with our crispy signature nachos

Focaccia Cheese bread (4 Pcs) NEW — 13
The perfect accompaniment to any meal; buttered oven-baked bread with molten mozzarella and a hint of garlic oregano paste

Pasta

Primera Seafood Pasta — 20
Tagliatelle, pink sauce, calamari, shrimp and shaved parmesan cuts

Creamy Alfredo — 16
Fettuccine, creamy white sauce, grilled chicken breast, topped with grated parmesan

The Beloved Bolognaise — 13
Spaghetti, minced halal beef, fresh salsa, sprinkled parmesan

Mamma Mia — 14
Spaghetti, beef sausage meatballs, tomato sauce, mixed pepper, onion and mild chili

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Salads

Seafood Exotica 20
Grilled prawns, avocado, mixed greens, sweet corn, crab sticks, fresh dill, honey lemon oil dressing

The Caesar 16
Romaine lettuce, grilled chicken breast, parmesan cheese, croutons, cherry tomato, caeser dressing.
Add extra Chicken: 3,500 or Prawns: 5,000

Quinoa Medley Salad 14
Red and white quinoa, mixed greens, dried tomato, roasted hazelnut, dried blueberry, sweet pomegranate vinaigrette. ***Add extra Chicken: 3,500 or Prawns: 5,000***

Smoked Salmon Salad 14
Mixed greens, smoked salmon, avocado, cherry tomato, green olives, cream cheese. Served with Dijon mustard. ***Add extra Smoked Salmon: 5,000***

Sides

Crispy Chicken 3 pcs	5
Grilled Chicken Breast	4
Coconut Rice	4.5
Jollof Rice NEW	4.5
Saffron Rice	6.5
French Fries	4.5
Truffle Fries	5
Mashed potato	3.5
Sautéed Vegetables	5
Side Salad	3
Smoked Salmon	7.5
Medium Prawns	8

Prime Cuts

Honey Glazed Lamb Ribs 38
Premium South African lamb ribs glazed with demi-glace dressing. Served with mashed potato and sautéed vegetables

Barbecue Beef Ribs 24
Slow-cooked beef ribs glazed with sweet BBQ sauce. Served with coconut rice and sautéed vegetables

Lamb Chops 44
Prime South African grilled lamb chops. Served with your choice of mashed potato, fries, or coconut rice

Rib Eye Steak 48
Grilled prime grade rib eye steak served with mashed potato and mushroom sauce

The Tomahawk 100
The mighty South African Tomahawk steak grilled in buttery garlic rosemary. Served with your choice of fries, mashed potato, or coconut rice

Curry Goat Meat NEW 22
Curry-marinated goat meat cooked in tomato sauce, fresh cream, and a hint of coriander. Served with white rice

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Poultry & Sea Food

Steamy Turkey Coconut 30

Our very own turkey wings skillet, drenched in creamy mushroom thyme gravy. Served with Irish potato cubes and coconut rice

Chicken Schnitzel Special 16

Crumbed chicken escalope with a side of red sauce spaghetti

Jumbo Prawns with Saffron Rice 32

Grilled jumbo prawns served with cranberry golden saffron rice

Grilled Scarlet Salmon 32

Flaky juicy grilled salmon cooked in katsu sauce. Served with creamy mashed potatoes and sautéed vegetables

Fish and Chips NEW 24

Hot and steamy crispy sea bass served with fries and tartar sauce

Sweet Tooth

Chocolate Brownie Cake	10
Strawberry Cheesecake	8
Tiramissu cake	8
The Honey Cheese Couple	11

Ice Cream Bowl NEW

choice of Vanilla, Strawberry, Chocolate, Mango

1 Scoop	3
3 Scoops	6

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