You were provided this brochure because your physician believes you are a candidate for SI joint fusion with the iFuse Implant System®.

The iFuse Implant System® is intended for sacroiliac joint fusion. There are potential risks associated with the iFuse Implant System. It may not be appropriate for all patients and all patients may not benefit.

For information about the risks, visit www.si-bone.com/risks

# SI-BONE | IFUSE | Implant System | Minimally Invasive Sacroiliac Joint Surgery

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#### Source

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# Lower Back Pain and the Sacroiliac (SI) Joint

Ask your doctor about diagnostic and treatment options.



### **Do You Have SI Joint Pain?**

Do you experience one or more of the symptoms listed below?

- \( \right) Lower back pain
- Sensation of lower extremity: pain, numbness, tingling, weakness
- Pelvis/buttock pain
- () Hip/groin pain
- Feeling of leg instability (buckling, giving way)
- Disturbed sleep patterns
- Disturbed sitting patterns (unable to sit for long periods, sitting on one side)
- Pain going from sitting to standing



## **About Your SI Joint**

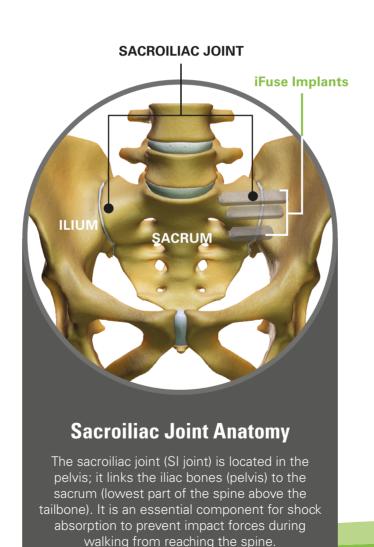
Like any other joint in the body, the SI joint can be injured and/or become degenerative. When this happens, people can feel pain in their buttock and sometimes in the lower back and legs. This is especially true while lifting, running, walking or even sleeping on the involved side.

According to scientific data, it's common for pain from the SI joint to feel like disc or lower back pain. For this reason, SI joint disorders should always be considered in lower back pain diagnosis.<sup>2</sup>

The good news is that trained surgeons can now distinguish between lower back symptoms arising from the lumbar portion of the spine and the SI joint.

## **Making a Diagnosis**

A variety of tests performed during physical examination may help determine whether the SI joint is a source of your symptoms. In addition, X-Rays, CT-scans, and/or MRIs may be helpful in the diagnosis of SI joint-related problems. It is also important to remember that more than one condition (like a disc problem) can co-exist with SI joint disorders.



An often relied upon method to accurately determine whether the SI joint is the cause of your lower back symptoms is to inject the SI joint with a local anesthetic.

The injection will be delivered with either fluoroscopic or CT guidance to verify accurate placement of the needle in the SI joint. If your symptoms are decreased by at least 75%, the SI joint may either be the source, or a major contributor, to your lower back pain.<sup>3</sup>

## **Treatment Options**

Once the SI joint is confirmed as a source of your symptoms, treatment can begin. Some patients respond to physical therapy, use of oral medications, as well as injection therapy. Intermittent use of a pelvic belt may provide symptomatic relief as well.

Treatments such as injections or use of a belt are performed repetitively and improvement using these therapies may only be temporary. If non-surgical treatment options have been tried and do not provide relief, your surgeon may consider other options, including minimally invasive surgery.

# Minimally Invasive SI Joint Fusion with the iFuse Implant System®

The procedure involves the insertion of three small titanium implants across the SI joint, and is designed to stabilize and fuse the SI joint. This procedure is done through a small incision and takes about one hour.

#### **Learn More**

Speak to your healthcare provider to learn more about disorders of the sacroiliac (SI) joint.