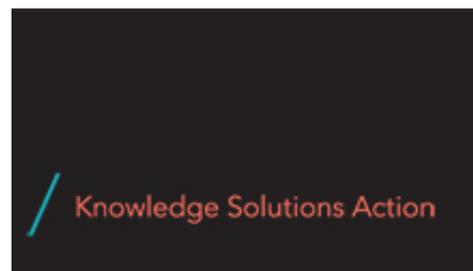
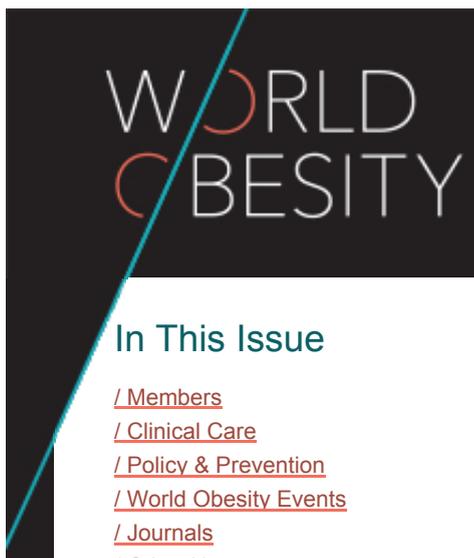


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### Dear Natasha,

Welcome to the World Obesity Federation's October newsletter. Our updates for this month include pioneering journal articles, such as a paper on the prevalence of metabolically healthy obesity.

Our Policy & Prevention team continues to lead the global conversation about obesity. They have been coordinating statements for the World Health Organisation's Regional Committee meetings.

Professor Nick Finer, editor of our Clinical Obesity journal, contributed to The Guardian's Science Weekly [podcast](#) to discuss the question: 'Do antibiotics cause obesity?'

You can also find details of our forthcoming events and how to get involved, through attending, hosting or suggesting a conference idea.

## / Partnership with the European Society for Lifestyle Medicine (ESLM)

### World Obesity members to benefit from our collaboration

World Obesity is delighted to announce that we are working with the European Society for Lifestyle Medicine (ESLM.)

As with our links to many other organisations who focus on specific areas associated with obesity, we recognize the important work that ESLM do in relation to promoting lifestyle medicine.

As a new interdisciplinary field in medicine dedicated to research, prevention and treatment of lifestyle-related disease (noncommunicable diseases), ESLM is working to improve our understanding of the lifestyle-biology link, preventing chronic diseases and treating the underlying causes of those diseases.

World Obesity members are able to obtain a 20% discount on ESLM [membership rates](#).

## / Members

Put your National Association on the map!

## / World Obesity National Associations



The countries that are coloured in blue have a National Association that is a member of World Obesity. We are looking for National Associations in countries not currently represented. Even if we have a National Association in your country, we are accepting applications for Associate Member Organisations in these countries. If your country does not have a National Association, you can always join World Obesity as an Individual Member.

Click [here](#) for more information. Send nominations of potential Membership Associations to our Membership Manager, [Heather Budd](#).

## / Clinical Care

### SCOPE School London 2014

Congratulations to the delegates awarded a SCOPE School registration scholarship, we look forward to seeing all attendees later this month.

We have now sold out of registration places, if you would like to be placed on the waiting list please [email](#) us.

### SCOPE School London 2015

We are pleased to announce that next year's SCOPE School will take place 9-10 June in London. This event will discuss 'The principles of combining treatment modalities.' Contact us [here](#) for more information.

## / Policy & Prevention

### WHO Regional meetings

World Obesity has been busy coordinating statements for the WHO Regional Committee meetings that have been taking place throughout September and October. We submitted statements in three regions - Europe, Americas and Western Pacific - supporting the Action Plans, calling for legal and regulatory frameworks to be implemented and calling on Member states to support a [Global Convention on the Protection and Promotion of Healthy Diets](#)

#### **WHO Europe (15th-17th September)**

We reported last month that we co-signed a statement of support for the proposed Food and Nutrition Action Plan 2015-2020, along with 6 other organisations (WCRF-International, EASO, Consumers International, European Heart Network, European Public Health Alliance and NCD Alliance.) We are pleased to announce that member states adopted this Action Plan. You can view our statement [here](#) and the Action Plan [here](#)

#### **Pan-American Health Organization (29th September-3rd October)**

World Obesity coordinated a joint statement which supported the proposed Plan of Action on the Prevention of Child and Adolescent Obesity. The statement was co-signed by 5 other organisations (WCRF-International, Consumers International, Public Health Institute, InterAmerican Heart Foundation and Healthy Latin America Coalition) and supported by over 170 civil society organisations throughout the region. We are pleased to announce that member states adopted this Action Plan, with only minor amendments. Our statement is available in [English](#) and in [Spanish](#). Details of the Action Plan can be viewed [here](#)

## Western Pacific Regional Office of the WHO (13th-17th October)

An update report on the development of an Action Plan to Reduce the Double Burden of Malnutrition in the Western Pacific Region 2015-2020 is on the agenda for this meeting. World Obesity, Consumers International, World Cancer Research Fund International, Consumer Council of Fiji and Diabetes Fiji have jointly signed a statement which welcomes this work. Our statement is available [here](#)

### Outcome document from 'food corporations and human rights' conference

World Obesity Policy Director Dr Tim Lobstein and Policy & Prevention Co-Chair Prof. Boyd Swinburn both presented at a multidisciplinary conference on 'food corporations and human rights,' convened in Oslo, Norway on September 11th and 12th 2014. The meeting considered, as a matter of urgency, the need to bring human rights norms and principles into debates and actions to promote healthy food and nutrition in the diverse world food systems, from production and processing to marketing and consumption. An outcome document from the meeting can be viewed [here](#)

### WHO Commission on Ending Childhood Obesity

Dr Tim Lobstein attended a civil society hearing of the WHO Commission on Ending Childhood Obesity where he was invited to make a 5 minute statement on ending childhood obesity on behalf of World Obesity. In his statement he highlighted a number of barriers to policy change, in particular the role of vested interests and market driven processes, urging actions to reduce these barriers. He also highlighted the need for greater monitoring of the drivers of obesity, such as food environments. A full statement from World Obesity will be available on our website shortly.

## / Events

### Obesity & Pregnancy: Save the date!

World Obesity is pleased to announce that our next Hot Topic conference 'Obesity and Pregnancy' will take place in London from the 29-30th October 2015.

More details including the programme, abstract submissions and registration to follow.

### ICO 2016 Scientific tracks are now available to view online!

All [6 tracks](#) will encompass the full life course and will cover a large range of topics from genes to cells right through to actions, interventions and policies.



### Attending Obesity Week?

Don't miss out on World Obesity's session titled 'Discussing Overweight and Obesity with Patients: Developing Clinician Knowledge and Skills' (6th November from 10:00am-11:30am at Boston Convention and Exhibition Centre.) This SCOPE accredited session is free to attend for all Obesity Week delegates.

Remember to stop by the World Obesity exhibition, stand #534, to meet some of the team and find out more about World Obesity's activities. See you in Boston!

### ICO 2018

We are looking for a host nation in Latin America for ICO 2018.

For further information and to apply, please visit our [website](#).

### Stock Conferences

Would you like to suggest an idea for a Stock Conference?

These small conferences bring together a select group of specialists, including a number of junior researchers, to discuss an obesity-related topic.

For further information, please click [here](#)

## / Journals



### Clinical Obesity...

The October edition contains a mix of reviews, original articles and a fascinating and highly educational case report.

Read this issue's FREE article now:

[Evaluation of multidisciplinary Tier 3 weight management service for adults with morbid obesity, or obesity and comorbidities, based in primary care; A. Jennings et al](#)

As we move towards our application for formal listing, the journal is receiving more high quality papers than ever before and we encourage you to consider Clinical Obesity for your papers.

Participate today! Submit your paper via our online peer-review system [here](#).

View the latest Clinical Obesity issue [here](#).

### Obesity Reviews...

October brings both a regular issue of Obesity Reviews and a 4th Supplement for the year. The regular issue contains 6 reviews.

See below for this month's FREE articles:

1. [The prevalence of metabolically healthy obesity: a systematic review and critical evaluation of the definitions used; J. P. Rey-López et al](#)
2. [Preterm birth and risk of type 1 and type 2 diabetes: systematic review and meta-analysis; S. Li et al](#)



View the latest Obesity Reviews issue [here](#).

The new Supplement ([Obesity Reviews 15 S4, 2014](#)) is focused on "achieving healthy weight in black American communities" and comprises 11 review articles related to approaches to improving weight and the metabolic comorbidities of obesity in this population.



### Pediatric Obesity...

Pediatric Obesity is a leading publication presenting the latest research on obesity during childhood and adolescence.

You can access 2 FREE articles now:

1. [Waist-to-height ratio and cardiometabolic risk factors in adolescence: findings from a prospective birth cohort; L. Graves et al](#)
2. [Food and beverage advertising on children's web sites; A. E. Ustjanauskas](#)

View the complete latest Pediatric Obesity issue and submit your work [here](#).

Follow Pediatric Obesity's Editor ([@michaelgoran](#)) on Twitter!

### International Journal of Obesity

The International Journal of Obesity (IJO) provides a multi-disciplinary forum for basic, clinical and applied studies focusing on obesity and related disorders.

This month's edition is a pediatric highlights issue. See below for our FREE articles.

[Obesity impairs academic attainment in adolescence: findings from ALSPAC, a UK cohort; J. N. Booth et al](#)

[Maternal hormonal contraceptive use and offspring overweight or obesity; E. T. Jensen et al](#)

View the latest International Journal of Obesity issue [here](#).

Don't forget, as a World Obesity member you can receive the International Journal of Obesity at a [heavily discounted rate](#).



## / Other News

Clinical Obesity editor Professor Nick Finer in fascinating Guardian podcast, "[Do antibiotics cause obesity?](#)"

### NHS England changes threaten Bariatric Surgery Services

On October 8, NHS England announced a major change in the way in which bariatric surgery is commissioned and paid for. For the past two years, bariatric surgery has been commissioned and funded within the National Health Service by a central specialist commissioning authority according to nationally agreed guidelines. From 2015, commissioning will be devolved to the 221 Clinical Commissioning Groups (CCGs: General Practitioner-led NHS organisations set up in 2012 to organise the delivery of NHS services in England). See our [website](#) for more information about the changes and the World Obesity Federation's concerns.

[Follow us on Twitter](#) / [Visit our Website](#)

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