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Dear Natasha,

Welcome to the new World Obesity Federation newsletter. We are launching as World Obesity this month just in time for our International Congress on Obesity which is taking place between the 17th and 20th March in Kuala Lumpur and is hosted by the Malaysian Association for the Study of Obesity. If you are not already registered, you can register on-site and take part in the most international obesity congress in the world www.worldobesity.org/what-we-do/events/ico/ico-2014/

. If you are already attending come and visit us on Stand 2 in the exhibition hall to find out more about our strategy going forward and how you can get involved in helping to lead and drive global efforts to reduce, prevent and treat obesity.

Along with our new name we have streamlined the website. Visit our new site and have a browse www.worldobesity.org. With new sections on who we are and what we do we hope that you find it much easier to navigate your way around the new site. Why not visit the new [Policy and Prevention \(formerly IOTF\)](#) and [Clinical Care](#) pages?

We continue to work towards our strategic goals of:

Research - collating, conducting and disseminating world-leading research into obesity, its impact, causes, treatment and prevention

Policy - Influencing policy of academics, government and businesses at global, regional and national levels

Education - Bringing rigour, consistency and credibility to the field through educational programmes, practical training, publications, conferences and accreditation

Membership - Creating a global community of organisations dedicated to solving the problems of obesity

You will read in the new newsletter below the introductions of new National Fellows and a save the date for the next SCOPE School in October 2014. SCOPE Schools are a great way to get those last few points for certification and an excellent opportunity to network with your peers and have some face-time with some of the most respected experts in their fields.

As part of the work that the Clinical Care group are undertaking we are looking for your feedback on the attitudes and practices in obesity management. For the link see the more detailed section below.

The Policy and Prevention (formerly IOTF) group has also been busy in the last month with a policy launch in Perth, Australia and leading a debate on Big Food at Otago University in New Zealand. In addition, the Policy and Prevention group are hosting a Symposium at ICO in

Malaysia. Spaces are limited so if you are interested in attending and haven't already registered for the session let us know when you register.

We are also looking for Associate Editors for our Clinical Obesity journal. We are looking for enthusiastic clinicians - if you are enthusiastic and a clinician why not get in touch and find out a bit more about what would be involved? For more information of how to apply see the section in the new sletter below .

We look forward to welcoming our delegates to ICO2014 in Kuala Lumpur and we will make sure to keep you updated on all the exciting innovations that will be presented during the event.

/ World Obesity Live

The screenshot shows the World Obesity website homepage. At the top, there is a search bar and the tagline "Knowledge Solutions Action". A navigation menu includes links for "WHO WE ARE", "WHAT WE DO", "ABOUT OBESITY", "JOIN", "NEWS", and "SCOPE". The main content area features a world map with color-coded regions. Below the map, there are several sections:

- / EVENTS**:
 - 17 - 20 March 2014 - 12th International Congress on Obesity (ICO) - Kuala Lumpur, Malaysia
 - 27 - 28 October 2014 - SCOPE School 2014 - London, UK
 - 1 - 4 May 2016 - 13th International Congress on Obesity (ICO) - Vancouver, Canada
- / FREE ACCESS TO OBESITY REVIEWS VIRTUAL ISSUE!**:
 - INFORMAS: Rationale, Framework and Approach
 - INFORMAS: Rationale, Framework and Approach
- / SCOPE E-LEARNING**:
 - Register for SCOPE today and receive a free course!
 - Register for SCOPE today and receive a free course!
- / IASO JOURNALS**:
 - Submit your paper today via our online peer-review system...
 - Submit your paper today via our online peer-review system...

At the bottom, there are links for "Home", "SCOPE e-learning", "Events", "Journals", "Contact us", "Follow us on Twitter", "Find us on LinkedIn", "Terms & Conditions", and "Cookie policy".

Last month we announced our new brand, this month our new website went live.

www.worldobesity.org



/ SCOPE National Fellow

We are pleased to announce a new SCOPE National Fellow, Dr Khin Swe Myint, of the UK. It was felt by the SCOPE Selection Committee that Dr Khin has made an outstanding contribution

to the management of obesity in the UK. We congratulate Dr Khin Sw e Myint on this recognition of her accomplishments in obesity research and management

/ SCOPE School 2014

Our next SCOPE School will return to the UK and will take place in London from the 27th-28th October 2014.

The theme of this year's event will be Integrating 'Primary and Private Care into Obesity Management'. Keep an eye on our website for the confirmed programme and speakers which will be announced shortly!

This SCOPE School will be a must for all health professionals wanting to increase their knowledge in obesity management and will be SCOPE and CPD accredited.

In line with our new identity SCOPE has a new logo.



/ Survey of attitudes and practices in obesity management

Did you get your email inviting you to participate in this important survey? Have you completed it? If so - many thanks, if not please try to find 10 minutes to do so. Supported by an unrestricted educational grant from Novo Nordisk A/S, World Obesity is surveying existing management practices with a view to building a better understanding of current practice and the challenges of helping people achieve their weight management goals.

The information you provide will help the World Obesity Clinical Care to prioritise educational activities as well as inform a wider audience as to current needs in obesity management. So, please complete the questionnaire when it arrives in your inbox. Tell us what you think, what you do and what would help you to do even more for your patients. If you would like to participate but think we may not have your email, please send it to enquiries@worldobesity.org.



/ Policy & Prevention

Don't miss the World Obesity Policy & Prevention (formerly IOTF) Symposium at ICO!

As IOTF transforms into World Obesity/Policy & Prevention, our symposium will look at the developments on obesity policies and prevention activities over the last 4 years. It will be a chance for us to tell you about our activities over the last few years, including the in house policy and advocacy activities as well as the wider work of the co-chairs Boyd Swinburn and Shiriki Kumanyika. This includes an update on INFORMAS, an International Network seeking to monitor and benchmark food environments, an overview of the recent Bellagio declaration on obesity in low and middle income countries, as well as a summary of the World Innovation Summit on Health held in Doha last year. We will then look to the future and discuss the priorities for the policy & prevention team at World Obesity for 2014-2016. We hope to see you there! Details: Thursday 20th March, 7:45-8:50am, Conference Hall 1.

World Obesity policy launch in Perth, WA

A packed meeting of researchers, advocacy organisations and government officials in Perth, Western Australia, discussed policy options for tackling obesity, led by World Obesity's policy director, Tim Lobstein, in February. Announcing the forthcoming launch of World Obesity, Dr Lobstein presented the newly published [Policy Briefing](#) and the [INFORMAS project](#) and led a debate on the strategies needed to encourage government to take more responsibility for obesity prevention policies. The open debate was followed by a closed lunchtime workshop of NGOs active in Western Australia, where Tim Lobstein emphasised the importance of using health education or social marketing to build public support in order to get stronger government action.

Big Food debate led by World Obesity at Otago University, New Zealand

A University of Otago Summer School held in February in Wellington, New Zealand, discussed the role of the major food corporations in the rise of obesity around the world, supported by two lectures given by Tim Lobstein, representing World Obesity. The discussions focused on marketing to children and on the financial advantages to food companies on maintaining and promoting over-consumption of their products. The Summer School was followed by a public lecture given by Tim Lobstein which asked what measures could be introduced to help governments in their child obesity prevention policies. The following day, Tim Lobstein chaired a seminar held in the New Zealand Government Department of Health on issues arising for health departments developing and implementing policies for health promotion and the prevention of NCDs. He also represented World Obesity at a meeting of the New Zealand Health Promotion Agency.

/ ICO 2014



Online registration is now closed!

However delegates are able to register for the congress onsite at Kuala Lumpur Convention Centre. See our website for the onsite registration prices.

Registration prices

View our fantastic scientific sessions and speakers flying in from across the globe which will make this a spectacular event not to be missed!

Scientific Programme

Speakers

/ ICO 2016 Save the Date

Save the Date! The 13th Congress on Obesity will take place in Vancouver, Canada from 1st-4th May 2016.



/ Clinical Obesity seeks Associate Editor

Clinical Obesity is attracting rapidly increasing numbers of submissions, and we are still inviting applications from people who would like to join the editorial team as an associate editor.

We invite applications from enthusiastic clinicians who would like to join the Editorial Board as Associate Editors. If your application is successful you will be responsible for overseeing the

refereeing process of submitted papers that will be allocated to you by one of the Editors-in-Chief. You will need to learn how to use Scholar One to invite and assign referees, evaluate their reports and advise on

/ Journals



Clinical Obesity...

A message from Professor Nick Finan, Editor-in-Chief...

Clinical Obesity is the journal of choice for clinical researchers and practitioners. It is an international peer-reviewed journal publishing high quality translational and clinical research papers and reviews focusing on obesity and its co-morbidities.

In the February issue Washburn and colleagues provide a systematic review of the impact of prescribed exercise on non-exercise activity and energy expenditure. A series of original articles address psychiatric issues relating to obesity: how depression is affected by smoking, alcohol and exercise; night eating behaviour, and uncertainty in adolescent bariatric surgery teams.

Participate today! Submit your paper via our online peer-review system [here](#)

View the latest Clinical Obesity issue [here](#)

Obesity Reviews...

The March edition of Obesity Reviews contains the following 6 papers.

1. Liao et al. Which Type of Sedentary Behavior Intervention is More Effective at Reducing Body Mass Index in Children? A Meta-Analytic Review
2. Warkentin et al. The Effect of Weight Loss on Health Related Quality of Life: Systematic Review and Meta-Analysis of Randomized Trials
3. Gosby et al. Protein leverage and energy intake
4. Muezzinler et al. Body mass index and leukocyte telomere length in adults: a systematic review and meta-analysis
5. Kodama et al. Quantitative relationship between body weight gain in adulthood and incident type 2 diabetes. A meta-analysis
6. Zuckerman-Levin et al. Bone Health in Eating Disorders



In addition there is a **Stephan's Corner** on Barbie.

Readers are also recommended to visit the web site on the Wiley Online Library [<http://www.obesityreviews.net>] to see published manuscripts and manuscripts in early view that will appear in the next few months. Here you can now view the new Anywhere Article format in HTML which provides enhanced and easier access to references and figures in a left hand column and within article navigation. Try it, I think you will enjoy the flexibility that it gives you.



Pediatric Obesity...

Pediatric Obesity is a leading publication which presents the latest research on obesity during childhood and adolescence. The journal publishes findings which are currently the subject of intense interest to the scientific community, and are of increasing concern to health policy-makers and the public.

The February issue of Pediatric Obesity is available [here](#) and there is on-line free access to all papers. These papers include a study on patterns of fat loss after sibutramine treatment [here](#). There is also a new study examining epicardial adipose tissue (otherwise known as EAT) showing its relationship to unfavorable cardiometabolic risk [here](#), and a study showing the protective effects of milk intake on abdominal obesity in teenagers [here](#). There is also a study that examines cost and effectiveness of treatment options for childhood obesity

[here](#)

View the latest issue of Pediatric Obesity [here](#).

Submit your best work to the leading journal in the field, via our online peer-review system [here](#) today.

Follow Pediatric Obesity's Editor (@michaelgoran) on Twitter!

International Journal of Obesity

Now publishing Bariatric Surgery Highlights

IJO has made it its mission to cover the field of obesity research as broadly as possible. Following a recent upsurge in the number of papers focusing on bariatric surgery, the importance of surgery to the field of obesity, and the desirability of bringing surgeons and other obesity practitioners closer together, the decision was made to publish a special section twice a year in which the best bariatric surgery articles will be featured.



See a pick of recent articles below :

- [Can medical therapy mimic the clinical efficacy or physiological effects of bariatric surgery?](#)
- [The effect of vertical sleeve gastrectomy on food choice in rats](#)
- [Roux-en-Y gastric bypass normalizes the blunted postprandial bile acid excursion associated with obesity](#)
- [Pharmaceutical utilisation and costs before and after bariatric surgery](#)
- [Effect of bariatric surgery on microvascular dysfunction associated to metabolic syndrome: a 12-month prospective study](#)
- [Cost effectiveness of primary care referral to a commercial provider for weight loss treatment, relative to standard care: a modelled lifetime analysis](#)

Look out for the next highlights issue publishing in **March**.

Obesity in the News

WHO and FAO publish policy draft for ICN 2

The Food and Agriculture Organization of the United Nations (FAO) and the World Health Organization (WHO) have jointly issued a political document ahead of the Second International Conference on Nutrition (ICN2), a high-level conference at FAO Headquarters, Rome, from 19 to 21 November 2014, being held in cooperation with IFAD, IFPRI, UNESCO, UNICEF, World Bank, WTO, WFP, the UN Standing Committee on Nutrition and the High Level Task Force on the Global Food Security Crisis (HLTF).

The 'zero draft' document focuses on the multiple threats of malnutrition and a vision for global action to end all forms of malnutrition. Included is a recognition that diet has played an important part in the rise in global obesity, that obesity is responsible for over 3million deaths each year and a commitment to reverse the rise in obesity and diabetes as part of wider efforts to reduce NCD mortality.

The document is now open for consultation until March 21. See [here](#) for more information

USA: FDA propose the first revision of nutrition labels in over 20 years

The U.S. Food and Drug Administration (FDA) has proposed new Nutrition Facts labelling. Under the proposals, serving size recommendations will be changed to better reflect what people eat and there will be an improved design to alert consumers to calorie information content. Other proposed changes include the addition of added sugars, dual column labels to include per serving and per package information, a declaration of vitamin D and potassium content, revised Daily Values for sodium, fibre and vitamin D and the removal of 'calories from fat', although labelling of total fat, saturated fat and trans fat will remain. The proposals are currently open for public consultation.

Other Events

UPCP 2014 - Up Close and Personalized

The 3rd International Congress on Personalized Medicine

Prague, Czech Republic 26-29th June 2014

Website: <http://2014.upcp.org/>

Email: secretariat@upcp.com



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