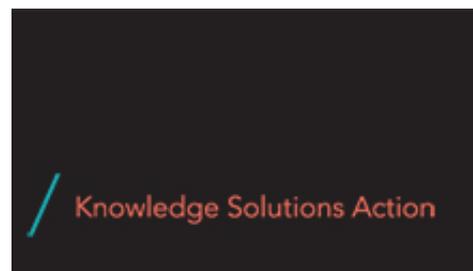


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Dear Natasha,

Welcome to the World Obesity Federation new newsletter. Read on for updates from our Policy and Prevention group, what's in our journals this month and more information on the upcoming SCOPE School event to be held in London this October.

If you're not already clued up, SCOPE is an online education platform which aims to develop a coherent approach to obesity management through education, and recognition of professional expertise in obesity and its management.

SCOPE certification is the only international qualification in obesity management recognised by over 50 national and regional associations around the world, including The Obesity Society, Canadian Obesity Network, the NHS and many more.

Read on for how SCOPE can help open doors in your career and provide a qualification in obesity management that will get you noticed...

/ SCOPE moves to new platform

SCOPE will be moving to a new e-learning platform later this summer. The new platform will provide more features and better performance for our users. Stay tuned for updates!



SCOPE Fellows

Do you have what it takes to become a SCOPE National Fellow? SCOPE National Fellowship provides recognition to medical professionals of national or regional renown in the field of obesity management. If you have at least 5 years clinical experience in the management of obesity with at least 5 peer-reviewed publications on obesity, apply today!

Contact us at scope@worldobesity.org for more details.

/ SCOPE School is coming to London!

SCOPE School London - THE must attend event for all healthcare professionals!

We are excited to bring SCOPE School to London this year. So much so that we are giving away a package of 5 modules worth £50 to all delegates!



Each module comes with SCOPE, CPD and CME* points that contribute to SCOPE Certification.

If you take advantage of this offer, you'll earn enough points to be over half-way to becoming SCOPE Certified. To register for SCOPE School go to our website [here](#).

Missed the deadline for a SCOPE School Scholarship?

Don't worry, you can still join your colleagues and register with at our competitive registration rates. Click [here](#) to view registration prices and inclusions.

Want to engage with HCPs?

There are still opportunities for your organisation to engage with a wide network of healthcare professionals.

From advertising opportunities, delegate bag inserts and networking session sponsorships, there is something to suit each organisation and budget!

View the exhibition and [sponsorship prospectus](#).

If you have any questions at all contact us at scope@worldobesity.org.

/ World Obesity Policy & Prevention

Launch of World Obesity's 'Recommendations towards a Global Convention to protect and promote healthy diets'

In conjunction with Consumers International, the World Obesity Federation has launched a set of 'Recommendations towards a Global Convention to protect and promote healthy diets' which call on the international community to develop a global convention to fight diet-related ill health, similar to the legal framework for tobacco control. The recommendations were formerly launched on Wednesday 21st May at a side event at the World Health Assembly and received endorsement from a number of NGOs and research institutions, as well as from Professor Olivier de Shutter, UN Special Rapporteur on the Right to Food. More information is available [here](#).

To complement these calls, World Obesity supported the development of a WCRF-International briefing paper 'Food policy highlights from around the world' which identifies some examples of good practice policies from around the world, while also calling on national governments to do more to improve food environments. The briefing is available [here](#).

67th World Health Assembly, 19th-23rd May, Geneva

Our Policy & Advocacy Researcher, Hannah Brinsden, represented World Obesity at this year's World Health Assembly. At the Assembly she delivered a statement in support of the WHO's focus on maternal, child and infant nutrition as part of efforts to reduce obesity and NCDs. The statement can be viewed [here](#). Hannah also represented World Obesity on a panel discussion at the International launch of the film 'Sweet Agony', produced by Mexican consumer group El Poder des Consumidor.

ICN2 consultation response

The FAO/WHO Joint Working Group for ICN2 published a revised version of the ICN2 Political Outcome Document, inviting stakeholders to comment. We submitted a response welcoming the actions and inclusion of obesity and recognition that obesity is a form of malnutrition, but have called for time-bound reporting and accountability mechanisms to be put into place in order to ensure that the document results in action. We also called for stronger action to protect and promote healthy diets in the face of conflicting commercial interests. Our response can be viewed [here](#).

INFORMAS update

The INFORMAS project (see [here](#)) has published a paper to describe the design and methods of the first-ever, comprehensive national survey on the healthiness of food environments and related public and private sector policies, as a first step towards global monitoring of food environments and policies. The paper gives a clearer picture of what the survey involves and may help other countries to design similar surveys and monitoring systems. The paper is available online open access [here](#).

Adult obesity intervention map

As part of the EU-funded SPOTLIGHT project World Obesity has launched an interactive online atlas which shows details of initiatives to reduce obesity in the adult population in 24 countries in the European region. The atlas focuses on interventions in the community, many of which include lower-income and disadvantaged groups. The atlas also includes links to the project websites and details of the interventions and the target populations. The atlas is available [here](#).

Policies to strengthen government action on NCDs

World Obesity has published a report of a high-level meeting on government actions needed to help tackle obesity and non-communicable disease, in the peer-reviewed journal *Obesity Reviews* (see [here](#)). The paper is a product of a meeting held in the New York Academy of Medicine in September 2013. Copies can be requested from [Tim Lobstein](#).

/ Got a good Event idea?

Do you have any ideas for a World Obesity Conference?

If so, World Obesity would like to hear about them!!

[Visit our website](#) for more information and to share your idea.

/ ICO 2016 Save the Date

Save the Date! The 13th Congress on Obesity will take place in Vancouver, Canada from 1st-4th May 2016.



/ Other Events

Click the links below for more details on these events and for registration:

[Showcase Your Expertise at Canada's Premiere Obesity Conference](#)

Connect with 1,200 delegates from across disciplines and sectors in Toronto next May. The Canadian Obesity Network - a proud member association of the World Obesity Federation - is pleased to announce a call for workshops for the 4th Canadian Obesity Summit, to be held April 28-May 2, 2015 at the Westin Harbour Castle in Toronto, Ont.

Key Dates:

- * Workshop Letter of Intent submission deadline: July 1, 2014
- * Notification of acceptance: September 8, 2014
- * Handouts and slides due to CON office: March 1, 2015

Don't miss this unique knowledge translation opportunity. Space is limited.

[IFSO 2014](#)

19th World Congress of International Federation for the Surgery of Obesity & Metabolic disorders. The IFSO 2014 Congress will be taking place at the Palais des Congrès de Montréal in Montreal, Quebec, Canada from August 26 - 30, 2014.

[The Sugar Reduction Summit - Science, Policy and Public Health](#)

This event will take place at the Royal Society, London on Wednesday 9th July 2014.

As a World Obesity Member, you have access to a 10% discount. Simply enter code: **minus10pcbda** in the coupon box when registering.

/ Journals

Clinical Obesity...

In the June issue of *Clinical Obesity* Fuller and colleagues (1) report an evaluation of the physical activity component of two weight loss programmes, either standard care defined by national guidelines, or a commercial programme (Weight Watchers) over the period of weight loss



and follow-up. They used the International Physical Activity Questionnaire (IPAQ)-short form, and pedometer recordings. Despite significant differences in weight loss and regain between groups they could not relate this to differences in these measures of physical activity.

Guthrie and colleagues explore food cravings after bariatric surgery (2) and the cost effectiveness of a commercial weight loss programme is also explored (3). Myths concerning obesity are found to be prevalent amongst Canadian healthcare professionals by Ramos Salas (4); 10 obesity myths were identified to be deeply pervasive within Canadian healthcare and public domains. Respondents felt that they would likely not be sufficient to reduce weight bias.

- 1.Changes in physical activity during a weight loss intervention and follow-up: a randomized controlled trial; N. R. Fuller et al
- 2.Quasi-prospective, real-life monitoring of food craving post-bariatric surgery: comparison with overweight and normal weight women; H. Guthrie et al
- 3.The cost-effectiveness of the LighterLife weight management programme as an intervention for obesity in England; L. Lewis et al
- 4.Diffusing obesity myths; X. Ramos Salas et al

Participate today! Submit your paper via our online peer-review system [here](#).

View the latest Clinical Obesity issue [here](#).

Obesity Reviews...

In June, Obesity Reviews publishes 6 articles which are listed below.



1. A. Mindfulness-Based Interventions for Obesity-Related Eating Behaviors: A Literature Review by O'Reilly et al
2. Implementation of pregnancy weight management and obesity guidelines: a meta-synthesis of healthcare professionals' barriers and facilitators using the Theoretical Domains Framework; Heslehurst et al.
3. Peripheral Targets In Obesity Treatment: a comprehensive update; Chatzigeorgiou et al
- 4.. Metabolically healthy obesity and risk of incident type 2 diabetes: a meta-analysis of prospective cohort studies; Bell et al
5. Dairy consumption and preschool, school-age, and adolescent obesity in developed : a systematic review and meta-analysis; Dror et al
6. Vitamin D supplementation and body weight status: a systematic review and meta-analysis of randomized controlled trials; Pathak et al.

In addition there is a Stephan's Corner on Roscoe "Fatty" Arbuckle 1887-1933 for those interested in historical aspects of Obesity.

Readers are also recommended to visit the web site on the [Wiley Online Library](#) to see published manuscripts and manuscripts in early view that will appear in the next few months.

View the latest Obesity Reviews issue [here](#).



Pediatric Obesity...

Pediatric Obesity is a leading publication which presents the latest research on obesity during childhood and adolescence. Some of the articles in this month's issue are listed below:

- 1.Prevalence of obesity and extreme obesity in children aged 3-5 years; J. C. Lo et al
- 2.Gender-assortative waist circumference in mother-daughter and father-son pairs, and its implications. An 11-year longitudinal study in children (EarlyBird 59); M. Mostaziret al
- 3.Ethnic variations in overweight and obesity among children over time: findings from analyses of the Health Surveys for England 1998-2009; S. Karlsen et al
- 4.Targeting childhood obesity in schools: an examination of the stability and utility of the Value Added Index; G. Moreno-Black et al
- 5.The metabolic inter-relationships between changes in waist circumference, triglycerides, insulin sensitivity and small, dense low-density lipoprotein particles with

acute weight loss in clinically obese children and adolescents; J. P. Hobkirk et al
6. Childhood obesity prevention and control in city recreation centres and family homes: the MOVE/me Muevo Project; J. P. Elder et al
7. Increased serum IgG and IgA in overweight children relate to a less favourable metabolic phenotype; J. Bassols et al

View the complete latest Pediatric Obesity issue and submit your work [here](#).

Follow Pediatric Obesity's Editor (@michaelgoran) on Twitter!

International Journal of Obesity

This year IJO is celebrating 10 years of publishing pediatric highlights. This quarterly section in the journal recognises some of the best pediatric obesity research worldwide.



See a pick of some of our recent key pediatric articles below:

- * Infant antibiotic exposures and early-life body mass
- * Impaired fasting glucose prevalence in two nationwide cohorts of obese children and adolescents
- * A longitudinal analysis of gross motor coordination in overweight and obese children versus normal-weight peers
- * Area-level deprivation and adiposity in children: is the relationship linear?
- * Parental support for policy measures and school-based efforts to address weight-based victimization of overweight youth
- * Time spent in sedentary behavior and changes in childhood BMI: a longitudinal study from ages 9 to 15 years
- * Association of caesarean delivery with child adiposity from age 6 weeks to 15 years

Look out for the next highlights issue publishing in July and for a special anniversary issue later in the year.

View the latest International Journal of Obesity issue [here](#).

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