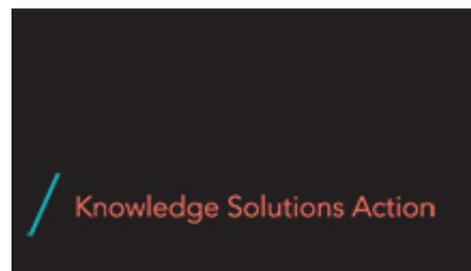


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## Dear Natasha,

Welcome to the World Obesity Federation's December newsletter. This month we bring great news about our journal Clinical Obesity, announcing its MEDLINE listing; we have a new SCOPE Fellow to introduce you to; and our policy team have been busy at healthy diet events all over the world....

And don't forget to check out this month's FREE journal articles below.

## / Top stories

### World Obesity journal to be indexed

We are pleased to announce that one of our journals, Clinical Obesity, has been selected for indexing by MEDLINE. MEDLINE will begin indexing the journal from this volume year, but older volumes will also be loaded onto PubMed.

If you have a paper you'd like to submit to Clinical Obesity - [do so now!](#)

### New journal Obesity Science & Practice now accepting submissions!



This new Wiley Open Access [journal](#) (in partnership with the Obesity Society and World Obesity) is an online-only, fully open access journal for the rapid dissemination of high quality research related to all aspects of obesity and its comorbidities. It accepts papers which cascade from four parent journals as well as direct submissions.

Obesity Science & Practice publishes papers of interest to researchers in academic, clinical, governmental and industry roles working to develop, test and refine new medical, behavioural, dietary, pharmacologic and surgical approaches to treat obesity.

Find out more and submit a paper [here](#).

## / Clinical Care

### New SCOPE National Fellow

The World Obesity Clinical Care Committee would like to congratulate Dr Abd Tahrani, a new SCOPE National Fellow.

Abd Tahrani is the lead for weight management services at Birmingham Heartlands Hospital (BHH). As part of his role he has developed obesity management guidelines for patients in the West Midlands, East Midlands and Northamptonshire region. Abd has more than 10 years' experience in obesity management and in 2007 was appointed as a Clinical Lecturer in Diabetes

and Endocrinology at the University of Birmingham and Birmingham Heartlands Hospital. He has published over 75 peer reviewed publications related to obesity and diabetes.

We are honoured to recognise his contributions to the field of obesity as a SCOPE National Fellow in the UK. Find out more about SCOPE Fellowships [here](#).

## SCOPE School London 2015

Missed on out on this year's sold out event? Registration is now open for SCOPE School 2015! Next year's programme will feature prominent speakers including Billy White, Rachel Batterham and David Heber, in addition to panel discussions and delegate case studies.



Sponsorship and exhibition is now open with some exhibition stands already sold. View the event details [online](#).

## / Policy & Prevention

### Calls for a convention on healthy diets

Our Policy & Advocacy Researcher Hannah Brinsden attended the Second International Congress on Obesity (ICN2) to promote and disseminate an open letter to the heads of the FAO and WHO calling for a legally binding treaty to protect and promote healthy diets. The letter was supported by over 330 organisations and individuals around the world and received [press coverage](#) throughout the week.

During an ICN2 side event on tackling overweight and obesity, Arnaldo de Campos, Vice Minister of Social Development and Nutrition Security gave a presentation about Brazil's nutrition strategy during which he recognised that 'further global steps are needed for the control of obesity, especially to strengthen the legal capacity of countries to protect and promote healthy eating among their populations.'

Following this, World Obesity's Policy Director Dr Tim Lobstein gave a presentation on the need for a Human Rights-based Convention on Healthy Diets at a side event of the 3rd UN Forum on Business and Human Rights, held in Geneva. The side event attracted over 70 lawyers and human rights campaigners and was sponsored by the Norwegian Centre for Human Rights. It continues the work we are contributing on this issue - [see the outcome](#) of the Oslo meeting held in September.

World Obesity will build on this momentum and continue to work on this issue with Consumers International and other civil society organisations throughout 2015.

### Global Nutrition Report published

A new Global Nutrition Report has been published by the International Food Policy Research Institute (IFPRI) which explores the issues of under and over nutrition around the world and highlights the actions and accountability mechanisms required to accelerate the world's progress on nutrition (see [here](#), page 51).

The [INFORMAS project](#), which aims to monitor and benchmark food environments, was highlighted as an example of action that can be taken to improve accountability within food environment policies. Specifically the [report](#) highlights Food-Epi, a new tool which monitors and benchmarks government policies related to food environments so as to reduce obesity and NCDs.

## / Data Portal

### Updates to Obesity Data Portal

This month we have updates available for adults in Bahrain, England, Iran, Lebanon, Libyan Arab Jamahiriya, Palestine, Qatar, Scotland and Wales (self report data not in maps). In adolescents we have an update in Tunisia.

You can view these updates, tables, charts and maps in our data portal [here](#) or view current prevalence maps [here](#).

## / Events

## Obesity & Pregnancy: Save the date!



World Obesity is pleased to announce that our next Hot Topic conference 'Obesity and Pregnancy' will take place in London from the 29-30th October 2015.

Details on this exciting Hot Topic conference are now available online. View the registration rates, abstract submission and scientific committee [here](#).

The event will include interactive poster sessions and oral presentations, with a competition for the best poster/oral presentations, so save the date and don't miss out on the chance to be involved in what promises to be a must attend conference of 2015!

## ICO 2016

Book your exhibition booth at ICO 2016 in Vancouver now! There are a large range on options to suit every organisation and budget. Don't miss out on the chance to get involved in World Obesity's flagship congress. The exhibition and sponsorship prospectus is available to view [online](#).



Visit our [ICO 2016 webpages](#) to view the latest registration, abstract submission and scientific programme updates!

**Please note:** there is a conference called "ICO 2015: XIII International Conference on Obesity," taking place in London in 2015. Please be aware that this event has no association with the World Obesity Federation, and is not being organised by us. [Our next ICO event](#) (our thirteenth International Congress on Obesity) will take place in Vancouver in May 2016.

## ICO 2018

We are looking for a host nation in Latin America for ICO 2018. For further information and to apply, please visit our [website](#).

## Stock Conferences

Would you like to suggest an idea for a Stock Conference?

These small conferences bring together a select group of specialists, including a number of junior researchers, to discuss an obesity-related topic. For further information, please click [here](#)

## / Journals



### Clinical Obesity...

The Decemberber edition contains a mix of reviews and original articles.

Read this issue's FREE article now:

[Antibiotic dosing in obesity: the search for optimum dosing strategies](#); C. E. Tucker et al

Participate today! Submit your paper via our online peer-review system [here](#).

View the latest Clinical Obesity issue [here](#).

### Obesity Reviews...

This month's FREE articles:

1. [Active ingredients from natural botanicals in the treatment of obesity](#); W.-L. Zhang et al

2. [Effect of changes to the school food environment on eating behaviours and/or body weight in children: a systematic review](#);  
C. E. Driessen et al

View the latest Obesity Reviews issue [here](#).



## Pediatric Obesity...

Pediatric Obesity is a leading publication presenting the latest research on obesity during childhood and adolescence.

You can access 2 FREE articles now:

1. [IQ and obesity in adolescence: a population-based, cross-sectional study](#);  
S. Goldberg et al
2. [Parental stress increases body mass index trajectory in pre-adolescents](#); K. Shankardass et al

View the complete latest Pediatric Obesity issue and submit your work [here](#).

Follow Pediatric Obesity's Editor ([@michaelqoran](#)) on Twitter!

## International Journal of Obesity

The International Journal of Obesity (IJO) provides a multi-disciplinary forum for basic, clinical and applied studies focusing on obesity and related disorders.

See below for our FREE articles this month:

[A systematic review of the effectiveness of individual, community and societal-level interventions at reducing socio-economic inequalities in obesity among adults](#); F C Hillier-Brown et al

[Evidence for greater production of colonic short-chain fatty acids in overweight than lean humans](#); S Rahat-Rozenbloom et al

[Prevalence of obesity was related to HLA-DQ in 2-4-year-old children at genetic risk for type 1 diabetes](#); J Yang et al

View the latest International Journal of Obesity issue [here](#).

Don't forget, as a World Obesity member you can receive the International Journal of Obesity at a [heavily discounted rate](#).



## / Other News and events

### ASO Conference: Satiety - from origins to applications

This [conference](#) takes place in London, 3 March 2015.

### UK Congress on Obesity 2015

This [ASO event](#) takes place 9-11 September 2015 in Glasgow.

### New Online MSc in Global Public Health Nutrition

Metropolitan University College Copenhagen, Denmark, is planning to develop a digital learning MSc in Global Public Health Nutrition (estimated start date September 2016). If you would like to express your support, please complete this 3 question [survey](#).

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