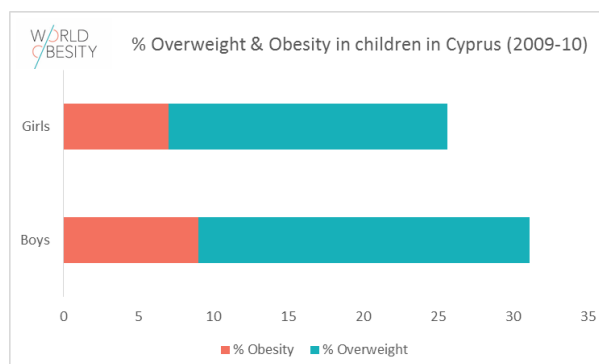
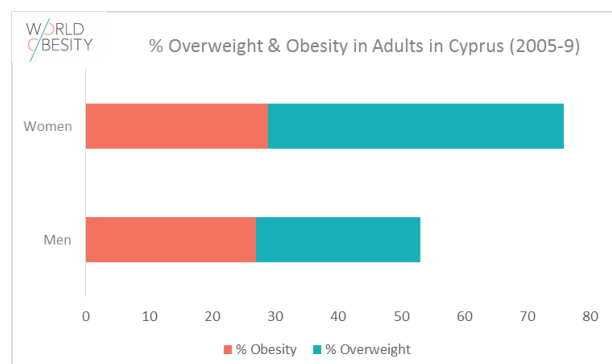


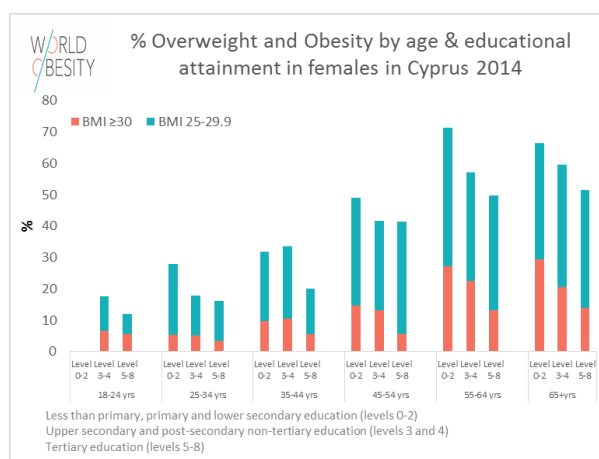
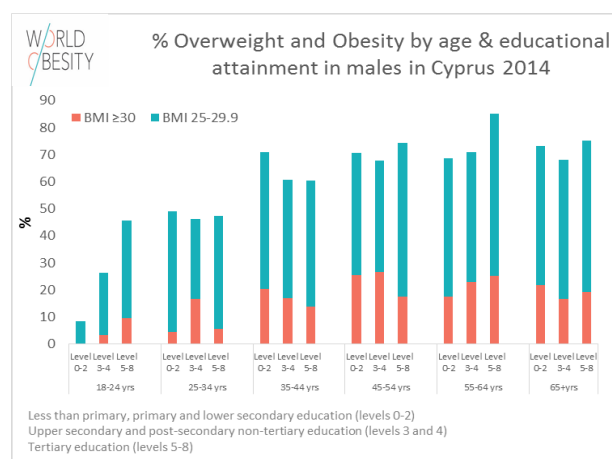
POPULATION: 1,165,300

GINI INDEX: 34.31

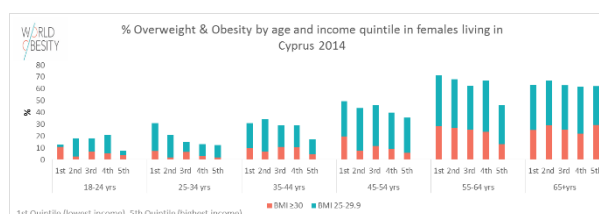
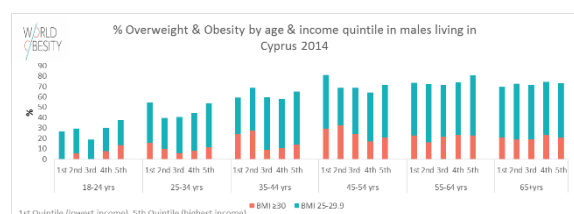
## General Overweight & Obesity Prevalence (%)



## By Age & Education



## By Age & Income

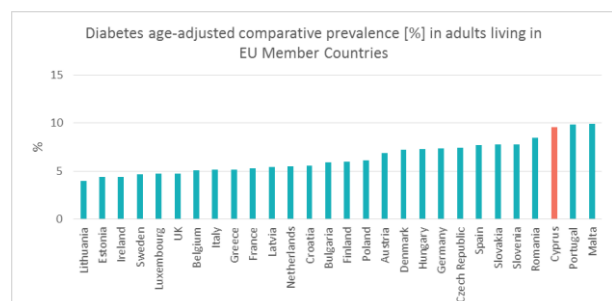


## Drivers

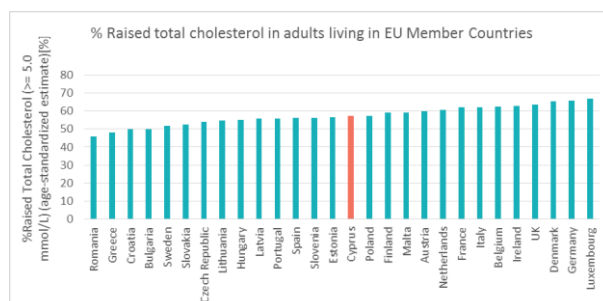
Currently no data available if you are aware of any please email [obesity@worldobesity.org](mailto:obesity@worldobesity.org)

## Impact

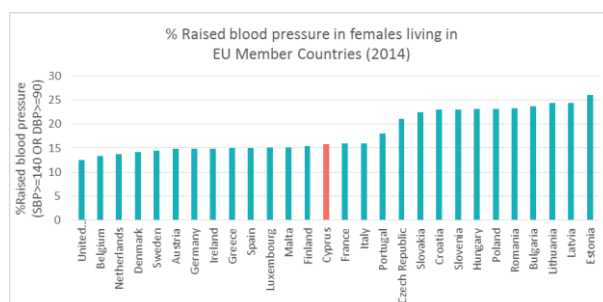
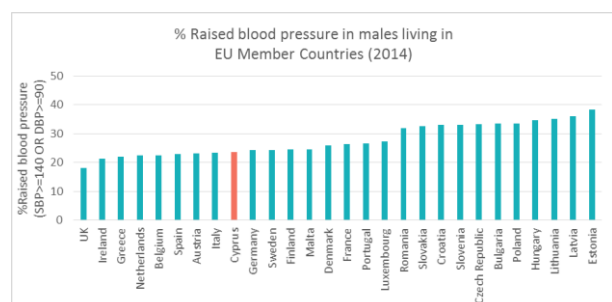
### Diabetes (Type I & II)



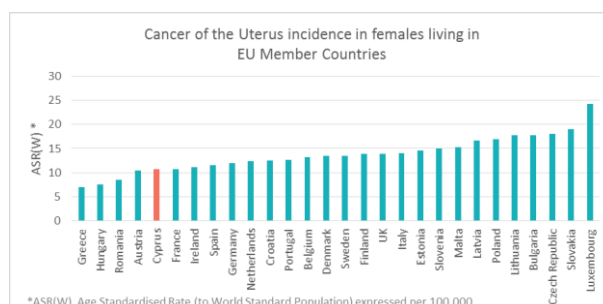
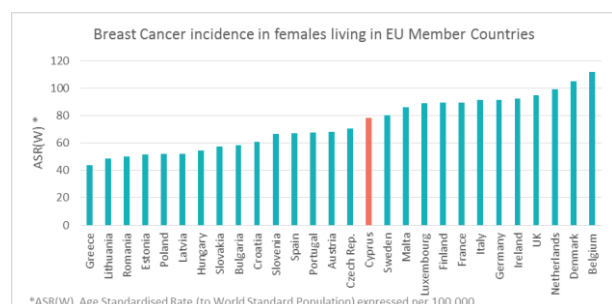
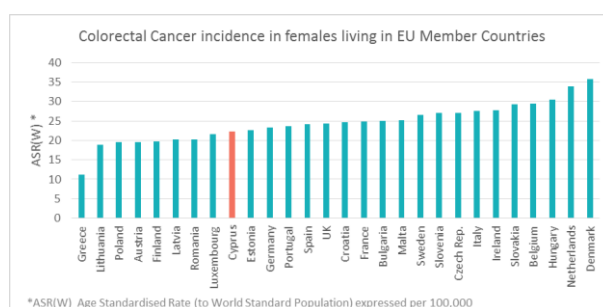
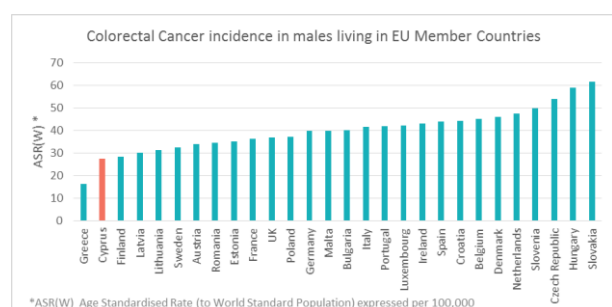
### High Cholesterol



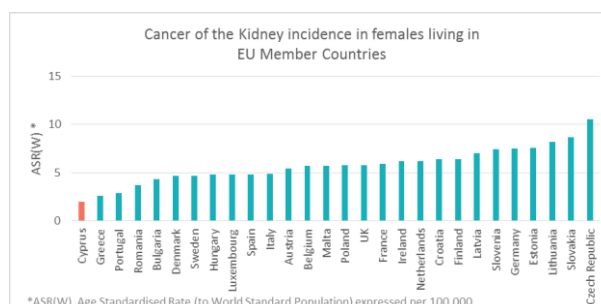
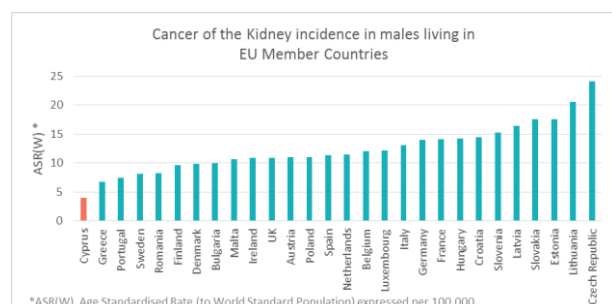
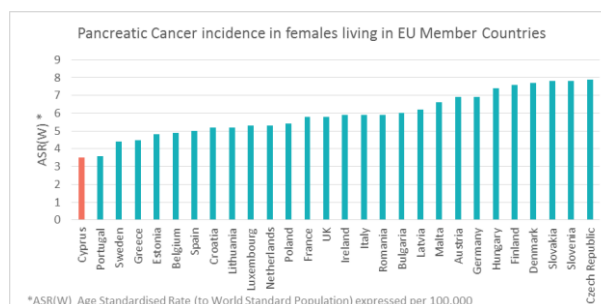
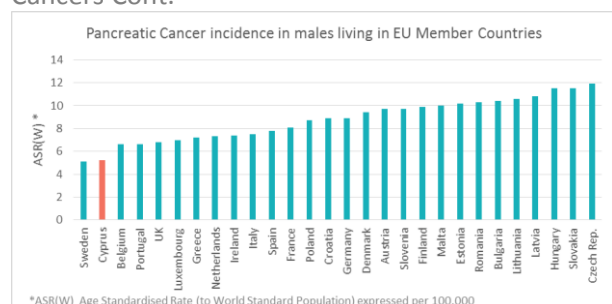
### Raised Blood Pressure



### Cancers



## Cancers Cont.



## Policies & Interventions

<u>Regulation (EU) No 1169/2011</u>	The new EU Regulation 1169/2011 on the provision of food information to consumers considerably changes existing legislation on food labelling.
<u>Action Plan for implementation of the European Strategy for the Prevention and Control of Non communicable Diseases 2012–2016</u>	It identifies priority action areas and interventions for countries to focus on over the next five years (2012–2016), as they implement the European Strategy for the Prevention and Control of Non-communicable Diseases.
<u>National Nutrition Action Plan</u>	The strategy includes a plan of action regarding marketing pressure to children.
<u>Diabetes Strategic Plan</u>	The Plan (2016–2020) is based on 5 pillars: Prevention and health promotion, Diagnosis and Treatment, Rehabilitation Services, Research and Documentation/diabetes registry.
<u>National nutrition and exercise guidelines</u>	This document provides information about healthy eating and physical activity targeting the general population of Cyprus.
<u>IDEFICS - Identification and prevention of Dietary and lifestyle-induced Health Effects In Children and Infants</u>	The study delivered data to make an international assessment of the problem of "obesity in children" possible. The focus of the IDEFICS Study lied in exploring the risks for overweight and obesity in children as well as associated long-term consequences. IDEFICS also offered activities for health promotion and prevention in kindergartens and schools. These prevention programmes were developed, implemented and evaluated within the IDEFICS Study. Participating countries included Belgium, Cyprus, Denmark, Estonia, France, Germany, Hungary, Italy, Spain, Sweden and UK.
<u>Physical activity strategy for the WHO European Region 2016-2025</u>	The strategy focuses on physical activity as a leading factor in health and well-being in the European Region, with particular attention to the burden of non-communicable diseases associated with insufficient activity levels and sedentary behaviour. It aims to cover all forms of physical activity throughout the life-course.
<u>The European Food and Nutrition Action Plan 2015-2020</u>	The aim on this action plan is to significantly reduce the burden of preventable diet-related non-communicable diseases, obesity and all other forms of malnutrition that are still prevalent in the WHO European Region.
<u>European charter on counteracting obesity</u>	To address the growing challenge posed by the epidemic of obesity to health, economies and development, the Ministers and delegates attending the WHO European Ministerial Conference on

	Counteracting Obesity (Istanbul, Turkey, 15–17 November 2006) adopted the European Charter on Counteracting Obesity. The process of developing the Charter involved different government sectors, international organizations, experts, civil society and the private sector through dialogue and consultations
<u>Code on marketing food and non-alcoholic beverages to children</u>	Code on marketing to children
<u>WHO European Action Network on reducing marketing pressure on children</u>	Currently 28 countries participating in the WHO European Action Network on reducing marketing pressure on children, all of which have a joint interest in finding ways to reduce the marketing pressure of high salt, energy-dense, micronutrient-poor foods and beverages towards children



Data compiled September 2016.

Produced with the support of an operational grant under the European Commission's Third Health Programme. The European Commission is not responsible for any use that may be made of the material arising

## Sources

Overweight & Obesity %	Data sources available at <a href="http://www.worldobesity.org/resources/">www.worldobesity.org/resources/</a>
Population Estimates	UN Population Estimates, United Nations, <a href="http://esa.un.org/unpd/wpp/">http://esa.un.org/unpd/wpp/</a>
Diabetes estimates 2015	Reproduced with kind permission of IDF, Diabetes Estimates 2015, IDF, <a href="http://www.diabetesatlas.org/resources/2015-atlas.html">http://www.diabetesatlas.org/resources/2015-atlas.html</a>
Worldwide GINI Index	Worldwide GINI Index, Central Intelligence Agency - World Fact Book, <a href="https://www.cia.gov/library/publications/the-world-factbook/rankorder/2172rank.html">https://www.cia.gov/library/publications/the-world-factbook/rankorder/2172rank.html</a> (last accessed 19th January 2016)
Physical Inactivity estimates	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A893?lang=en">http://apps.who.int/gho/data/node.main.A893?lang=en</a>
Raised Fasting Glucose	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A869?lang=en">http://apps.who.int/gho/data/node.main.A869?lang=en</a>
Raised BP	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A875?lang=en">http://apps.who.int/gho/data/node.main.A875?lang=en</a>
Raised cholesterol	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A885">http://apps.who.int/gho/data/node.main.A885</a>
Cancer incidence rates	Cancer incidence rates, GLOBOCAN, IARC, <a href="http://globocan.iarc.fr/Pages/online.aspx">http://globocan.iarc.fr/Pages/online.aspx</a>
EUROMONITOR FOOD INTAKES	Estimates calculated by World Obesity Federation based on Euro monitor food intake data. Euro monitor, <a href="http://www.euromonitor.com">http://www.euromonitor.com</a>