Croatia

POPULATION: 4,240,317
GINI INDEX: 31.98

Key Statistics

General Overweight & Obesity Prevalence (%)

By Age & Education

Drivers

Sugar

Vegetables
Croatia

Insufficient Activity

% Insufficiently active male adolescents living in EU Member Countries (2010)

% Insufficiently active female adolescents living in EU Member Countries (2010)

% Insufficiently active male adults living in EU Member Countries (2010)

% Insufficiently active female adults living in EU Member Countries (2010)

Confectionery

Sweet & Savoury Snacks

Fruit

Soft Drinks
Croatia

Impact

**Diabetes (Type I & II)**

*Diabetes age-adjusted comparative prevalence [%] in adults living in EU Member Countries*

**High Cholesterol**

*% Raised total cholesterol in adults living in EU Member Countries*

**Raised Blood Pressure**

*% Raised blood pressure in males living in EU Member Countries (2014)*

*% Raised blood pressure in females living in EU Member Countries (2014)*

**Cancers**

*Colorectal Cancer incidence in males living in EU Member Countries*

*Colorectal Cancer incidence in females living in EU Member Countries*

*Breast Cancer incidence in females living in EU Member Countries*

*Cancer of the Uterus incidence in females living in EU Member Countries*
Cancers Cont.

Policies & Interventions

**Regulation (EU) No 1169/2011**

The new EU Regulation 1169/2011 on the provision of food information to consumers considerably changes existing legislation on food labelling.

**Action Plan for implementation of the European Strategy for the Prevention and Control of Non communicable Diseases 2012–2016**

It identifies priority action areas and interventions for countries to focus on over the next five years (2012–2016), as they implement the European Strategy for the Prevention and Control of Non-communicable Diseases.

**Joint Action on Nutrition and Physical Activity (JANPA)**

The overall aim of the project is to contribute to halting the rise of overweight and obesity in children and adolescents by 2020.

**Dietary guidelines**

A set of dietary guidelines

**The National Strategy for the Implementation of the School Fruit and Vegetable Scheme**

The strategy aims to permanently increase the share of fruit and vegetables in the nutrition of school children in order to prevent early-onset obesity and other diseases caused by inadequate nutrition.

**National Action Plan for Overweight Prevention and Treatment**

The Action Plan aims to encourage the extension and intensity of the activities related to health promotion and prevention of chronic diseases, and the complexity of the causes and consequences of excess body weight. (NOPA)

**Walking to health**

The goals of this community activity are to raise awareness and inform the citizens of Croatia (of all ages) about the positive aspects of physical activity, and to offer and run an organised group walking (circular route) on a regular basis.

**Physical activity strategy for the WHO European Region 2016-2025**

The strategy focuses on physical activity as a leading factor in health and well-being in the European Region, with particular attention to the burden of non-communicable diseases associated with insufficient activity levels and sedentary behaviour. It aims to cover all forms of physical activity throughout the life-course.

**The European Food and Nutrition Action Plan 2015-2020**

The aim on this action plan is to significantly reduce the burden of preventable diet-related non-communicable diseases, obesity and all other forms of malnutrition that are still prevalent in the WHO European Region.

**European charter on counteracting obesity**

To address the growing challenge posed by the epidemic of obesity to health, economies and development, the Ministers and delegates attending the WHO European Ministerial Conference on
Croatia

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<th>Code on marketing food and non-alcoholic beverages to children</th>
<th>Code on marketing to children</th>
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<tr>
<td>WHO European Action Network on reducing marketing pressure on children</td>
<td>Currently 28 countries participating in the WHO European Action Network on reducing marketing pressure on children, all of which have a joint interest in finding ways to reduce the marketing pressure of high salt, energy-dense, micronutrient-poor foods and beverages towards children</td>
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