

# ICO 2016

1-4 MAY 2016  
VANCOUVER  
CANADA

POCKET  
PROGRAMME



World Obesity Federation and Canadian Obesity Network are extremely happy to welcome everyone to the International Congress on Obesity (ICO) 2016. This will be our thirteenth congress and the first time we have been back to Canada, since the seventh ICO, which was held in Toronto 1994.

There have been many changes since that meeting both in obesity research and in people's perceptions of obesity. One thing that hasn't changed is World Obesity's position at the forefront of the ever changing landscape of obesity research, policy and education.

For ICO 2016 we have brought together over 200 of the leading voices in obesity to speak within six subject tracks which include 'From Genes to Cells', 'From Cells to Integrative Biology', 'Determinants, Assessments and Consequences', 'Clinical Management' and 'Populations and Population Health'. In addition to the 200 plus talks we have over 700 poster presentations and delegates from over 80 countries making ICO 2016 a truly international Congress with unrivalled networking and breaking research! Add to this the award winning Plenary Lecturers, the 5k Fun Run and all the other aspects of our 'Healthy Meeting' offering and you have an ICO to remember.

We wish you an enjoyable, productive and healthy ICO.



**Walmir Coutinho**  
*President,  
World Obesity  
Federation*



**Arya Sharma**  
*Scientific Director  
of Canadian Obesity  
Network and  
ICO 2016 President*

WELCOME TO  
VANCOUVER

## REGISTRATION DESK OPENING HOURS

The ICO 2016 Registration desk is located in the Vancouver Convention Centre East Building Lobby.

The opening hours are as follows: -

Saturday 30th April:	14:00 – 18:00
Sunday 1st May:	07:00 – 17:30
Monday 2nd May:	07:00 – 17:30
Tuesday 3rd May:	07:00 – 17:30
Wednesday 4th May:	07:00 – 16:45

## EXHIBITION OPENING HOURS

Sunday 1st May:	12:30 - 19:30
Monday 2nd May:	10:30-16:15
Tuesday 3rd May:	10:30-16:45
Wednesday 4th May:	10:30-16:45

## LUNCH AND REFRESHMENTS

Morning Coffee Break Hours	
Monday – Wednesday:	10:00 - 10:30
Lunch Break Hours	
Sunday – Wednesday:	12:30 – 14:30
Afternoon Break Hours	
Sunday – Wednesday:	16:15 – 16:45

## DELEGATE BADGES REPLACEMENTS

An administration fee of £10GBP or \$20CAD will be charged to replace any misplaced badges.

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1 - 4  
MAY  
2016

## PLAN KEY



Elevator



Service Elevator



Steps



Escalators



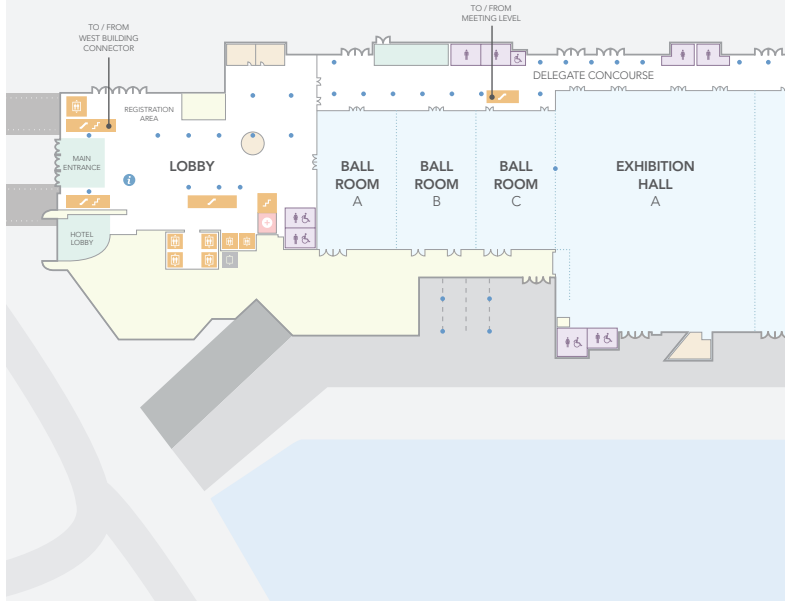
First Aid



Information desk



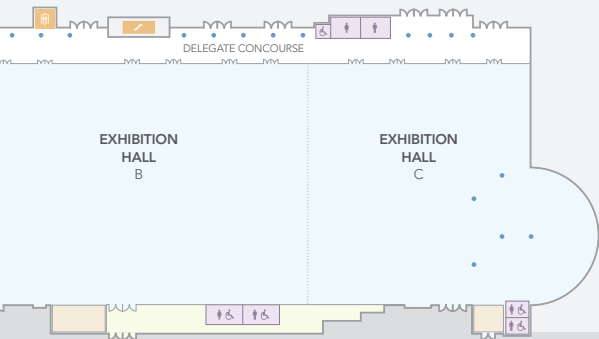
Male Female Disabled Toilets



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# EAST CONVENTION LEVEL PLAN

NORTH ▲



## PLAN KEY



Elevator



Service Elevator



Steps



Escalators



First Aid



Information desk



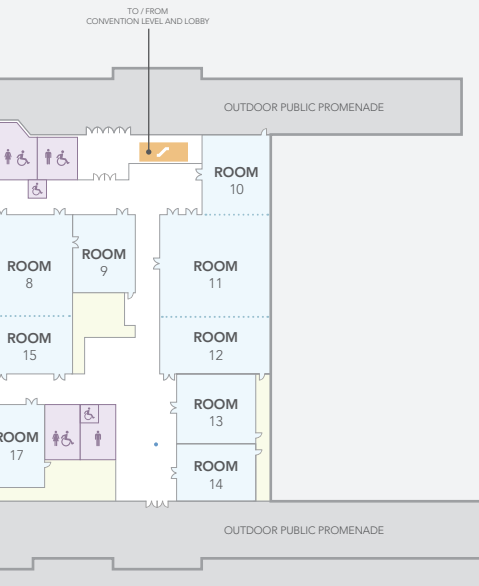
Male Female Disabled Toilets



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# EAST MEETING LEVEL PLAN

NORTH ▲



# SATURDAY / 30<sup>TH</sup> APRIL

## Registration

**Start 14:00 End 18:00 Room** Vancouver East Lobby

# SUNDAY / 1<sup>ST</sup> MAY

## Registration

**Start 07:00 End 17:30 Room** Vancouver East Lobby

## *Short Welcome followed by Willendorf Award Plenary*

**Start 09:30 End 10:30 Room** Exhibition Hall A

## *Track 1: Origins and Functions of Adipocytes*

**Start 10:30 End 12:30 Room** Ballroom C

## *Track 2: Peripheral Organ Influences on the Central Control of Energy Balance*

**Start 10:30 End 12:30 Room** Exhibition Hall A

## *Track 3: Sleep and Circadian Rhythms*

**Start 10:30 End 12:30 Room** Ballroom B

## *Track 5: Maternal Health and Healthy Offspring*

**Start 10:30 End 12:30 Room** Ballroom A

## *Track 6: The Delivery of Health Services*

**Start 10:30 End 12:30 Room** Parkview Terrace

## Lunch & Poster Session

**Start 12:30 End 14:30 Room** Exhibition Hall B

## *CON Symposium - EveryBODY Matters: Addressing weight stigma in research, practice, and policy*

**Start 12:30 End 14:30 Room** Ballroom B



## *Track 1: Genes, epigenomics and nutrigenomics*

**Start 14:30 End 16:15 Room** Ballroom C

## *Track 3: Novel causes and contributors to obesity*

**Start 14:30 End 16:15 Room** Ballroom A

## *Track 4: Exercise and obesity*

**Start 14:30 End 16:15 Room** Exhibition Hall A

## *Track 5: Prevention of Obesity*

**Start 14:30 End 16:15 Room** Ballroom B



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**Track 6: Changing policy**

**Start 14:30 End 16:15 Room** Parkview Terrace

**Refreshment Break**

**Start 16:15 End 16:45 Room** Exhibition Hall B

**Opening Ceremony**

**Start 16:45 End 17:30 Room** Exhibition Hall A

**Welcome Reception**

**Start 17:30 End 19:30 Room** Exhibition Hall B

# MONDAY / 2<sup>ND</sup> MAY

**IFSO Sponsored Symposium -  
Metabolic Surgery unchained: BMI is secondary**

**Start 07:00 End 08:45 Room** Ballroom A



**OMA Sponsored Symposium - Need Results?  
Time to consult an Obesity Medicine Specialist**

**Start 07:30 End 08:45 Room** Ballroom B



**Plenary**

**Start 09:00 End 10:00 Room** Exhibition Hall A

**Refreshment Break**

**Start 10:00 End 10:30 Room** Exhibition Hall B

**Track 1: Mitochondria and Disease**

**Start 10:30 End 12:30 Room** Ballroom C

**Track 2: Brain Circuits and Energy Balance**

**Start 10:30 End 12:30 Room** Ballroom A

**Track 3: Sitting, Standing, Running**

**Start 10:30 End 12:30 Room** Exhibition Hall A

**Track 4: Advances in Pharmacotherapy**

**Start 10:30 End 12:30 Room** Parkview Terrace

**Track 5: Home Environment and Influences of the  
Wider Environment**

**Start 10:30 End 12:30 Room** Ballroom B

**New Investigator Award**

**Start 10:30 End 12:30 Room** Parkview Terrace - Rooms 2&3

**Lunch & Poster Session**

**Start 12:30 End 14:30 Room** Exhibition Hall B

# MONDAY / 2<sup>ND</sup> MAY

*Novo Nordisk Sponsored Symposia - Changing perceptions of obesity and its related comorbidities*  
**Start 13:00 End 14:30 Room Ballroom B**



*Track 1: White adipose tissue: development, products and function*  
**Start 14:30 End 16:15 Room Ballroom C**

*Track 2: Central and peripheral regulation of appetite and energy balance*

**Start 14:30 End 16:15 Room Parkview Terrace**

*Track 3: Consequences and complications of obesity*  
**Start 14:30 End 16:15 Room Ballroom A**

*Track 5: Epidemiology*  
**Start 14:30 End 16:15 Room Ballroom B**

*Track 6: Community interventions*  
**Start 14:30 End 16:15 Room Exhibition Hall A**

*Refreshment Break*  
**Start 16:15 End 16:45 Room Exhibition Hall B**

# TUESDAY / 3<sup>RD</sup> MAY

*IJO Sponsored Symposium - How to get published*  
**Start 07:30 End 08:45 Room Ballroom B**



*Plenary - Andre Meyer Award*  
**Start 09:00 End 10:00 Room Exhibition Hall A**

*Refreshment Break*  
**Start 10:00 End 10:30 Room Exhibition Hall B**

*Track 1: Epigenetics in Obesity*  
**Start 10:30 End 12:30 Room Exhibition Hall A**

*Track 2: Human Brown Fat Thermogenesis Track*  
**Start 10:30 End 12:30 Room Ballroom B**

*Track 4: Novel Insights from Bariatric Surgery*  
**Start 10:30 End 12:30 Room Parkview Terrace**

*Track 5: Special Populations and Indigenous Health*  
**Start 10:30 End 12:30 Room Ballroom C**

**Track 6:** *The Costs of Obesity: Labour, Productivity and Healthcare*

**Start 10:30 End 12:30 Room** Ballroom A

**Lunch & Poster Session**

**Start 12:30 End 14:30 Room** Exhibition Hall B

**Slimming World Sponsored Symposium -  
Weight management in a digital world**

**Start 12:30 End 14:30 Room** Ballroom B

*Slimming World*

**Track 1:** *Molecular and cellular biology of non-adipocytes*

**Start 14:30 End 16:15 Room** Parkview Terrace

**Track 2:** *Microbiota and obesity & obesity-related disease*

**Start 14:30 End 16:15 Room** Exhibition Hall A

**Track 3:** *Inflammation*

**Start 14:30 End 16:15 Room** Ballroom B

**Track 4:** *Pharmacotherapy*

**Start 14:30 End 16:15 Room** Ballroom C

**Track 6:** *Sociological and urban aspects of obesity*

**Start 14:30 End 16:15 Room** Ballroom A

**Refreshment Break**

**Start 16:15 End 16:45 Room** Exhibition Hall B

**Debate Session:** *This house agrees that you can determine the character of a nation from what it eats*

**Start 16:45 End 17:30 Room** Exhibition Hall A

**Gala Dinner**

**Start 19:00 End 22:00 Room** Parkview Terrace

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**WEDNESDAY / 4<sup>TH</sup> MAY**

**World Obesity Policy & Prevention Symposium**

**Start 07:30 End 08:50 Room** Ballroom B

WORLD  
OBESITY / POLICY & PREVENTION  
SYMPOSIUM

**Plenary - Public Health Award**

**Start 09:00 End 10:00 Room** Exhibition Hall A

**Refreshment Break**

**Start 10:00 End 10:30 Room** Exhibition Hall B

# WEDNESDAY / 4<sup>TH</sup> MAY

*Track 1: Adipose Inflammation & Remodeling*

**Start 10:30 End 12:30 Room** Parkview Terrace

*Track 2: Gut Microbiome and Obesity*

**Start 10:30 End 12:30 Room** Exhibition Hall A

*Track 3: Cancer and Obesity*

**Start 10:30 End 12:30 Room** Ballroom A

*Track 4: Inflammation Causes and Control*

**Start 10:30 End 12:30 Room** Ballroom C

*Track 6: Role for Government Taxation and Regulation Strategies*

**Start 10:30 End 12:30 Room** Ballroom B

*Lunch & Poster Session*

**Start 12:30 End 14:30 Room** Exhibition Hall B

*IMP Sponsored Symposium -*

*A targeted approach to long-term weight control*

**Start 12:45 End 14:15 Room** Ballroom B



*Track 1: Brown and beige fat*

**Start 14:30 End 16:15 Room** Ballroom C

*Track 3: Surgery*

**Start 14:30 End 16:15 Room** Parkview Terrace

*Track 4: Maternal status and obesity programming*

**Start 14:30 End 16:15 Room** Ballroom B

*Track 5: Obesity in children and adolescents*

**Start 14:30 End 16:15 Room** Exhibition Hall A

*Track 6: Multidisciplinary interventions & treatments*

**Start 14:30 End 16:15 Room** Ballroom A

*Refreshment Break*

**Start 16:15 End 16:45 Room** Exhibition Hall B

*Breaking Plenary & Closing Session*

**Start 16:45 End 17:30 Room** Exhibition Hall A

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*Slimming World*



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Try Canada's freshest sushi at Ebisu Sushi



Stanley Park

## Sunday 1st May 2016

20:00-22:00 - *Sushi Social*  
*Meeting Place: Ebisu Sushi*  
*on Robson (827 Bute St,*  
*Vancouver, BC - Corner of*  
*Bute St & Robson*

Join your fellow delegates for dinner at Ebisu Sushi. You will have the opportunity to try some of Canada's freshest sushi, and get to know other delegates from around the world. Dinner and drinks available at own expense (dinner options \$9-\$20).

## Monday 2nd May 2016

6:00-7:00am *Walk/Run to*  
*English Bay Beach*

Rise and shine to a 5 km walk/run through Vancouver's downtown and ending at the beautiful English Bay Beach. Meet up with your walk/run leader at 5:50 in the VCC

lobby for our 6:00 departure. An Urban Poling instructor/guide will be available for those who would like to try Nordic Walking.

## Monday 2nd May 2016

18:45-21:30 - *Sunset*  
*Patio Dinner & Drinks*  
*Meeting Place: Vancouver*  
*Convention Centre –*  
*East Building*

Join us at the Tap & Barrel (1055 Canada Place, Vancouver, BC-Waterfront of convention centre) conveniently located, with a great patio overlooking the harbour and mountains. Enjoy dinner and drinks as the sun sets. Dinner and drinks available at own expense (dinner options \$14-\$25). SNP guides will be ready to meet you in

the Vancouver Convention Centre lobby at 18:45 for our 18:55 departure.

## Tuesday 3rd May 2016

16:20-18:00 - *Walk to*  
*Stanley Park*  
*Meeting Place:*  
*Vancouver Convention*  
*Centre – East Building*

No trip to Vancouver is complete without a walk through magnificent Stanley Park. Stanley Park is a 1000 acre public park that borders the downtown of Vancouver and is almost entirely surrounded by water! After the conference, SNP guides will meet you outside the Vancouver Convention Centre at 16:20 and will head on out at 16:30 to walk through the park before dinner.

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# SOCIAL PROGRAMME



*East Building exterior*

## **Tuesday 3rd May**

**19:00 – 22:00 – ICO 2016**

**Gala Dinner, Vancouver  
Convention Centre**

Join researchers and industry stakeholders from across the globe in this exciting networking opportunity. Taking place at the Vancouver Convention Centre, the ICO 2016 Gala Dinner will include a delicious three course meal featuring West Coast delicacies, wine and an evening of entertainment.

Gala Dinner tickets are limited and are allocated on a first come first serve basis. Tickets are £55 per person. Please see the onsite registration desk if you would like to purchase a ticket for this.

## **Tuesday 3rd May**

**19:30 - 22:00 CON-SNP**

**Social at New Oxford in  
Yaletown**

Enjoy a night on the town in chic Yaletown at the New Oxford (1144 Homer St, Vancouver, BC- Homer St & Davie St). The New Oxford is a trendy English Pub that features local craft brews. Our dinner reservation is at 7:30 pm; join your fellow SNPs for food, drink and lively conversation! Dinner and drinks are available at own expense (Minimum spend: \$15 + tax/gratuity). SNP guides will be ready to meet you at the convention centre at 18:50 for our 19:00 departure.

## ICO 2016 Mobile App

To access the most up to date congress programme, full abstract and speaker info, check session rooms, sponsorship and exhibitor information and much more, visit our website <http://goo.gl/AlHp9C> to download the free mobile app.

## Internet Access

World Obesity are providing free wireless internet to ICO delegates. Inside the exhibition hall delegates will need to log in via the network ICO-2016 and by clicking 'connect'.

Outside of the exhibition hall delegates can access the complimentary wi-fi by logging into the network ICO 2016.

## Posters

Posters will be displayed in two sessions on either, Sunday and Monday lunchtimes or Tuesday and Wednesday lunchtimes. Posters must be mounted by 12:30pm on either the Sunday or Tuesday depending on your poster sessions allocation. They must be removed by 4:45pm on either the Monday or the Wednesday.

## Accreditation and Certification

Attendance at ICO 2016 provides:-

- 4 SCOPE Points
- 16 CPD Points

Delegates that attend the conference will be able to view their SCOPE and CPD points and download their attendance certificate two weeks after the congress by logging into the SCOPE E-learning portal. Usernames and passwords will be sent to attendees along with the congress feedback form after the congress.

## Speakers

The Speaker Preview room is located on the meeting room level in Meeting Room 5.

Speakers must submit their slides in the speaker preview room at least two hours prior to the start of their sessions. Speakers who are presenting in an early morning session should check in their visual material the day before their presentation.

Chairpersons and speakers should ensure that they are in the relevant lecture room at least fifteen minutes prior to the start of the session.

## Disclaimer

The congress organiser reserves the right to amend the Congress Programme at any time without notice.