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Second-line nintedanib + docetaxel for patients with lung adenocarcinoma after first-line chemo-immunotherapy treatment: Updated efficacy and safety results from VARGADO Cohort C

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Background

Treatment strategies for patients with advanced non-small cell lung cancer (NSCLC) without targetable driver mutations have changed significantly during the last decade. Immune checkpoint inhibitors (ICIs), with or without chemotherapy, have become the first-line (1L) standard of care. Limited clinical data is available to help guide treatment decisions for treatment post-progression. Nintedanib (Vargatef®) is an oral triple angiokinase inhibitor targeting the vascular endothelial growth factor receptor (VEGFR), platelet-derived growth factor receptor (PDGFR), and fibroblast growth factor receptor (FGFR) pathways. It is approved in the EU and other countries in combination with docetaxel for the treatment of advanced adenocarcinoma NSCLC after progression on 1L chemotherapy.

Methods

This updated analysis is part of the ongoing, prospective, non-interventional VARGADO study (NCT02392455) of nintedanib plus docetaxel. The current analysis includes efficacy and safety results from 137 patients (pts) with adenocarcinoma NSCLC who received second-line (2L) nintedanib plus docetaxel after prior 1L chemo-ICI treatment (Cohort C).

Results

In this cohort, the median age was 63 years (range: 37–84); 80 pts (58.4%) were men, and 98 pts (71.5%) had an ECOG PS 0/1. 127 pts (92.7%) had received prior 1L pembrolizumab-based combination therapy. Objective response rate with 2L nintedanib plus docetaxel was 37.5% (30/80 pts), disease control rate was 72.5% (58/80 pts), and median progression-free survival was 4.8 months (95% confidence interval: 3.7–6.6). Grade ≥3 treatment-emergent adverse events (TEAEs), serious TEAEs, and TEAEs leading to treatment discontinuation were observed in 62 pts (45.3%), 50 pts (36.5%) and 40 pts (29.2%), respectively.

Conclusions

These results suggest that 2L nintedanib plus docetaxel represents an effective treatment option with a manageable safety profile in pts with advanced adenocarcinoma NSCLC following progression on 1L chemo-immunotherapy.

Clinical trial identification

NCT02392455.

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