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Darolutamide maintenance in metastatic castration resistant prostate cancer (mCRPC) previously treated with novel hormonal agents (NHA) and non-progressive disease after subsequent treatment with a taxane: A randomized double-blind placebo-controlled phase II trial (SAKK 08/16)

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Background

Treatment options for patients (pts) with mCRPC have evolved with introduction of NHAs. We hypothesize that maintenance treatment with Darolutamide (Daro) for pts with disease stabilization under chemotherapy after pretreatment with another NHA can delay disease progression.

Methods

SAKK 08/16 is a randomized placebo-controlled double-blind phase 2 study. Pts with mCRPC and prior NHA therapy and non-progressive disease on taxane (docetaxel $\geq 300\text{mg/m}^2$ or cabazitaxel $\geq 80\text{mg/m}^2$) were eligible. Pts received Daro 600mg bd or placebo bd starting 2-8 weeks (wks) after end of taxane. Primary endpoint: radiographic progression-free survival at 12 wks (rPFS12). Secondary endpoints: rPFS, event-free survival (EFS), overall survival (OS), PSA 50% response (PSA50 RR), adverse events (AE). 88 pts were needed to show superiority of Daro for rPFS12 (type I error 15%, power 80%).

Results

92 pts were accrued between 3/17 – 11/20. Median follow-up is 18 months (mo). Median age was 72 years (55-87). Prior taxane was docetaxel in 93% and cabazitaxel in 7%. Prior NHA was Abiraterone in 60%, Enzalutamide in 31% and both in 9%. rPFS12 was significantly improved with Daro 64.7% vs placebo 52.2% ($p=0.127$, below significance level of 0.15). Median rPFS on Daro was 5.5 mo vs 4.5 mo on placebo (HR 0.54; 95% CI 0.32-0.91; $p=0.017$) and median EFS 5.4 mo vs 2.9 mo (HR 0.46; 95% CI 0.29-0.73; $p=0.001$). PSA50 RR was 22% on Daro vs 4% on placebo ($p=0.014$). Median OS on Daro was 24 mo vs 21.3 mo on placebo (HR 0.62; 95% CI 0.3-1.26; $p=0.181$). Treatment related AEs were mild and similar in both arms (Daro vs placebo): G1 26% vs 22%, G2 13% vs 15%, G3 2% vs 2%. Fatigue G1/2 was less common in Daro arm (11% vs 20%).

Conclusions

This proof of concept study met its primary endpoint and shows that switch maintenance with Daro after prior taxane and at least one NHA results in a statistically significant but clinically modest prolongation of rPFS and EFS with good tolerability. Median OS with Daro maintenance is promising and numerically superior to the control arm.

Clinical trial identification

NCT02933801.

Legal entity responsible for the study

SAKK Swiss Working Group for Clinical Cancer Research.

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Disclosure

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