



ESSR SPORTS IMAGING COURSE

CUF Porto Hospital



14th - 15th September, 2018

Sheraton Porto Hotel & Spa

THE FEVER OF SPORTS

1st day

08h45 **Opening session**

G. Guglielmi / A. Vieira / F. Caseiro Alves / F. Fonseca

Imaging in Sports Injuries WHAT MODALITY TO CHOOSE?

09h00 **Motivation to victory**

J. Neto

09h20 **My own experience**

Carlos Sá (Ultra Marathon Runner)

09h30 **Ultrasound**

C. Martinoli

09h50 **MRI**

A. Yamada

10h10 **Do I really need imaging?**

N. Puga

10h30 **Q & A**

10h40 **Coffee break**

The Young Athlete THE IMMATURE SKELETON AND SPORTS

11h10 **Pelvis and hip, a common problem**

P. Alves

11h30 **The knee in the juvenile athlete**

I. Sudol-Szopińska

11h40 **The ankle and foot**

P. Alves

12h10 **Spine**

F. Kainberger

12h30 **Treatment or Follow-up? The orthopedic surgeon point of view**

N. Alegrete

12h40 **Q & A**

13h00 **Lunch**

The Professional Athlete

GROIN PAIN - A GROWING PROBLEM IN SPORTS

14h00 **What the orthopedic surgeon wants to know**

P. Oliveira

14h20 **Imaging of athletic pubalgia**

A. Vieira

14h40 **Recovery of athletic pubalgia**

P. Beckert

15h00 **Rio Olympic Games - The sports imaging team experience**

A. Yamada

15h15 **Q & A**

15h20 **Coffee break**

Aging and Sports

THE MATURE SKELETON AND SPORTS

15h50 **Insufficiency fractures and sports**

F. Kainberger

16h10 **Muscle / Tendon Injury**

C. Martinoli

16h30 **Enthesopathies: anatomy, biomechanics and pathology**

I. Sudol-Szopińska

16h50 **My own experience**

(Senior professional athlete)

17h00 **Q & A**



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2nd day

07h00 **Running Experience in Porto**
"Legs-On" Course

Overuse Injuries and Sports THE MOST AFFECTED JOINTS

09h00 **Football lesions - What the surgeon wants to know**

A. N. Sousa

09h15 **The Knee**

E. Llopis

09h35 **Foot and Ankle**

J. Kramer

09h55 **Upper limb sport lesions - What the surgeon wants to know**

M. Gutierrez

10h10 **The Shoulder**

E. Llopis

10h30 **The Hand and Wrist**

L. Cerezal

10h50 **Q & A**

11h00 **Coffee break**

The weekend warrior SPORTS, TO MUCH OF A GOOD THING!

11h30 **Forefoot sports lesions**

M. De Maeseneer

11h50 **Stress Fractures**

M. Padron

12h10 **Unusual Injuries**

R. Sutter

12h30 **Muscle Injuries**

M. Padron

12h50 **Q & A**

13h00 **Lunch**

Impingement Syndromes in Sports Injuries

ANATOMIC VARIANTS AND ACQUIRED
PATHOLOGY

14h00 **Pelvis**

R. Sutter

14h20 **Shoulder**

J. Kramer

14h40 **Knee**

L. Cerezal

15h00 **Ankle**

M. Shahabpour

15h20 **Q & A**

15h30 **Coffee break**

Intervention and Therapy on Sports INDICATIONS, WHAT AND HOW TO INJECT

16h00 **Intra-articular infiltration**

G. Allen

16h20 **Tendon Therapy**

D. Wilson

16h40 **Viscosupplementation and Sports**

G. Allen

17h00 **Q & A**

17h10 **Closing remarks**

A. Vieira

ORGANIZERS

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