

Teacher's instructions:

# Shocking content (Grades 3-6)

Lesson material | Copyright Someturva 2024



## Teacher's instructions:

- 1 Watch Someturva's video "Järkyttävä materiaali" ([link to the video](#), English subtitles) ~4 minutes

The video includes discussion questions. You can pause the video during the discussion.

- Have you seen shocking content on your phone or online?
- Has a friend ever sent you strange content?
- Have you ever wondered why someone would share brutal or disgusting videos or pictures with others?
- What can you do if you receive or see shocking content on social media, or if you are added to a group where it is shared?



## Teacher's instructions:

### ② Interview exercise about fears

Discuss together in class about fears and how the feeling of fear is normal and important to protect ourselves. Support the discussion by explaining that different things can be frightening, such as animals, darkness or unknown people. Also discuss how to deal with these fears, for example by talking to a friend or adult.

Together with the pupils, think of interview questions about fears and how to deal with them, and write them down on the board. Then divide the pupils into pairs or small groups and let them interview each other in turn.

When the interviews are done, bring the pupils together and discuss what they have learnt about each other's fears and how to deal with them.



## Teacher's instructions:

### ③ **Extra task: familiarise yourself with recommendation algorithms**

Discuss together in class about recommendation algorithms\* and how they work. Explain that these algorithms control what content we see in our feeds on Tiktok, Snapchat or YouTube, for example. Algorithms can also direct shocking videos in front of our eyes.

Together with the class, make up an imaginary person who is interested in a particular subject, such as sport, music or film. Ask students to choose these interests.

Then have the pupils imagine that they are recommendation algorithms deciding what content to recommend to this person based on their interests. Ask the pupils to take turns telling what they would recommend. Also discuss how their choices might influence what this person sees on social media and how their opinions and attitudes might change as a result.

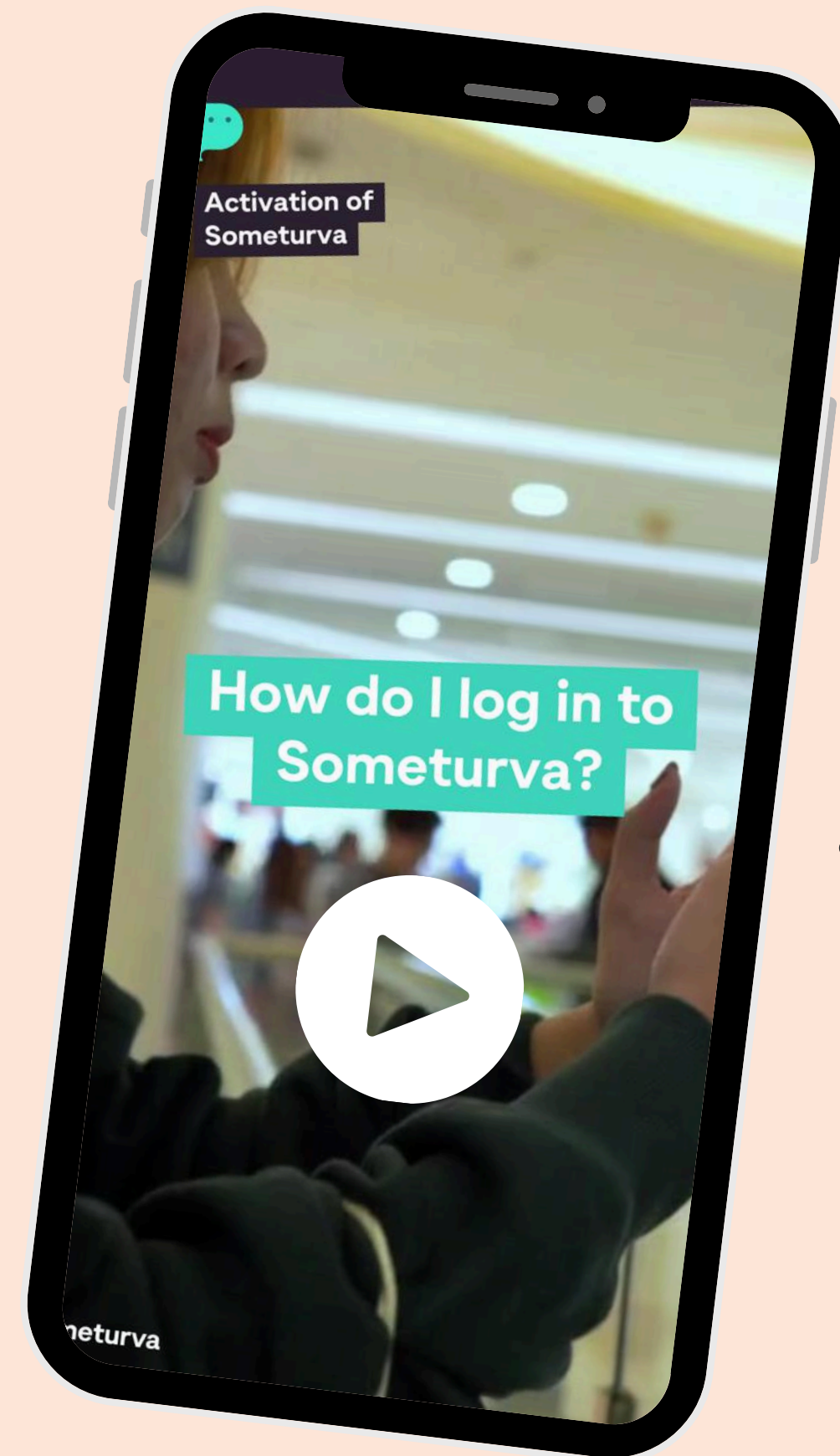
\*Social media platforms use so-called recommendation algorithms to guide users on the platforms. What appears in videos on Tiktok, for example, is based on what the algorithms recommend for that particular user. The recommendation algorithm is programmed to suggest content that might interest the user, such as news, videos or products, based on their past activities and interests, for example. It analyses the user's clicks, likes and other activities to predict what content might interest them next.

## Teacher's instructions:

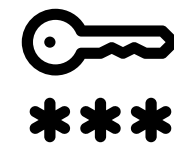
### ④ Activation of the Someturva service

- Set aside some time at the end of the lesson to familiarise yourselves with the Someturva service together. You can show our activation video to the pupils. It is good to set aside about 10 minutes for this
- **Important!** Give interested pupils the opportunity to activate the service and familiarise themselves with it. The service is voluntary, but activating it in advance significantly lowers the threshold for asking for help later.
- **Tip!** Print out Someturva's ready-made poster and write the school's activation code on it. Hang the poster visibly in the classroom.
- You can find the school's codes and the poster in the Someturva materials folder: log in to Someturva with the staff activation code, open the top right menu and click on 'Resource bank'.

**The Someturva service is available to pupils and teachers if the municipality has purchased the service for them.**



**Watch the  
activation video  
here!**



## How to log in

1

### Go to the address **palvelu.someturva.fi**

You don't need to download anything from an application store.

2

### Log in with your phone number and a one-time password

You will receive a new one-time password each time you log in. If you don't have your own phone, you can log in with an email address.



**Even if you log in with a phone number, you can always ask for help anonymously and confidentially.**

3

### First login: activate the service with your activation code

Once you have entered the activation code, you no longer need it.

## Teacher's instructions:

### ⑤ Ask pupils to give "thumb feedback" on the lesson using the following statements:

- I learnt not to share shocking content with a friend or anyone else.
- After watching the quick guide, I understand why some people might share shocking content, even if it's wrong.
- I know what to do if I see upsetting content online.
- I learnt how to manage fear.

**If there is time, pupils can be asked to tell in one sentence what they have learnt during the lesson.**



# Thank you!

**If you have any questions, please contact us.**

You can send us a message at any time via the chat on our website and app or an email to [info@someturva.fi](mailto:info@someturva.fi). You can also call us.

You can also read frequently asked questions and answers [here!](#)

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