



tropical diseases? Is that like malaria? Maybe Ebola? How about Zika? Though important to end, none of these diseases are considered neglected tropical diseases (NTDs). In fact, most people can't name one of the twenty diseases classified as NTDs by the World Health Organization (WHO). But for over 21% of the world's population, these diseases are part and LF-we've come a long way in the race of their lives.

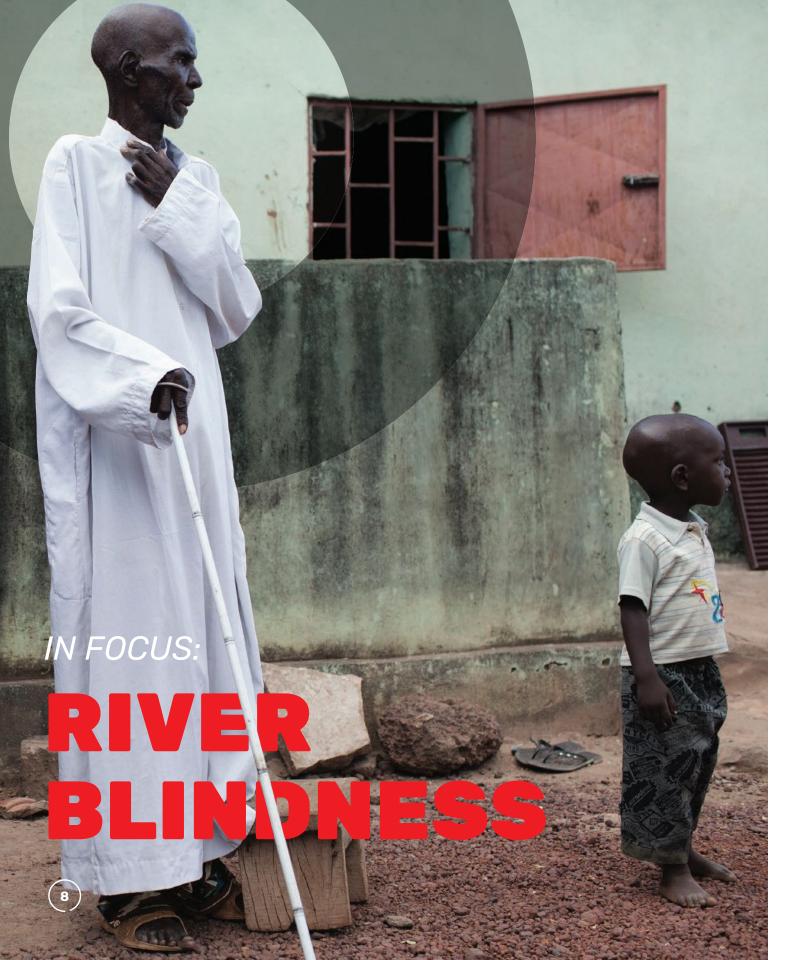
terial infectious diseases that affect more than 1.7 billion of the world's most im-communities, the last mile is in sight. poverished people, including more than

hat comes to mind when you 1 billion children. The five most prevalent hear the phrase neglected NTDs are intestinal worms, schistosomiasis, lymphatic filariasis (LF), river blindness, and trachoma. Over 40% of the global NTD burden is concentrated in Africa.

These five diseases are all preventable and treatable with generously donated medication provided by pharmaceutical companies and WASH investments. For some of them-particularly river blindness to see the end. After decades of treatment NTDs are a group of parasitic and bac- and the dedication of countless scientists, health workers, teachers, researchers, and







t 76, Fily Kamara has lost his sight due to river blindness. For a community like Tambanoumouya, Senegal, which is along the fast-flowing Gambia river, this is a common fate for many his age. Fily's friends, brother, and other family members also lost their sight due to river blindness. He remem-

"The disease

comes slowly.

the disease, my

eyes cannot see."

bers people constantly scratching their skinanother effect of river blindness. In areas like this, there would often be entire communities where blind people being led around by children with sticks or poles was common.

"This disease, if you are ill, if you have the disease, you cannot work-it destroys work"

Like others in his village, Fily relied on subsistence farming for his livelihood. When his vision began to get worse, he had to stop working. By the time he got tested for the disease, it was too late for the treatment to take effect and save his sight.

For people living and working near fast-flowing rivers and streams, their daily activities put them at risk of being infected with river blindness. If they are repeatedly bitten by black flies, which carry the parasite that causes river blindness, they will start showing symptoms of the disease. This can include severe itching, disfigur-

ing skin conditions, and vision impairment. Without treatment, the itching can become Little by little until more severe and lead the eyes become to infections and the vision problems can dark. Since I got progress to permanent blindness.

> Mocé lost his eyesight decades ago due

to river blindness. He lives in Tienfala, in Mali, where 5.9 million people are still in need of treatment for the disease. Mocé now uses a cane to walk and even relies on his grandson to lead him around town -which was a common image in much of West Africa before successful treatment programs.



Almost 218 million people in 30 countries

were in need of treatment for river blindness in 2019.

136.8 million people

were treated for river blindness in 2019.

The WHO's goal is to

eliminate river blindness by 2030.

River blindness is treated with the medication ivermectin (Mectizan®) on a yearly basis for

10-15 years.

There have also been efforts to

control the black fly

that transmits the diseasecausing parasite. asech Fantu lives in Sankora,

"Before my legs were

like this, we used

to play a game at

school where you run

with a handkerchief

from one side to

another. I was always

the best at running."

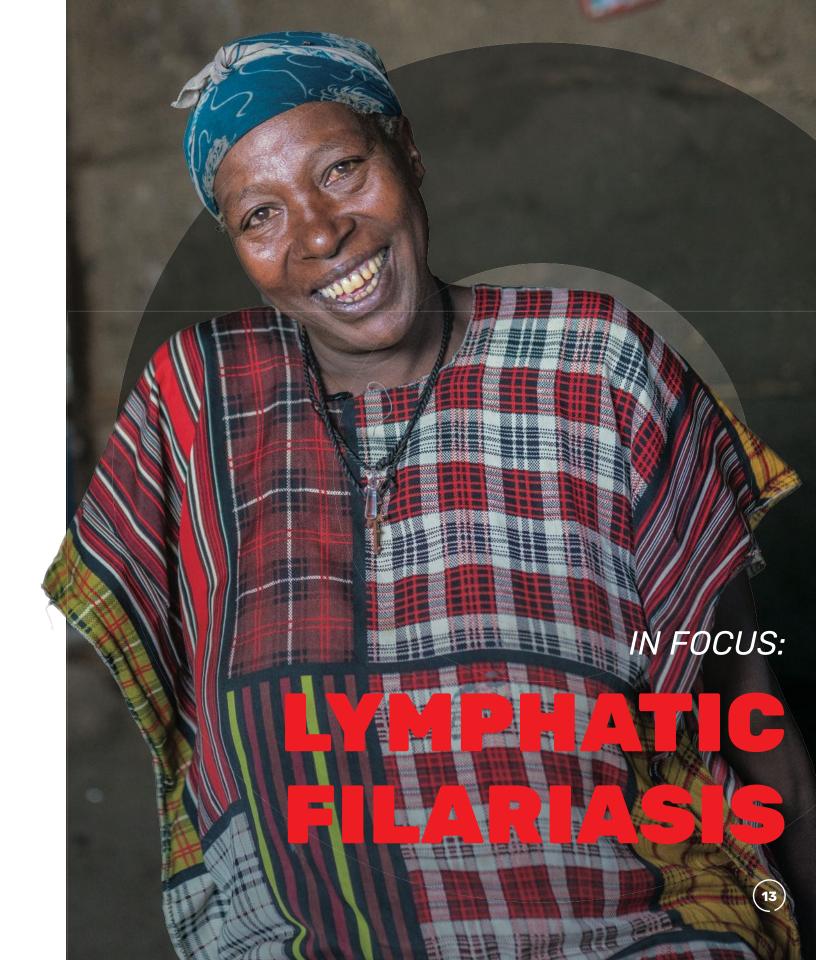
(LF). There are times when her legs are too swollen and painful, so she stays at home in bed. Unfortunately, when LF advances to elephantiasis like this, there isn't much that can be done to reverse it. For Kasech, keeping her legs clean, putting

bandages on them, and getting exercise one doesn't experience physical signs of temporary.

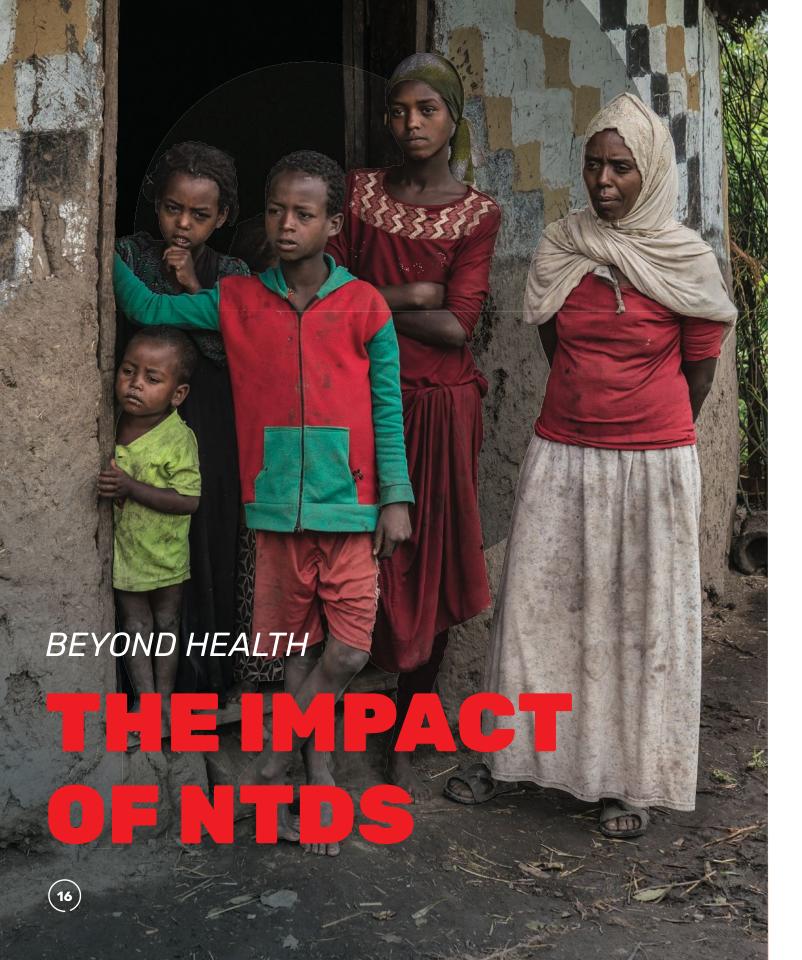
Similar to river blindness, LF is a disease Ethiopia with her two children caused by a parasite that is transmitted by and suffers from elephantiasis, an insect—in this case a mosquito. Peoan advanced stage of lymphatic filariasis ple are often infected as children, without

> knowing it. As adults, repeated infection leads to severe swelling in certain parts of the body including the legs and genitals as the parasites attack the lymphatic system. This is known as elephantiasis and can cause permanent disability. Even if some-

can provide relief, but it is often only infection, LF can damage the kidneys and the body's immune system.







n addition to the negative health effects that NTDs have on people, there are adverse consequences that extend beyond the person who is infected by these diseases.

There are implications for children's ed- husband's lost income, and their ucation, the financial health of families and communities, and mental health

Financial & **Economic** Ripples

worked hard on my farm and earned more than many in my community.

But then I got sick, and was unable to work."

Lelamo Mukhtar Turgemu was a wealthy landowner who was able to provide for his 10 children in Sankura, Ethiopia. However, as his case of LF progressed to elephantiasis, he became too sick to tend to his farm and eventually had to sell off some of his land.

"God gave me land, money, and children...but now I am unable to even care for my children."

Lelamo's wife Kaybiya has since taken a second job in town to make up for her eldest son is doing his best to take over farming responsibilities from his "When I was younger, I father. In an effort to assist his mother with providing for the family, this has come at the expense of continuing with his education.

> If the primary financial provider for a family goes blind or has such enlarged legs that they can no longer work in the fields or sell their food and goods in the market, it affects the whole family. Most of the affected



families cannot afford to lose any income because it means less money will be available for essentials like food, medicine, schooling, soap, and diseases. Land that has been farmed on for decades may have to be sold, and animals, which represent a family's primary financial provider is a man, his traveling sometimes for hours to get nomic development."1

water, will have to take on more work to try to earn money.

In the 1970's in West Africa, up to 50% of adults in some areas were blind charcoal to boil water to prevent other from river blindness. Out of fear of contracting the disease, people abandoned their land along fertile river valleys. This led to increased poverty and famwealth, may also need to be sold. If the ine. According to the WHO during this period, "economic losses were estimatwife, who is already likely taking care ed at \$30 million, and [river blindness] of the children, doing housework, and became a major obstacle to socioeco-

Research has shown that treating NTDs can have a positive ripple effect:

- Between 1995-2010, it is estimated that the African Program for Onchocerciasis Control (APOC) prevented 8.2 million years' worth of healthy life from being lost in sub-Saharan Africa, at a cost of about \$257 million.²
- Between 2000-2014, it is estimated that the Global Programme to Eliminate LF (GPELF) prevented 175 million years' worth of healthy life from being lost, saving \$100.5 billion.³

Education Ripples

"Since I am better disposed to care for them, I want to fulfill

my responsibility even if I don't have the resources. I want to make them happy."

Fouwad wants to do all that he can to help his family. With his father Lelamo unable to farm and his mother Kaybiya working in the home and at multiple jobs, Fouwad feels a great level of responsibility to care for his siblings and parents. That means he is unable to continue his studies or pursue his dreams.

Unfortunately, Fouwad is also experiencing symptoms of LF. He who gets to go to school and who stays hopes they don't get worse so that his other siblings won't be needed to help in the fields.

Families have to adapt to their new realities when someone gets sick with one or more NTD. In these instances children are often affected the most. Even if a family is still able to afford the uniforms, supplies, and school fees to send their children to school, they may not have enough for all of their children.

That means making a choice about home—a choice no family should have to make. Additionally, children may have to take on jobs their parents normally would do, like farming, fishing, or even taking care of their younger siblings. Some children also are asked to lead a vision-impaired parent or grandparent around the community. All of these ripple effects keep kids out of school, which affects their futures and can trap them in a cycle of poverty.

Mental Health Ripples

"Oh, there's someone who

lives near the river, but we nev-

er really see her." These are common answers when you ask members of a community if they know anybody who has elephantiasis or who has gone blind from river blindness. In some communities,

it may be that there are genuinely few people who are

living with the late stages of these diseases. However, in other communities, it is because there is stigma, shame, discrimination, and social isolation associated with them.

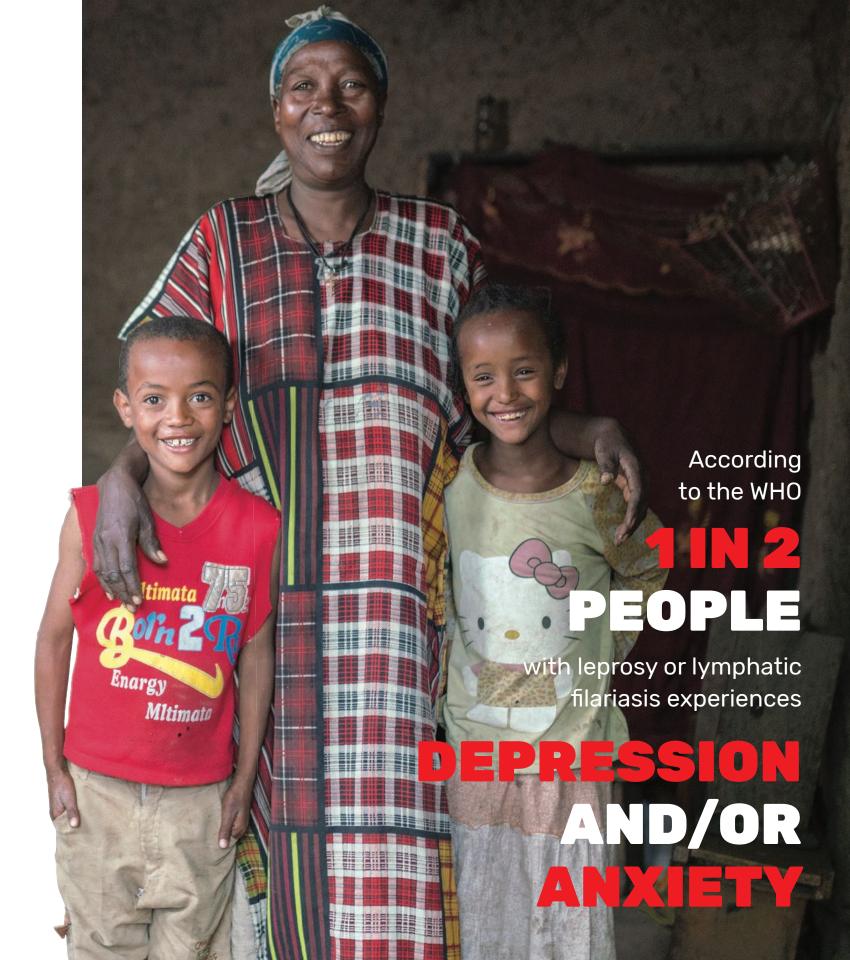
Kasech knows first hand what this feels has that condition on the other like. "When I do go outside the people side of that hill." "I think I've ostracize me, and I get embarrassed to go seen someone with large legs out in public even to shop. I just stay in, like that, but don't know where they live." or sometimes I wear big socks and go out-"There might be someone who is blind that side, but the flies surround me." Luckily,

Kasech tries not to let the

stigma and shame get to

her. She lives her life with joy, laughter, and love for her children, who she is hopeful won't need to suffer as she has thanks to initiatives like the Reaching the Last Mile Fund. According to the WHO,

"one in two people with leprosy or lymphatic filariasis experiences depression and/or anxiety."





At its core, the Reaching the Last Mile Fund is an initiative to alleviate poverty. It can help remove barriers to people's prosperity.

he Reaching the Last Mile Fund (RLMF) takes an innovative approach to NTD work by offering a proof of concept for the elimination of river blindness and lymphatic filariasis worldwide.

Administered by the END Fund, RLMF is a 10-year, US \$100 million initiative launched in 2017 by His Highness Sheikh Mohamed bin Zayed, Crown Prince of Abu Dhabi. It is a global partnership between philanthropists, governments, and NCOs

Work on these diseases has been going on for decades in some instances. Daily Kamara, Village Chief in Tambanoumouya, Senegal remembers what it was like growing up there.

"When I was young, there were a lot of elderly that were blind. But at the time, the village didn't know that the flies were making them blind. We received the doctors who came to fight the little flies, that made us blind. Since that day, there were less blind people in the village."

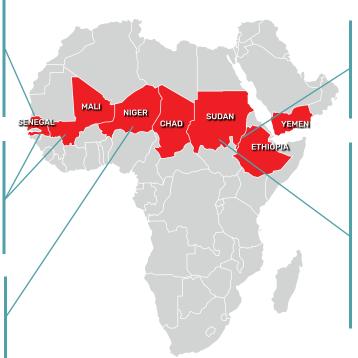


The Fund currently has programs in seven countries: Mali, Senegal, Niger, Chad, Sudan, and Ethiopia in Africa, as well as in Yemen in the Middle East.

River blindness is suspected to have been eliminated in some parts of Senegal. RLMF is supporting the country's Ministry of Health and Social Action to conduct stop treatment surveys, which will determine if the disease has been eliminated and treatment can be stopped.

In Mail and Senegal, the processing of samples collected during pre-stop MDA evaluations was completed; based on the results, Mali and Senegal may have interrupted the transmission of onchocerciasis in up to 95% of the endemic areas.

Niger has completed all necessary evaluations in line with the WHO 2016 guidelines and is in the process of finalizing its dossier for verification of elimination of onchocerciasis.



Mass treatment for river blindness is no longer required in Metema, Ethiopia, a district along the border of Sudanthe only cross-border area in the world to have eliminated transmission of the disease.

Sudan has made significant progress towards the elimination of onchocerciasis. having achieved focal elimination of the disease in two of the four known endemic areas-Abu Hamed in northern Sudan and Galabat on the border of Ethiopia, an area known to be the first cross-border interruption of onchocerciasis transmission in Africa.

the level of disease burden in each country. For example, in countries with few or no river blindness elimination verification cases of river blindness, the Fund will help accelerate the pace of elimination, while

RLMF tailors its approach according to in high-burden countries it will scale up mass drug administration programs and





In Focus: World **NTD Day**

father Sheikh Zayed bin Sultan Al done.

Emirates (UAE) has a sector that has the word "neglected"

2020 the Abu Dhabi Crown Prince supported the second annual World for the future. Court (CPC) helped launch the NTD Day, helping to engage the gen-

The United Arab inaugural World NTD Day. For a eral public in the mission to end NTDs.

Similar to the CPC's other long history with the in its title, this was a celebration of all commitments in the global health fight against NTDs, of the accomplishments that have been space, World NTD Day puts people which began with a personal donation—achieved to date, while acknowledging—at its center. From frontline healthcare in 1990 by the UAE's late founding the hard work that still needs to be workers who have proven to be more important than ever to people affected On January 30, 2021, more than by NTDs, getting to know the faces In the spirit of this commitment, in 360 organizations from 61 countries behind the movement will help power it



In Focus: The REACH campaign

filariasis (LF). Launched in February the Reaching the Last Mile Fund. 2020 in association with Emirates

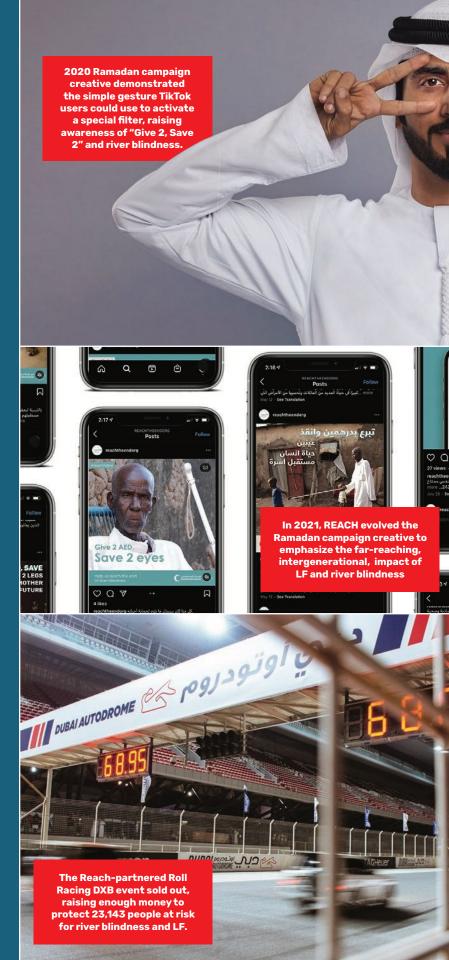
The Reach Campaign—takes an innovative approach to raising—could provide treatment and protection

is the first-of-its-kind money to end the diseases, while for one person from river blindness for fundraising initiative also educating the public about river one year, in essence saving the vision in the UAE designed blindness and LF through strategic, in a pair of eyes. During the month of to help reach the targeted advocacy efforts. All money Ramadan in 2020, the campaign set end of river blindness and lymphatic raised by the Reach Campaign goes to a fundraising goal of 2 AED million, exceeding it by ending the season In its first year, Reach exclusively with over 2.8 million AED raised. Red Crescent and in partnership covered river blindness, adopting the The month-long Ramadan campaign with forward-thinking brands and slogan "Give 2, Save 2", in reference reflected the Holy Month's spirit of corporations, The Reach Campaign to the fact that just 2 Emirati Dirhams giving and was designed to allow the

community to partake in charity while navigating social restrictions and safety measures in place to combat COVID-19.

Following the second annual World NTD Day in 2021, Reach officially added LF to its care portfolio, expanding on the opportunities for the UAE community to make a direct impact on NTDs. This addition saw an evolution of the slogan to "Give 2 AED, Save...", highlighting the myriad of ways in which a small donation can make a difference to a person's life; protecting families, limbs, vision, and futures. Members of the community are encouraged to donate by SMS, through an online portal, or at several partner touchpoints, with activations across platforms.

Reach continues engaging the community through advocacy, activations and fundraising opportunities, and while the campaign is headquartered in the UAE with communication largely based in the country, it is designed to gradually expand to global audiences. The Reach Campaign is supported by strategic partner Emirates Red Crescent; founding partners Abu Dhabi National Oil Company (ADNOC), Etihad Airlines, and Lulu Group; supporting partners ADMM/Yas Marina Circuit, Al Masaood LLC, Aldar Properties PJSC, Abu Dhabi Department of Municipalities and Transport, Dubai Autodrome, Etihad Arena, Flash Entertainment, L'Occitane, Miral, Noon and Troon; and media partners Abu Dhabi Media and TikTok.



way. In part, this is thanks to lifelong champions like Dr. Daniel Boakye, a Technical Advisor for the END Fund. need. Much like running a marathon, the last mile can sometimes be the hardest and requires the most determination, but makes the payoff that much more rewarding. Dr. Boakye's own words are useful in helping explain some of what reaching the end of river blindness really means:

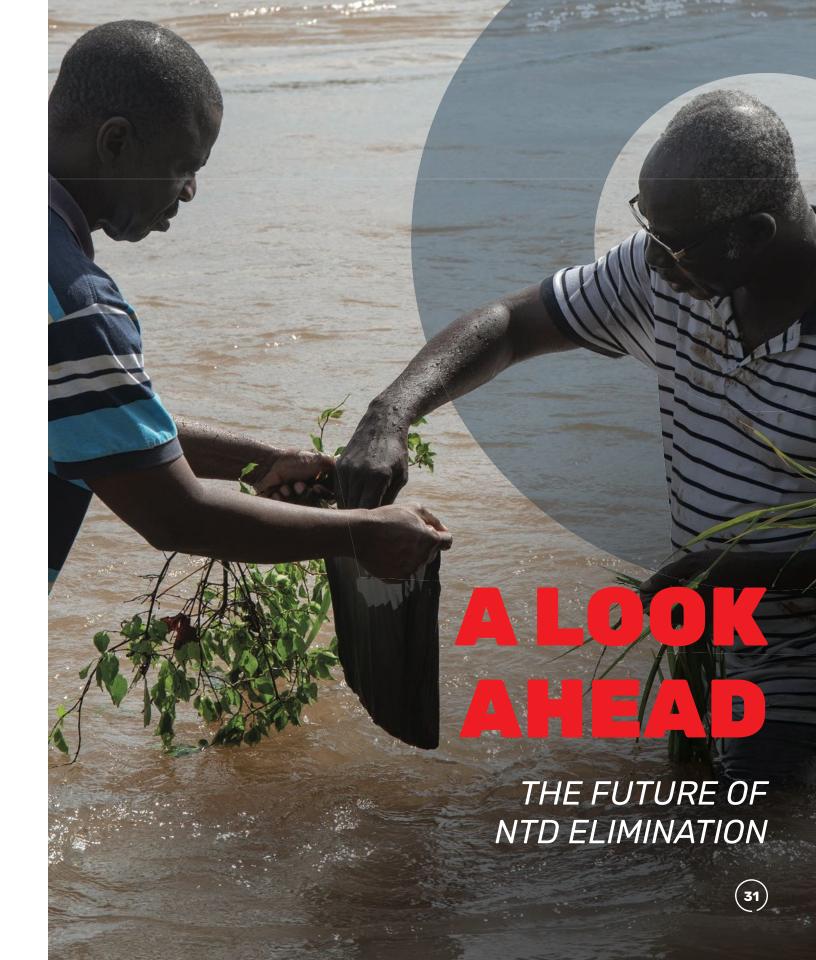
most difficult part. First you have to check all of the fast flowing stretches of rivers to find out where the flies are breeding. People in the community are recruited and vector collector is well trained, they collect pected to collect about 6K flies at each of in the lab to find out whether they carry any infections. We have evidence that in most places, the disease has been controlled as a public health problem."

annual treatment for 5-7 years. Though we

he fight against neglected trop- cannot forget the people who are already ical diseases has come a long living with advanced stages of the disease. Part of the WHO's goals for LF include making sure these people receive the care, leading medical entomologist and Senior attention, and in some cases surgery they

> The RLMF is committed to supporting innovations for years to come that will ensure every region of each country has the right tools and strategies to reach ambitious elimination goals.

In 2020 the world's attention was gripped by COVID-19. The pandem-"Reaching the last mile is always the ic affected people all over the world and placed a disproportionate strain on the global health community. COVID-19 demonstrated that health intersects with every other aspect of day-to-day trained to be able to collect the flies. The life. In NTD-endemic countries, managing COVID-19 requires overcoming flies before they actually bite. We are ex- challenges like overwhelmed healthcare workers, stretched financial resources, the sites. The flies will then be processed and highly at-risk populations. However, in the midst of the pandemic, this important work of frontline workers continues in the fights against NTDs while also educating communities on COVID-19 and how For LF, elimination is possible through to protect their families and communities.





According to the WHO,

16 countries and territories have eliminated LF

as a public health problem.

597 million people no longer require treatment for LF

due to successful treatment programs.

4 countries have eliminated river blindness.

1.8 million people live in areas that no longer require treatment

for river blindness.



