This curriculum list is not intended to be restrictive. It demonstrates possible events and activity that aligns to the curriculum. The lists are designed to facilitate local sign off by supervisors and Trusts. Where a trainee wishes to undertake career enhancing events that are not on the list then the aspirational approval process should be utilised.

School	Specialty/Programme	Code	Event Title	Internal/ External	Mandatory/ Optional	Descriptor	ST1	ST2	ST3	ST4	ST5	ST6	ST7	ST8
Ophthalmology	Ophthalmology	OPHT0001	Exam preparation course relevant to level of training	External	Optional		x	x	x	x	x	x		
Ophthalmology	Ophthalmology	OPHT0003	Developing skills for educational supervision	Internal	Optional		x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	All international events	International Guidance Applies from 7th August 2019 (see PGMDE Support Portal)		Aspirational		One application every three years							
Ophthalmology	Ophthalmology	OPHT0004	National Conference attendance relevant to curricular progression	External	Optional	Maximum 1 per annum as optional.		x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0008	National Courses and Events for Critical Appraisal Training		Optional		x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0009	National Courses and Events relating to Human Factors Training		Optional		x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0010	Regional Training Days	Internal	Mandatory	**For trainee use only**	x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0011	Cornea & Oculoplastics course – East Grinstead	External	Optional				x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0012	Good clinical practice certification (on line module-needs to be valid)	External	Mandatory	open access	x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0013	Local cataract simulation training and surgical simulation training (record of eyes log for London trainees, evidence of PCR sim for ST4-6)	Internal	Mandatory		x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0014	College Seminars (often some with wet labs to allow practical hands-on experience) see below	External	Optional		x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0015	Optics and Refraction Course	External	Optional		x	x	x					x
Ophthalmology	Ophthalmology	OPHT0016	Moorfields Alumni (attendance at least one conference expected in years ST 2-7 for London trainees)	External	Optional		x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0017	Macula Course	External	Optional		x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0018	Trends in Ophthalmology	External	Optional		x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0019	St Thomas's/ Moorfields VR in a day (host alternates yearly)	External	Optional	RTD		x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0020	Accident and Emergency course	External	Optional		x	x	x	x	x	x		x
Ophthalmology	Ophthalmology	OPHT0021	Laser training workshop - London trainees	External	Optional		x	x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0022	Royal College of Ophthalmologists courses relevant to curricular requirements	External	Optional				x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0023	Medicine for Eye Disease course	External	Optional			x	x	x	x	x	x	x
Ophthalmology	Ophthalmology	OPHT0024	RCOphth College Microsurgical Skills Course	External	Mandatory		x							
Ophthalmology	SRTT only	SRTT0001	Courses to support return to training (only to be used by trainees who have been approved for SRTT funding)		n/a									