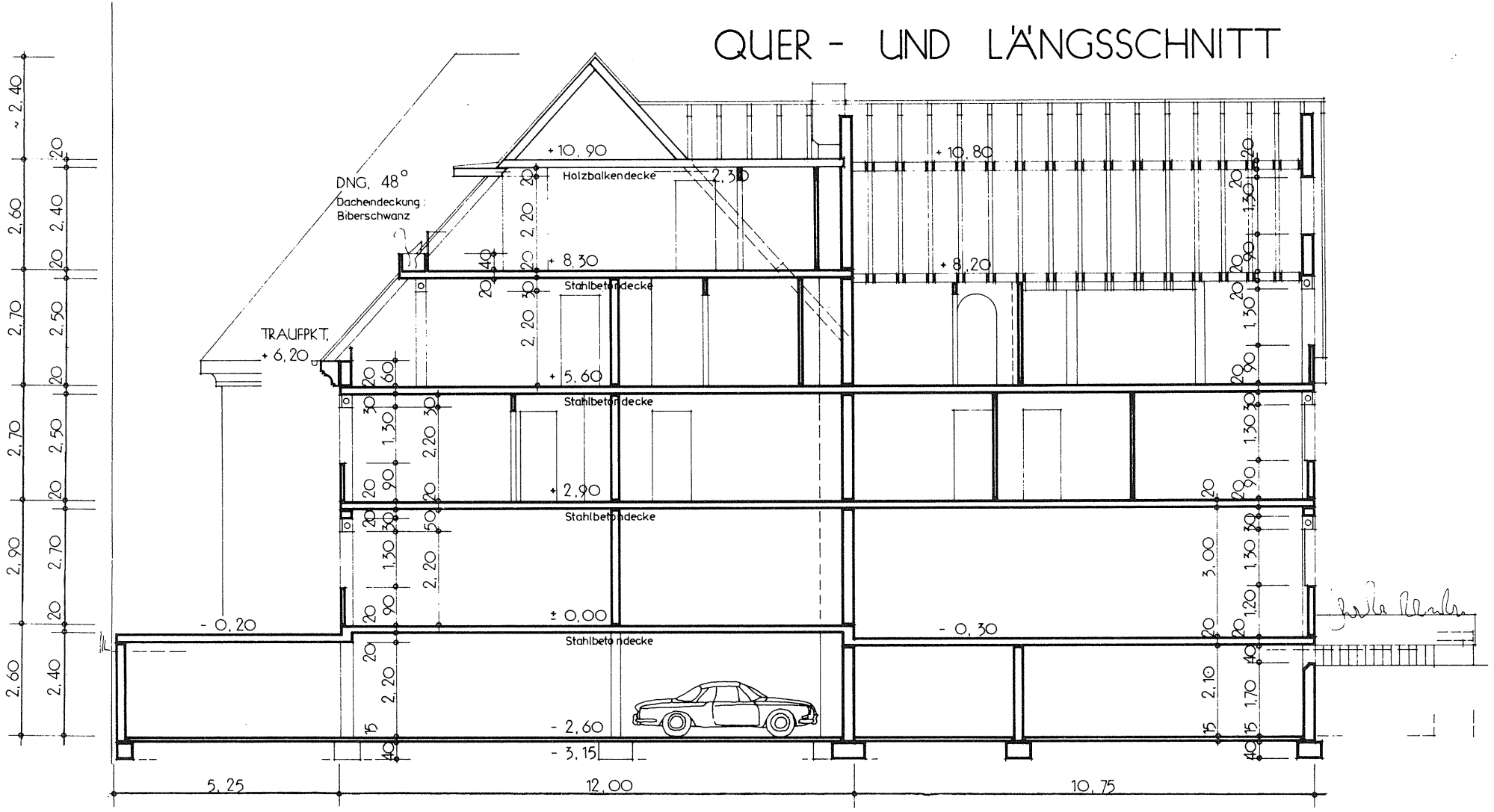QUER - UND LÄNGSSCHNITT