



SOPHIE RYAN

Adamstown Heights, Newcastle AUS 2289

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sophieryan723@gmail.com

Age: 21

Weight: 55kg

Height: 176cm/5'9

TRAINING

RAD classical ballet, tap syllabus, jazz, lyrical, hip hop, contemporary and acrobatics — 2006 - 2019 'Harbour Performing Arts Centre'

- Royal Academy of Dance (RAD) exam scoring 97/100
- 1st prize winner RAD Intermediate foundation Isobel Anderson Awards Sydney
- The Australian Ballet School interstate program acceptance for 4 years

Artistic Gymnast — 2005 - 2013 'Coffs Coast Gymnastics'

- Trained Levels 1-5

'Janine McGrath Classical Coaching Australia' — 2015 - 2018 Brisbane

- Classical training 2 full days a week

'Karen Island Dance Centre' — December 2019 - 2021 Lismore

- Classical training full time 3 days a week

'National Collage of Dance' — 2024 - Newcastle

- 'Diploma in Elite Performance'
- Full Time Classical/contemporary training 6 days a week

PRODUCTIONS

'Brisbane City Youth Ballet'

- "the nutcracker" 2017 main Company

'Hunter Pops Orchestra' — 2024 productions of "Super Stars" **staring** Marina Prior

- Guest Dancer

Newcastle Orchestra — 2024 rendition of 'Mist Born'

- Soloist role as 'lead mist'

Marie Walton-Mahon/National Collage of Dance 50 Year Anniversary Gala

- Core Dancer

EMPLOYMENT

Gymnastics Coach — 2016 - 2020 'Spring loaded'

- **Certified** “beginners coaching accreditation”
- casual gymnastics coach for 4 years

Dance Teacher — 2020 - 2024 ‘Carnival’e Dance Company’

- Private lessons and groups
- Classical ballet, lyrical, jazz, contemporary, tap and acrobatics classes 6 days a week

Waitress — 2022 - 2023 ‘Silvio's Italiano’

Therapy Assistant — 2021 - 2023 ‘Annette Ryan Occupational Therapy’

Dance Teacher — 2024 ‘Debbie Rae Dancers’

- Head Ballet Teacher
- Private coaching for choreography and technique