

MYRNA LØMO

EXECUTIVE SUMMARY

I am a dedicated classical ballet dancer with good training in various styles, currently in the final year of my Bachelor's degree in Classical Ballet at the Oslo National Academy of the Arts, graduating in June 2025 with a bachelor's degree in.

My training is and has been renowned instructors. I have studied multiple techniques, including Vaganova, French, some Cecchetti and Bournonville. I am also trained in modern dance, improvisation and jazz dance, giving me a versatile foundation in both classical and contemporary styles.

WORK EXPERIENCE

2024 - November – December: Danced with the Norwegian National Opera and Ballet. In their production of the Nutcracker, as a part of my work experience at KHiO. I danced Snowflakes and Arabian.

2024 – September: Got an offer to dance big Clara for the Junior ballet company in Istanbul, said no since it collided with the Nutcracker in Oslo.

2024 - July: Danced the main role Veslemøy/Haugtussa in *Haugtussa*, Midtåsen culture festival. Choreographed by Kristian Støvind.

2023 - October: Worked with choreographer Simen Gloppen in his work on creating choreography for “*Charlie och chokladfabriken*” (*Charlie and the Chocolate factory*), which will be shown at Gothenburg Opera in Autumn 2024.

2023 - July: Danced the main role Veslemøy/Haugtussa in *Haugtussa*, Midtåsen culture festival. Choreographed by Kristian Støvind.

2021: Actor (small role) in the TV drama series called *Made in Oslo*.

2020 - today: Model, both for dance photography and catwalk model at different events including Oslo Runway 2023. Some of the shows I have walked have been on Pointe.

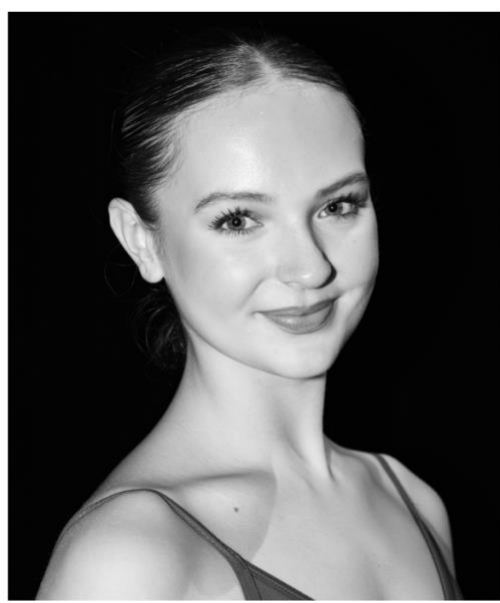
2020 - July: Danced *The Dying Swan* at the RED festival. Was filmed for a dance film.

2020: *Fra karantene til scene*, under the direction of The Norwegian Opera and Ballet. Heidi Cecilie Baastad Christensen as mentor. Cina Espejord choreographer.

2020 - January: Danced at Chinese New Year, the concert house, A classical ballet duet with the name *Trolltog*, music by Grieg.

2019 - December: Invited to dance *The Nutcracker*, in Grieghallen, Bergen, with students from KHiO. Choreographer Marcello Raciti (danced *Snowflakes*, *Rose waltz* and *Arabic dance* at all performances).

2020 - December: *The Nutcracker* with the Norwegian National Opera and Ballet (Cancelled due to covid).



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Nationality: **Gender:**
Norwegian Female

Weight:

57kg

Height: **Date of birth:**
172 cm. 27/07-2006

EDUCATION

2022 – August: Started on the Bachelor study in Classical Ballet at the Oslo National Academy of the Arts. (Will graduate with a Bachelor's degree in June 2025)

2022 – Mars: Offered study place at the Royal Swedish Ballet School.

2020 – 2022: Student at Ruseløkka/Den Norske Opera & Ballett, classical ballet.

2010 – 2020: Student at The Norwegian Ballet School & Academy. Performances several times per semester under the direction of the school.

LANGUAGES

Norwegian (native)
English, fluent

Scholarships:

2022 – June: Recipient of Thorleif Dahls Ballet scholarship.

2020- January: Won scholarship for a workshop in Cologne and a scholarship for Festi Dance, Brussels.

2019 – November: Recipient of Skipsreder Tom Wilhelmsens Foundation scholarship.

2019 – June: Recipient of Franzefoss-stipendet.

Competitions:

2022 – November: Selected to represent Norway in Prix du Nord in Gothenburg March 2023. Youngest finalist in the Grand Finale Senior.

2021: Selected to represent Norway in Prix du Nord. The competition was unfortunately cancelled.

2020– July: Participated in the International Dance Competition Hellas: 1st place ballet ensemble with 2 fellow students Pas de trois Nutcracker, 3rd place ballet solo Raymonda, same place Gayaneth. 3rd place neoclassical solo Butterfly, 4th place modern ensemble, 4th place free modern ensemble (trio).

2020 – Mars: Grand Prix Kyiv. Should have participated as the only representative of Norway, together with Ole Johannes Slåttebrekk (student Bolshoi Academy). The trip was canceled due to Covid-19.

2020 – January: International Dance Competition Cologne. 2nd place preprof. *Vistalka*, 1st place ballet ensemble with Four Little Swans, 2nd place neoclassical ensemble *Sjaman*, 2nd place modern ensemble with our choreography.

2019 – July: Participated in the International Dance Competition Greece, 2nd place ballet ensemble Four Little Swans, 2nd Pizzicato. 1st place own choreography modern ensemble *Morgenstemming*, music by Grieg..



