








# Helena Schotsman



## Personal details

-  Helena Schotsman
-  helena.schotsman@student.ahk.nl
-  +31 657420795
-  Amsterdam
-  April 1, 2006
-  Dutch, German
-  Height 164 cm

## Ballet Training

### **Dutch National Ballet Academy** Aug 2020 - Present

Associate degree, Preliminary course

Artistic Director: Ernst Meisner

Ballet Teachers: Nathalie Caris, Ainara Garcia Navarro, Emanouela Merdjanova, Rinat Gizatulin, Jane Lord, Grigori Tchitcherine

Contemporary Teachers: Lia Witjes Poole, Marion Vijn, Peter Leung

### **Zhembrovskyy Ballet School** Mar 2020 - Jun 2020

Ballet teachers: Alexander Zhembrovskyy, Vera Tsyganova

### **Ballett Gymnasium Essen-Werden** Sep 2019 - Jul 2020

Tanzausbildung

Ballet Teacher: Heinz Loigge

Modern Teacher: Simone Schauenburg

### **Ballettschule Colette van Saarloos** 2009 - Sep 2019

Ballet Teachers: Colette Kirschbaum, Claudia Peltzer

## Academic Education

### **HAVO** Aug 2020 - Jul 2023

Gerrit van der Veen College, Amsterdam

Natuur & Techniek

## Employment

### **Corps de Ballet** Oct 2023 - Jan 2024

Dutch National Ballet, Amsterdam

Internship for Raymonda

### **Waitress** Dec 2022 - Apr 2023

Toasty, Amsterdam

## Performances

### **Total eclipse of (y)our [cold little] heart, into a... The ballet** Nov 2024

Academie voor Theater en Dans

work by Rafael Gabryelle Reinata Ferreira

### **Choreographic Project DNBA** Nov 2023 - Nov 2024

‘Lyubov’ i svet’ by Mya Kennel, ‘Wear Sunscreen’ by Jaya-Lynn de Haan,

‘Persona’ by Helena Schotsman

### **Dansers van Morgen** Jul 2021 - Jul 2024

End of Year Performance DNBA

‘Jota’ by Grigori Tchitcherine

‘Garland Waltz’ by Ernst Meisner

‘UNKNOWN’ by Remi Wörtmeyer, ‘Daring Games’ by Gaya Hagemeier

‘Artifact’ by Forsythe, dryad dream scene ‘Don Quixote’

**Raymonda**  
Het Nationale Ballet  
Dream Scene

Dec 2023

**Der Nussknacker**  
Rheinisches Landestheater Neuss  
Ballettschule Colette van Saarloos

Jan 2014

## Choreographies

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‘**Persona**’ (2024), ‘**Shattered Illusion**’ (2023), ‘**Love dream**’ (2021), ‘**Alive**’ (2020)

## Summer Schools

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- Munich International Ballet School **2024**
- Royal Ballet School **2022**
- Princess Grace Academy **2022, 2023**
- Paris Opera School **2021**
- Dortmund Ballet **2019**

## References

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**Nathalie Caris**  
Ballet Teacher  
carisnathalie@gmail.com

**Ernst Meisner**  
Artistic Director  
ernst.meisner@ahk.nl

**Dario Elia**  
Deputy Artistic Director  
dario.elia@ahk.nl