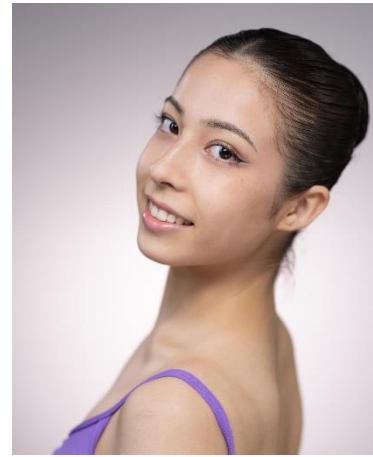


Tia Helmer

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Personal Information

Nationality: Swedish, Japanese, Australian Date of Birth: 21/05/2005, age 18

Languages: English (Native), Japanese (Native) Height: 170cm / 5'7"

Education & Training

09/2021 – Present **English National Ballet School**

Artistic Director: Viviana Durante

- Senri Kou
 - Sebnem Onal
-

Performance Experience

8/2023 *Don Quixote, The Queen of Dryads and Bridesmaid*: Ballet Du Ciel

7/2023 *La Sylphide* Corps de Ballet (Peter Schaufuss): Peacock Theater

7/2023 *FLOCK* (Monique Jonas): Peacock Theater

5/2023 *La Vestale* (August Bournonville): Chelsea and Westminster Hospital

8/2022 *Odalisque 2nd Variation*: Ballet Du Ciel

8/2022 *The Awakening of Flora, Diana Goddess of Moon*: Ballet Du Ciel

7/2022 *August in July* (August Bournonville): Peacock Theater

7/2022 *Etude for Character* (Amanda Maxwell): Peacock Theater

5/2022 *Golden Clock* (Tia Helmer): The Wallace Collection

8/2021 *Paquita 6th Variation*: Ballet Du Ciel

Competitions, Awards & Acknowledgements

The Royal Danish Ballet Summer Intensive (Scholarship) 2023

Royal Ballet School Summer Intensive 2022 and 2023

Princess Grace Academy Summer Intensive 2019

3rd Place National Ballet Association Japan (NBA) 2020 and 2021

1st Place Victoire Ballet Competition Japan 2021&2019; 2nd Place 2020

1st Place Grand Prix winner, PCTV Japan 2020