



VLACHOU ANASTASIA

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03/08/2011

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Profile

Anastasia Vlachou started attending ballet lessons at the age of 4. Later at the age of 6, she started contemporary dance classes. Since then, she consistently attends both ballet and contemporary dance classes.

(During the pandemic and the lockdowns, she was taking private online lessons). All these years, she has been practicing not only in group classes but also in individual private classical and contemporary dance lessons.

Education

- Student of the 2th grade of the Art High School "Dimitris Horn" Thessaloniki, Greece. Accepted after entrance exams (Department of Dance)

- Student of Indancestral Dance School. Attending Classical dance lessons (Vaganova System) and contemporary dance classes since September 2015.

Competitions

- Veria Dance Competition 2019
- Veria Dance Competition 2021 Web Edition
- Veria Dance Competition 2022
- Thessaloniki Dance Festival 2022
- Balkan Classic Contemporary Festival 2022
- Livorno in Danza 2023
- Veria Dance Competition 2023
- Nationals (ATHENS) 2023
- Balkan Classic Contemporary Festival 2023
- Livorno in Danza 2024
- Veria Dance Competition 2024
- Balkan Classic Contemporary Festival 202
- Semi-Finals YAGP Spain Barcelona 2024

Distinctions in Competitions

• VERIA DANCE COMPETITION

2019: Laveders – Ballet Group Choreography – 2nd Place

2021: Gold – Ballet Solo Choreography– 2nd Place

2022: Snowflake – Ballet Solo Choreography – 2nd Place

Wiegala –Solo Contemporary Choreography– 2nd Place

2023: Sylphe - Ballet Solo Choreography – 2nd Place

Enchanted - Solo Contemporary Choreography– 2nd Place

2024: Paquita Variation-Ballet Solo Choreography-1st Place

(exclusive invitation to International Greater Winners)

• THESSALONIKI DANCE FESTIVAL

2022 :Wiegala – Solo Contemporary Choreography – 1st Place

• BALKAN CLASSIC CONTEMPORARY FESTIVAL

2022: Snowflake – Ballet Solo Choreography – 2nd Place

Wiegala – Solo Contemporary Choreography – 2nd Place

2023: Sylphe - Ballet Solo Choreography – 2nd Place

Enchanted - Solo Contemporary Choreography– 2nd Place

2024: Paquita Variation-Ballet Solo Choreography-1st Place

(Free Entrance to Sibiu Dance Competition 2024)

In Blue- Solo Contemporary Choreography-1st Place

• LIVORNO IN DANZA

2023: (Scholarship Livorno Summer Intensive Course)

2024: In Blue- Solo Contemporary Choreography-3rd Place

• NATIONALS 2023

2023: Sylphe - Ballet Solo Choreography – 2nd Place

Enchanted - Solo Contemporary Choreography– 2nd Place

(Scholarship two-week lessons „George Enescu" National University of Arts, Iasi, Romania)

• YAGP Spain Barcelona 2024

(Scholarship Summer Intensive Mosa Ballet School, Liege, Belgium)

Seminars – Intensive Summer Courses

- International Ballet Workshops, Theesaloniki (January 2025)
- Semi-Finals YAGP Spain Barcelona 2024 Masterclasses
- Opera National de Paris Summer Intensive Course (1-6 July 2024)
- Iana Salenko (Master Class, Athens, 10 November 2024)
- Szakaly Gyorgy (2022), Massimo Perugini (2022)
- Stephen Delattre (2023), Johannes Hartl (2023)
- Gaia Lemmi (2023,), Biaggio Tambone (2023), Lucia Pasquini (2023)
- Livorno Summer Intensive Course (3-8 July 2023)

Performances

- The Beauty and The Beast – Space Time 2017 by Indancestral D.S.
- The Swan Lake – Odyssey 2018 by Indancestral D.S.
- The Steadfast Tin Soldier – In Africa 2022 by Indancestral D.S.
- Giselle 2023 by BALKAN CLASSIC CONTEMPORARY FESTIVAL
- Peter Pan- 2024 by Indancestral D.S.