

# Maya Bennys

Born on December 23, 2005.  
French

162cm 5'4"

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## **Since 2018, dual curriculum:**

Academic Studies (High School and University) / Classical Dance.

## **DANCE BACKGROUND**

### **2017 - 2019.**

Student at the Stanlowa Ballet School - International Dance Institute

### **2020 - 2021.**

Paris Regional Conservatory (Conservatoire à Rayonnement Régional - CRR)

### **Since 2021**

Conservatoire National Supérieur de Musique et de Danse de Paris, specializing in classical dance training for high-level dancers.

National Higher Professional Diploma in Dance (DNSPD).

Three-year program (following a preparatory year).

## **COMPETITIONS**

Participation in two international dance competitions, where I won two medals:

- Concours Nijinski 2020
- Concours de la Fédération Française de Danse 2021

## **SUMMER INTENSIVES**

- Paris Opera Ballet School: 2019, 2020, 2021
- Princess Grace Dance Academy: July 2022
- Intensive-Summer-Frejus August 2023
- Royal Ballet School Summer Intensive July 2024
- Malandain ballet Biarritz July 2024

## **INTERSHIPS**

Paris Opera Ballet	15th-25th April 2025
Ballet of the Capitole of Toulouse	18th February - 1st Mars 2025

## **EXPERIENCES**

Performed major works by renowned choreographers as part of my training at the Conservatoire National Supérieur de Musique et de Danse de Paris, including *Paquita* by Pierre Lacotte, *Swan Lake* by Rudolf Nureyev, as well as pieces by Lucinda Childs and Trisha Brown.