




Lilja Marie Bringager

CONTACT

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-  Norwegian

LANGUAGES

Norwegian

Native

English

Fluent

SKILLS

Strong technique in classical and contemporary dance
A versatile dancer
Curious and eager to work and learn
Positive
Cooperative

HOBBIES AND INTEREST

- Dancing!
- Making art
- Creative work and improvisation

REFERENCES

Irina Zavalova
Email: irinzavi@khio.no
Phone: +47 458 44 921
Josephine Jewkes
Email: JoseJewk@khio.no
Phone: +47 957 94 288
Camilla Spidsøe

SUMMARY

A versatile dancer with many years of education in classical ballet at Norwegian National Ballet School and Oslo National Academy of The Arts. Contributed in different productions with the Norwegian National Ballet like "Nutcracker" and "Swan Lake". A versatile skill set, blending a strong technique in classical and contemporary dance, with a curious and adaptive approach to performance. The curiosity and eagerness to explore my fullest potential, has made me a versatile dancer with the ability to change within different styles of dance and expression.

EDUCATION

08/2013 – 06/2022

Norwegian National Ballet School – Oslo, Norway

Teachers: Aranka Sestak, Larissa Savenkova, Gro Gudim, Sandra Wiesner.

Will graduate with a Bachelor in Classical Ballet, 08/2022 – 06/2025

Oslo National Academy of The Arts – Oslo, Norway

Teachers: Josephine Jewkes, Irina Zaviavola, Yoel Carreno, Tim Almaas.

Summer Performance, 06/2024

Oslo National Academy of The Arts

Student performance "Elevforestillingen", 2013 – 2022

Norwegian National Ballet School

Accepted into, 03/2022

Royal Swedish Ballet School

Scholarship, 03/2022

Thorleif Dahl

STAGE EXPERIENCE

Swan Lake

Norwegian National Ballet - 2018 And 2019

Role, Neapolitan dance 3rd act

Made in Oslo

Tordenfilm AS - 2021

Contributed in the TV drama series "Made in Oslo", production team Tordenfilm AS.

Prix Du Nord

Semi finalist - April 2022

Nutcracker

KGB Dans & Ballet - Bærum Kulturhus, December 2023

Hired to perform the role "Clara" and "Sugar Plum Fairy" in their production of The Nutcracker.

Nutcracker

Norwegian National Ballet - Dec 2014 - Dec 2021

Including roles as mice, sweets, children in party scene, Chinese, servant. Suppose to dance the role as young Clara in 2021 (cancelled due to Covid restrictions)

Nutcracker

Norwegian National Ballet - Dec 2024

Including roles as Snowflakes and Arabian girls.

ADDITIONAL SUMMER PROGRAMS/ WORKSHOPS

- **2019-2022** Nordic Ballet Seminar
- **2021, 2022, 2024** Summer course with Norwegian National Ballet
- **2022** Royal Danish
- **2023** Royal Ballet School
- **Several years** Oslo Dance Seminar
- **2024** Improvisation workshop with dancers from Cullberg

REPERTOIRE AND SOLOS

Solos I have done

- Spanish Doll Variation, Coppelia Act 2 - 2021
- Talisman Variation, The Talisman - 2022 spring
- Swan Lake pas de trois 2nd variation - 2022 autumn
- Paquita Etoile Variation - 2023 spring
- Swanilda Variation, Coppelia Act 1 - 2023 autumn
- 2nd Shade Variation, La Bayadere - 2024 spring

Repertoire

- Raymonda, waltz 1st Act, corps de ballet - 2022 autumn
- "Apollo" Georges Balanchine (practiced) - December 2022
- Swan Lake waltz 2nd Act, corps de ballet - 2023 autumn
- Clara and Sugarplum Fairy, Nutcracker - 2023 December
- "Brudfærden i Hardanger" August Bournonville (Diana Bjørn) - 2024 summer
- "Etudes" Tim Almaas - 2024 summer