

Michela Caprarulo



Personal details

Name

Michela Caprarulo

Email address

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Phone number

+393403869792

Address

Via M Venegoni 26
20038 Busto Garolfo
(MI) Italy

Date of birth

May 13, 2004

Nationality

Italian

Heights

1.60 cm

Languages

Italian, English, Spanish

Ballet Education

2025– Present	Professional dancer with solo roles at Il Balletto Nazionale Italiano
Aug 2023 - Sep 2025	Professional dancer with solo roles at State Opera Stara Zagora (Bulgaria)
July 2023	Graduated at Duch National Ballet Academy (Amsterdam University of the Arts)
Aug 2021 - Jul 2023	Dutch National Ballet Academy (Associate Degree) Two years of Bachelor of Arts Artistic Director: Ernst Meisner Ballet Teachers: Nathalie Caris, Ainara Garcia Navarro, Grigory Tchitcherin, Jane Lord, Rinato Gizarulin, Laurence Korsenti Contemporary Teachers: Amy Raymond, Lia Witjes-Poole
Aug 2020 - Jul 2021	Dutch National Ballet Academy (Graduated in dance preliminary education)
Sep 2018 - Jul 2020	Il Balletto Casteffranco Veneto Italy Artistic Director: Susanna Plaino Ballet Teachers: Susanna Plaino, Natalija Kalgashkina, Oleg Grachow Contemporary Teachers: Matteo Zamperin, Stefania Pigato, Marco Laudani, Claudio Scalia
Mar 2016 - Jul 2018	Solostage Academy Milan Italy Artistic Director: Isabel Seabra Ballet Teacher: Isabel Seabra
Sep 2013 - Mar 2016	CAD Centro Arte Danza Olgiate Olona Italy Artistic Director: Antonella Colombo Ballet Teachers; Sabrina Rinaldi, Marcello Algeri Contemporary Teacher: Marcello Algeri
Sep 2007 - Jun 2013	Happy Dance Busto Garolfo Italy Artistic Director; Irina Pana Ballet Teacher: Irina Pana

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Performances

Sep 2025 - Present	Performed Clara in "The Nutcraker". Performed Columbin Doll and Spanish Dance in "The Nutcraker" and performed Pas de Trois, Little Swans and Brides Waltz in "Swan Lake" during the tour in Germany with the Balletto Nazionale Italiano.
Dec 2023 - Sep 2025	Performed Juliet in "Romeo and Juliet" by Mario Piazza and Ludovic Party. Performed Sugar Plum Fairy, Spanish Dance and Chinese Dance in "The Nutcraker" and performed Pas de Trois, Little Swans and Neapolitan Dance in "Swan Lake" during the two tours in the Netherlands and Germany with the State Opera Stara Zagora. Performed Fairy Canary in "The Sleeping Beauty"
2022 - Jul 2023	Performed "A Sweet Spell of Oblivion" by David Dawson in Dansers Van Morgen (Dutch National Ballet) Performed in "The Sleeping Beauty" (Het Nationale Ballet-Dutch National Ballet)
Jul 2022	Performed in "Dansers Van Morgen" (Dutch National Ballet)
Apr 2022	Performed in the DanceDay (Dutch National Ballet)
Nov 2021 - Dec 2021	Performed in "The Nutcraker" (Het Nationale Ballet- Dutch National Ballet)
Dec 2018 - Dec 2018	Performed Clara in "The Nutcraker" (Il Balletto Castelfranco Veneto)

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Successes

2020	1st Prize Senior Pas De Deux YAGP Final NYC Performed "Moskovsky Waltz"
2020	1st Prize Senior Pas De Deux YAGP International Semi Final (Cattolica - Italy) 3rd Prize Senior Classic Ballet Performed "Moskovsky Waltz" in Pas de Deux Senior Category Performed "Medora 3rd Act" and "Paquita" In Senior Classical Soloist Category
2019	3rd Prize Tanzolymp Berlin Performed "Harlequinade" and "Radish Variation" in Junior Category
2018	2nd Prize Spoleto International Dance Competition Performed "Harlequinade" in Junior Category
2017	6th Prize and top 12 at YAGP (Barcelona - Spain) Performed "Gamzatti and Medora 3 rd Act" in Junior Category

Summer Intensive

2019-2018	Il Balletto (Italy)
2018	Princesse Grace Dance Academy (Montecarlo)
2017	UK Masterclass Summer Coaching London
2015	Royal Ballet School (London)
2015-2014	ProBallet Summer intensive Pula (Croatia)
2014	Princesse Grace Dance Academy (Montecarlo)
2011	Royal Ballet School (London)

Workshop

Forsythe: Amy Raymond

Class Ernst Meisner, Luca Masala, Anita Young, David Makhateli, Oliver Matz, Raffaele Paganini, George Postelnicù, Victor Litvinov, Jan Broeckx, Andrei Fedotov, Denys Cherevychko, Iris Reyes, Elisabetta Terabust, Ludmill Cakalli, Roberto Fascilla, Bruno Vescovo, Bella Ratchinskaia, etc

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References

Ernst Meisner	ernst.meisner@ahk.nl
Nathalie Caris	nathalie.caris@ahk.nl
Grigory Tchitcherin	grigory.tchitcherin@ahk.nl

Other important experience

Finalist television talent "Prodigi La musica è vita" Rai1 in Nov 2018

Certificates

May 2019	Advance ISTD
Oct 2018	Intermediate ISTD

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