



## Jasmine Costinescu

### **About Me**

My name is Jasmine, and I'm a passionate ballerina exploring the beautiful world of dance. I dedicate 18 to 20 hours a week to improving my skills, finding joy and balance both on stage and in the studio. Dancing helps me let go of any stress and allows me to fully embrace the magic and emotions that only dance can bring.

I've always been driven to become the best I can be in ballet. My dream is to study at a top dance school where I can learn from experienced mentors and grow as an artist. Right now, I'm a student at the National College of Arts "Octav Băncilă" in Iași. Thanks to the support of my ballet teacher, I've been able to move quickly from practicing as a hobby to training at a professional level.

Even though I haven't been studying ballet professionally for long, I've had some amazing opportunities. I've attended intensive summer courses at world-renowned schools like the Royal Ballet School, John Cranko Schule, and the Académie Princesse Grace. These experiences have helped me improve my technique, see dance from new perspectives, and meet incredibly talented dancers from all over the world who inspire me every day.

### **2024 Highlights**

2024 has been an exciting year full of hard work and big achievements. I was lucky to attend three of the most prestigious summer programs and got some great results through dedication and effort. A highlight for me was winning 1st Place in Contemporary Dance at the Youth America Grand Prix in Barcelona. This success was the result of many hours of practice and determination, both during school and in my free time.

## **My Goals**

I hope my love for ballet will lead to a future filled with growth, inspiration, and memorable moments. I want to share the joy of dance with others and keep pursuing my dreams.

## **Personal Information**

Full Name: Jasmine Costinescu

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## **Education**

2022 – Present: National College of Arts "Octav Băncilă"

2017 – 2022: Waldorf High School

## **Competitions**

- \* 2024: Youth America Grand Prix Barcelona – 1st Place (Contemporary Dance)
- \* 2024: Youth America Grand Prix Paris – Top 12 (Contemporary Dance)
- \* 2024: Youth America Grand Prix Paris – Semifinal Qualification (Classical Dance)
- \* 2023: International Dance Talent Competition Italia – 1st Place (Classical Dance)
- \* 2023: Crystal Swan Competition – 2nd Place (Classical Dance), 1st Place (Contemporary Dance)
- \* 2023: Iași Dance Open – 1st Place (Classical and Contemporary Dance)
- \* 2022: International Dance Talent Competition Italia Online Semi-Final – Top 25
- \* 2022: Emerald Dance Competition – 1st Place (Classical Dance)

## **Workshops**

- \* 2024: International Summer School Italia – Fondazione Monreart, Bucharest (September 2–7)
- \* 2024: Royal Ballet School, White Lodge, London, UK (June 29 – August 9)
- \* 2024: Académie Princesse Grace, Monaco (June 1–6)
- \* 2024: John Cranko Schule, Stuttgart, Germany (May 20–25)
- \* 2023: Sibiu Dance Competition (October 20–23)
- \* 2023: Royal Ballet School, White Lodge, London, UK (August 12–18)
- \* 2023: International Workshop, Mesagne, Italy (July 3–6)
- \* 2023: Dance Motion (April 7–14)

