



SIGURD BLYSTAD

The Royal Ballet School

PROFILE

HEIGHT: 187cm

NATIONALITY: Norwegian

D.O.B: 23/12/2004

AGE: 18

CONTACT

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EDUCATION

The Royal Ballet School, Upper School

2021 - Present

Currently in Graduate Year

(Christopher Powney, Stuart Cassidy, Paul Lewis, Zhan Atymatayev)

The Royal Ballet School, Lower School

2020 - 2021

(Christopher Powney, Kenta Kura)

Norwegian National Ballet School

2014 - 2020

(Knut Breder, Lucas Lima, Kumiko Hayakawa, Gro Gudim, Aranka Sestak)

WORK EXPERIENCE

The Royal Ballet 2023

The Nutcracker (Sir Peter Wright)

Royal Ballet School - White Lodge & Upper School

Grand defile 2021-2023

Four Seasons (Sir Kenneth Macmillan), Fast Blue (Mikaela Polley), Bold (Goyo Montero), Raymonda, Swan Lake Pas de Douze (Sir Frederick Ashton), Swingle Stepping (Morgan Temple), Dvorak 21 (Mark Annear)

Norwegian National Ballet School 2014-2020

Don Quixote (Rudolph Nureyev), The Nutcracker (Dinna Bjørn 2014-2015 & Kaloyan Boyadjev 2016-2019), A Midsummer Night's Dream (Lucas Lima)

Oslo Concert House

Danced in a production of Harry Potter.

ACHIEVEMENTS

Ballet Association Award 2023

ACADEMIC EDUCATION

Royal Ballet School 2020-present

Bachelor of the Arts with Distinction – Roehampton University

Completed an A-Level in Mathematics

Completed 5 GCSE's

Primary & Secondary School 2010-2020

Completed all 10 years of Norwegian primary and secondary school with diploma.

REFERENCES

Artistic Director Christopher Powney:

Christopher.powney@royalballetschool.org.uk

Current Ballet Teacher Stuart Cassidy:

stuart.cassidy@royalballetschool.org.uk

Former Ballet Teacher Zhan Atymtayev:

zhan.atymtayev@royalballetschool.org.uk

SKILLS

Skills are mentioned in attached cover letter.