WORKING AT HEIGHT

Introduction

Working at height is a high risk activity; fatalities occur if the tasks are not properly controlled. This course will educate the trainee on how to work safely and follow safe systems of work.

Course Overview

This course will aim to give you an overview of working at height, and how to use the relevant equipment safely when working at height.

At the end of the video, trainees will be able to:

» Understand what is working at height and hierarchy of control.

» Identify where and when to use scaffold and the importance of safety checks.

» Understand what MEWP's are and the different types of MEWP's.

» Recognise how to minimise consequences; Equipment, Harnesses and Safety Nets.

Course chapters

1. Introduction
This section introduces you to working at heights and the hierarchy of control.

2. Ladders
Learn when and where to use ladders, how to carry out pre-use checks.
You will also learn the correct positioning, angling and securing of a ladder.

3. Scaffold
Find out when and where to use scaffolding, how to carry out safety checks and how to work on scaffold.

4. MEWP's
This section covers what MEWP's are and safety when working from them. It also covers the different types of MEWP's and how to deal with emergencies whilst using a MEWP.

5. Minimise Consequences
Cover safety equipment such as harnesses and safety nets.

Who will it benefit?

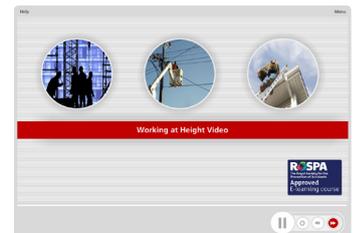Everyone working at a height and wants to use the relevant equipment safely.

How it works?

Working at Height is delivered in a video format. It is entertaining, informative and professionally produced by Safety Media's own in-house production team.

The video courses are tracked with the Learning Management System in exactly the same way as the interactive courses and are fully reportable ensuring that all training is logged within the system.

This video course also features the risk checklist and self-test to ensure user understanding and easy identification of high risk employees.

Course Format: Video
Running Time: 40-45 minutes

Technical Information

Internet Access: Users will need a computer or apple device with a web browser and an internet connection to access Safety Media e-Learning Solutions.

Minimum Recommended Bandwidth: 2Mbs

Software:

One of the following web-browsers:

Windows: Internet Explorer
      » Latest versions as maintained and supported by the manufacturer
      » Google Chrome

OS X: » Latest versions as maintained and supported by the manufacturer
      » Google Chrome

IOS: » Latest versions as maintained and supported by the manufacturer
      » Google Chrome

Android: » Latest versions as maintained and supported by the manufacturer
      » Google Chrome

Adobe Reader or Reader DC (for viewing of PDF documents downloadable from the solution where applicable)

Plug-ins » Flash player: Version as recommended by Adobe
Settings » Enable JavaScript
      » Allow cookies

Hardware
Processor: 600MHz
Minimum Hard Disk Space Required: 1GB
RAM: OS Dependent

Audio
The courses contain audio, system requirements for running the courses are browser dependent. Where no enabled audio device is detected and the browser defines that this is required the user will be informed via an error message window upon launching the course.

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