

# HEALTH & SAFETY FOR CLEANERS



## Introduction

With 52% of cleaners having sought medical advice due to work related injuries, ensure your staff don't become a part of this statistic.

## Course Overview

Although compared to other occupations, cleaning does not seem like a dangerous job, there is actually a very high rate of injury and ill health due to the work carried out.

At the end of the video, trainees will be able to:

- » Appreciate the importance of appropriate clothing.
- » Understand how to carry out risk assessments and make people aware of the work that's being done.
- » Recognise the importance of PPE and Upper Limb Disorder whilst scrubbing, polishing and wiping.
- » Understand the importance of correct positioning, straining & twisting.
- » Develop an insight into chemical safety including symbols and instruction.
- » Recognise the importance of making others aware when vacuuming.

## Course chapters

1. Introduction and Risk Assessments
2. Scrubbing, Polishing and Wiping
3. Sweeping
4. Mopping
5. Lifting
6. Chemical safety
7. Vacuuming
8. Buffing

## Who will it benefit?

This course is aimed at cleaners who want to make safety for themselves and others their priority.

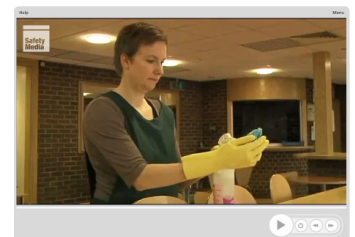
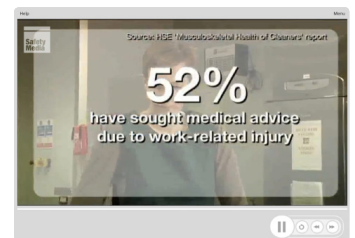
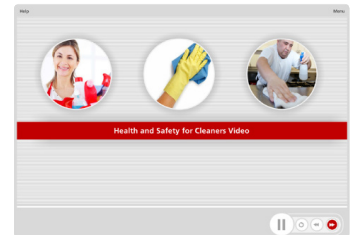
### How it works?

Health & Safety for Cleaners is delivered in a video format. It is entertaining, informative and professionally produced by Safety Media's own in-house production team.

The video courses are tracked with the Learning Management System in exactly the same way as the interactive courses and are fully reportable ensuring that all training is logged within the system.

This video course also features the risk checklist and self-test to ensure user understanding and easy identification of high risk employees.

Course Format: Video  
Running Time: 20-25 minutes



## Technical Information

### Internet Access:

Users will need a computer or apple device with a web browser and an internet connection to access Safety Media e-Learning Solutions.

Minimum Recommended Bandwidth: 2Mbs

### Software:

One of the following web-browsers:

- Google Chrome
- Safari (Versions as maintained and supported by the manufacturer)
- Internet Explorer (Versions as maintained and supported by the manufacturer)

Adobe Reader or Reader DC (for viewing of PDF documents downloadable from the solution where applicable)

### Plug-ins

- Flash player: Version as recommended by Adobe

### Settings

- Enable JavaScript
- Allow cookies

### Hardware:

Processor - 600MHz  
Minimum Hard Disk Space Required - 1GB  
RAM - OS Dependent

### Audio

The courses contain audio, system requirements for running the courses are browser dependent.

Where no enabled audio device is detected and the browser defines that this is required the user will be informed via an error message window upon launching the course.

For more information, please visit our website.

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