

# 5 STEPS TO RISK ASSESSMENT



## Introduction

We are all exposed to a range of hazards and risks during our working day but, if we receive the correct risk assessment training, then injuries can be avoided.

## Course Overview

This course will show the viewer how risk assessments don't need be daunting and time consuming tasks. An emphasis is placed on how they can easily become second nature during a working day.

At the end of the video, trainees will be able to:

- » Understand what a hazard is and when does it become a risk
- » Identify who might be at risk
- » Understand how to evaluate the risk
- » Recognise how to record your findings and how to implement them.

## Course chapters

### Step 1: Identify the Risk

Users are given the opportunity to view a real life situation and assess the Hazards and Risks in the area with multiple choice question and answers.

### Step 2: Decide who might be at Risk?

Watching a short clip users can assess which people in the situation are at risk from hazards.

### Step 3: Evaluate the Risks

Risks are explained and users have a number of action options.

### Steps 4 &5: Record your findings, Monitor and review.

The importance and appropriateness of recording information is explained along with steps to minimise hazards.

## Who will it benefit?

Everyone who is conducting a risk assessment within their place of work.

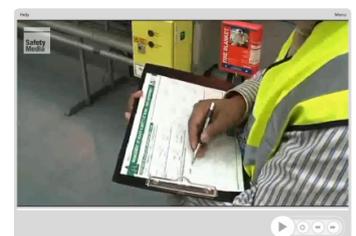
### How it works?

5 Steps to Risk Assessment is delivered in a video format. It is entertaining, informative and professionally produced by Safety Media's own in-house production team.

The video courses are tracked with the Learning Management System in exactly the same way as the interactive courses and are fully reportable ensuring that all training is logged within the system.

This video course also features the risk checklist and self-test to ensure user understanding and easy identification of high risk employees.

Course Format: Video  
Running Time: 20-25 minutes



## Technical Information

### Internet Access:

Users will need a computer or apple device with a web browser and an internet connection to access Safety Media e-Learning Solutions.

Minimum Recommended Bandwidth: 2Mbs

### Software:

One of the following web-browsers:

- Google Chrome
- Safari (Versions as maintained and supported by the manufacturer)
- Internet Explorer (Versions as maintained and supported by the manufacturer)

Adobe Reader or Reader DC (for viewing of PDF documents downloadable from the solution where applicable)

### Plug-ins

- Flash player: Version as recommended by Adobe

### Settings

- Enable JavaScript
- Allow cookies

### Hardware:

Processor - 600MHz  
Minimum Hard Disk Space Required - 1GB  
RAM - OS Dependent

### Audio

The courses contain audio, system requirements for running the courses are browser dependent.

Where no enabled audio device is detected and the browser defines that this is required the user will be informed via an error message window upon launching the course.

For more information, please visit our website.

**Safety  
Media**

+44 (0)1745 535000  
sales@safetymedia.co.uk  
www.safetymedia.co.uk